



Perinatal Mental Health GP Champion Project – South West Perinatal and Infant Mental Health Clinical Network

Job title: Perinatal Mental Health Regional GP Champion (6 posts initially)

Job commitment: 20 funded sessions per champion over a 5 month period to start January 2019

NHS England and the South West Maternity Clinical Network (CN) recognise the importance of GPs in improving care for those women and families affected by Perinatal Mental Illness (PMI) and the need to better involve GPs across the care pathway. As a result, and building on the Wessex GP champion perinatal mental health pilot project delivered in 2017/18 in partnership with the Royal College of General Practitioners, the South West Maternity CN has received funding from Health Education England to rollout a programme aimed at improving knowledge and understanding in PMI amongst GPs and their colleagues. The work is also expected to strengthen relationships between health professionals who work together to support and care for those affected.

The project is being co-ordinated by the NHS England Perinatal Mental Health team in partnership with the South West Perinatal and Infant Mental Health network plus other South region clinical networks. There will be an initial training day for all recruited GP Champions across the South region led by Carrie Ladd, GP and former RCGP Clinical Champion in Perinatal Mental Health on **Tuesday 15th January 2019** in central London (venue TBC). Following this session there is flexibility in the delivery of the training, so these can be scheduled to fit in with GP Champion normal working schedules. It is anticipated that this role will be achievable in the equivalent of 1 session per week (4 hours) over a 5 month period, which will be paid with a reasonable fee, subject to usual NHS England requirements for invoicing and payment.

Interested applicants can apply with an email describing their interest and motivation to get involved with this project together with a brief CV (maximum 2 pages).

Please send applications to South West Maternity Clinical Network :
england.swmaternityclinicalnetwork@nhs.net

For informal enquiries about the role, please contact Claire Bullock, Perinatal and Infant Mental Health Programme Manager: Claire.bullock2@nhs.net

The closing date for applications for this role is midnight on **12th December 2018** and shortlisted candidates will then be contacted to arrange a short interview before being appointed by January 2019.

Job Description and Person Specification

Job purpose:

To help develop a scheme of a regional network of 6 (initially but 12 are planned) GP Champions in Perinatal Mental Health across the six STP's in the South West Perinatal & Infant Mental Health Network (PIMH).

The roles will be supported by the clinical network in partnership with the Perinatal Mental Health team within NHS England:

- To raise awareness of PMH illness amongst GPs and their practice team colleagues
- To promote PMH and well-being amongst our patient population
- To improve collaboration with other HCPs working on the PMH pathway
- To improve GP engagement with the South West Perinatal & Infant Mental Health Network

Key responsibilities of individual GP Champion:

- To share details of the [RCGP educational resources](#) with GP practices in the SW region
- To deliver PMH education sessions in various formats to primary care team members in their localities
- To attend one of the bi-monthly PIMH network meetings and update on work of the project
- To contribute to the evaluation of the project with a view to sharing with a wider audience

Skills, competencies and qualifications:

- Interest in PIMH, a passion for education and motivation to make a positive impact in this crucial area of primary care for women & their families
- Excellent communication and interpersonal skills, in order to build relationships and influence change
- Ability to deliver engaging and dynamic educational sessions to primary care team members
- Good organisational skills, IT and digital skills
- To be working as a qualified GP for at least 3 years, on a local performers list, in the South region