

# Would you like to live and work in

## **England**?

The NHS is looking for GPs to work in the areas of Bristol, North Somerset and South Gloucestershire



NHS England Gateway reference:

### INTRODUCTION

The National Health Service in England is running an international recruitment campaign for family doctors. In England these are called General Practitioners or GPs. We plan to recruit around 2,000 GPs from overseas by 2020. They will work alongside GPs we train in England to develop an exciting range of health services away from hospitals and in local community settings.

This brochure explains the importance of GPs in providing healthcare to our population. It tells you about the application process and what to expect when you apply. We are recruiting GPs for many areas across England. This brochure gives you an idea of the benefits and opportunities available to you if you choose to work in **Bristol, North Somerset and South Gloucestershire**.

### WHY WORK AS A GP IN ENGLAND?

GPs in England are the foundation of the NHS. They are usually the first person a patient turns to for help and they deal with a whole range of health problems. They are general experts in the whole field of medicine for adults and children. They manage the healthcare of all their patients, including acute illness, long term conditions and mental health problems.

GPs usually work in practices, often leading teams which include nurses, healthcare assistants, practice managers, receptionists and other staff. Practices also work closely with other healthcare professionals, such as health visitors, midwives, pharmacists, physiotherapists, mental health services and social care services.

GPs provide continuing medical care for patients in the community or they will refer patients to hospital clinics for further assessment or treatment by specialists. Nine out of 10 NHS patients are seen in English general practice, and nearly nine out of 10 patients rate their experience of their GP practice as good. Because GPs often lead the continuing development of the NHS in England, we are investing an additional £2.4bn a year into general practice by 2021. The money is being used to recruit more doctors and other healthcare professionals, improve buildings and extend the use of information technology so general practice can offer more and better services to meet people's needs.

Any GP recruited under the international recruitment programme and working in the UK before 29 March 2019 will be able to stay and enjoy the same rights and benefits as now and qualifications of EU doctors will continue to be recognised if they were obtained before 29 March 2019. Recruitment will go beyond March 2019 and while we do not know details of a future immigration system yet, we will make clear how it applies to this programme as soon as possible.

Many GPs choose to work in England because of the attractive salaries and benefits. But the work offers much more: the chance to extend your clinical experience as part of a team of 1.2 million NHS employees, all of whom are proud to work for a 'national treasure' and many of whom have come to England from across the globe.

### GENERAL PRACTICE AND YOU

- If you choose to apply to work as a GP in Bristol, North Somerset and South Gloucestershire you will be supported with dedicated training programmes, help with meeting language requirements and in meeting the standards of the national Induction and Refresher (I&R) Scheme.
- You will have an opportunity to meet with staff from the recruiting practices and to learn more about them and the local areas. This will help you and the practices decide if this is the best place for you to live and work.
- Practices involved in this recruitment scheme will be offering attractive and competitive salaries.
- You and your family will be offered help to relocate to the area and continued support while you settle into your new community.

### THE CANDIDATE PROCESS

If you apply to be a GP in England this is the application process you will follow:



An initial conversation in your own country with the recruitment agency for the area you are interested in working in and some background checks (including police checks).



You will be asked to take an English test organised by the recruitment agency. The agency will use the International English Language Testing System (IELTS) or the Occupational English Test (medicine version) proficiency test for people wishing to study or work in English-speaking countries.



You will have an interview in your own country by Skype. You start your registration with the General Medical Council (GMC). The GMC is the organisation which sets standards for doctors in the United Kingdom. You need to be registered with the GMC and be on the GMC's GP Register to work as a GP in England. You will be invited to complete a self-assessment to help identify any training needs.



You visit your chosen area to find out more about where you would be working and to meet other international GPs. You will have a second interview and an assessment of your learning needs.



Once you pass your second interview you will be able to join the programme. You will be allocated to a GP practice within the region.

STEP 6

You will be provided with a minimum of three months of training and observation in your employing practice to prepare you for the I&R assessments and improve your English language skills. You will then spend a minimum of six months treating patients with supervision and support from a senior GP at your practice.

### THE NHS OFFERS A

### COMPETITIVE PAY PACKAGE FOR GPs

Once you have gained entry to the National Medical Performers List without conditions you can expect to earn a salary of between £68,000 and £72,000 per year. This salary is the same across all parts of the NHS in England excluding London where you would receive additional funds to help with the increased living costs there, known as London weighting.

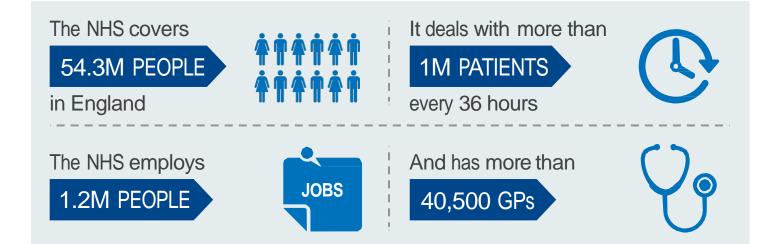
Alongside your salary there are many other financial benefits including paid maternity and paternity leave, parental and carers leave.



The National Health Service was founded in 1948, based on the principle that good healthcare should be available to all, regardless of wealth.

With the exception of some charges, such as prescriptions, optical services and dental services, the NHS in England remains free at the point of use for all UK residents.

In 2014, the Commonwealth Fund declared that in comparison with the healthcare systems of 10 other countries (Australia, Canada, France, Germany, Netherlands, New Zealand, Norway, Sweden, Switzerland and the US) the NHS was the most impressive overall. The NHS was rated as the best system for its efficiency, safety, effectiveness, co-ordination and patient-centred care.



### LIVING IN ...

Bristol, North Somerset and South Gloucestershire

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### GENERAL PRACTICE IN

#### **Bristol, North Somerset and South Gloucestershire**

General practice in Bristol, North Somerset and South Gloucestershire is of a high standard making the region a great place to work and live.

There are 84 practices, with 95% rated as good and 5% as outstanding by the Care Quality Commission. These provide huge variety, so you will be able to find a practice which matches your clinical interests and skills.

Bristol, North Somerset and South Gloucestershire have a population of 950,000 people, with just over half living in Bristol. The area is vibrant and dynamic which is a truly great place to live. We're home to a diverse and growing population, many of whom enjoy a fantastic quality of life.

There are large multi-site practices with some having over 34,500 patients and multidisciplinary team working, or smaller urban or rural practices.

Bristol is home to the Bristol Medical School which is a leading centre for collaborative and multi-disciplinary research in population and translational health sciences. The specialist research institutes, the Bristol Heart Institute, Bristol Population Health Science Institute and the research networks, Bristol Neuroscience, Cancer Research and Infection and Immunity Research Network are also based here. Along with these, there are also comprehensive continuing education and development programmes.

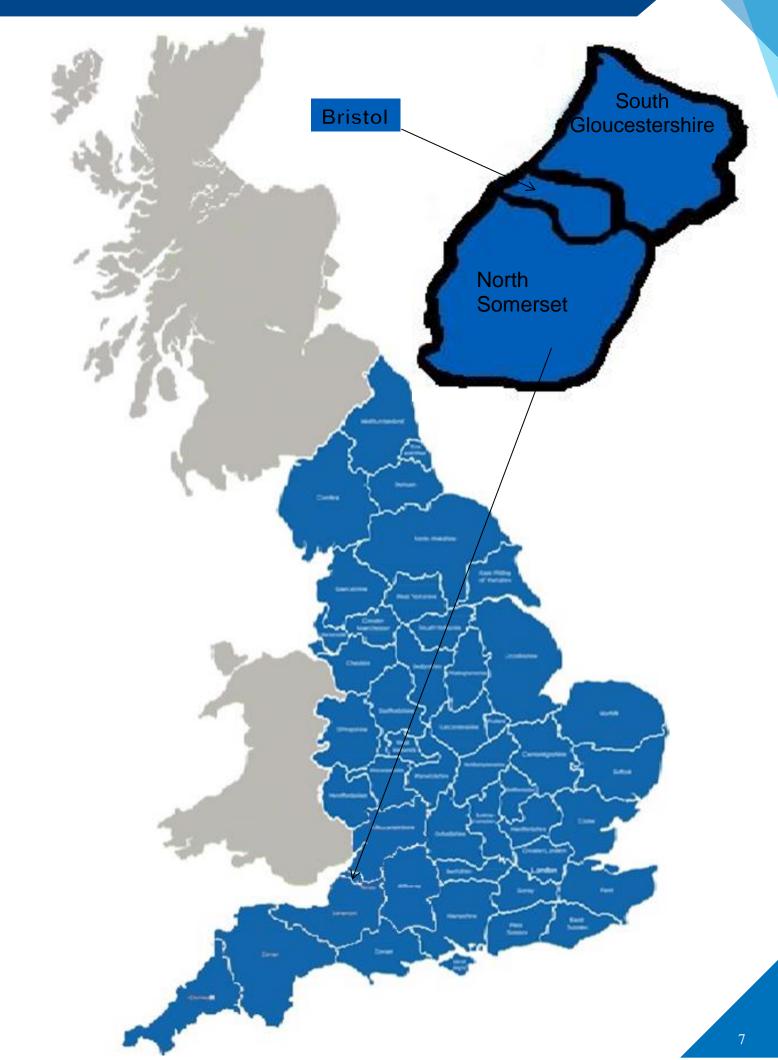
All three counties are also developing integrated care systems that will offer the opportunity for clinical placements in hospital and community medicine, and for portfolio working. With many GPs due to retire in the next few years, we hope to find places for around 50 new doctors from this recruitment programme. We are committed to giving those recruits all the support they need to make it a success.

We recognise this is a huge step. That is why Bristol, North Somerset and South Gloucestershire are offering international recruits a contract with a host employer so that you have the opportunity to spend some time living and working in the area before you make the commitment to work with a specific GP practice.

We will work with successful recruits to ensure they have a bespoke programme of learning, experience and support to prepare them for applying to join the Performers List and working as a GP in this area. Once you are on the Performers List you can choose to remain employed by the host employer or to move to work in a specific GP practice.

The General Practice Forward View (GPFV) sets out an ambitious national programme of investment and change which places primary care front and centre of an integrated care system. In Bristol, North Somerset and South Gloucestershire much of that change is already in place.

### Bristol, North Somerset and South Gloucestershire



#### Bristol, North Somerset and South Gloucestershire

The organisations in Bristol, North Somerset and South Gloucestershire providing acute hospital, community, mental health services and social care include:

- Weston Area Health NHS Trust
- North Bristol NHS Trust
- University Hospitals Bristol NHS Foundation Trust
- Avon and Wiltshire Partnership Mental Health NHS Trust
- Sirona care and health
- Bristol Community Health
- North Somerset Community Partnership
- South Western Ambulance Service NHS Foundation Trust
- Bristol City Council
- North Somerset Council
- South Gloucestershire Council

These are all involved in the development of Integrated Care Systems for Bristol, North Somerset and South Gloucestershire spanning health and social care.

#### Living in Bristol, North Somerset and South Gloucestershire



Bristol, North Somerset and South Gloucestershire, in the south west of England, are stunning counties of great contrasts. This makes them an attractive destination for living and working, as well as for tourists. We are fortunate to have many wonderful cycle trails in Bristol, North Somerset and South Gloucestershire– off-road, on-road, traffic-free, plus everyday commuter routes. Bristol was named 'England's First Cycling City' in 2008.

The coastline offers sailing, sea or river fishing, waterskiing and windsurfing; and the countryside offers great walks and farm attractions. South Gloucestershire nestles in an area known as the Cotswolds, an area of outstanding natural beauty and has much to offer with market towns and historic buildings. It is the home of, now retired, Concorde and also offers great shopping in boutique stores or a large mall known as Cribbs Causeway.





With coast and countryside, North Somerset has a wealth of activities and heritage from National Trust properties to the famous piers in Weston-super-Mare and Clevedon.

#### **Transport Links**

Bristol is located 190 kilometres west of London (1 hour 40 minutes by train) and is the largest city in the south west. The city has been named as the UK's most desirable location in the Sunday Times Best Places to Live Guide in 2017. Bristol Airport is situated in North Somerset, just eight miles south of central Bristol, and is easily accessed by car, coach or bus. Direct flights operate to Bristol from over 120 destinations together with links to European hub airports. Bristol is energetic, culturally diverse, cosmopolitan and ambitious; it is truly a 21st-century city, combining a rich maritime heritage, state-of-the-art attractions,



world-class events, wonderful shopping quarters and a richly deserved status as the 'UK's Green Capital'.

Travelling by rail, Bristol Temple Meads is the oldest and largest railway station in England. It is an important transport hub for public transport in the city. In addition to the train services there are bus services to many parts of the city and surrounding districts, and a ferry to the city centre. Bristol's other major station, Bristol Parkway, is on the northern outskirts of the city and ideally located within the motorway network that gives easy access to London, Wales, the Midlands, Devon and the north and south coasts.

#### **City of Bristol**



Bristol is both a county and a city. It is divided into 93 neighbourhoods, the borders of which are not fixed as they are mainly informal regions. Some of these areas overlap, or are contained within others, while others have more than one name. The city is rich in parks and open spaces. The neighbourhoods vary in culture and diversity, ie. Easton is synonymous with the artist Banksy, shops specialising in organic and ethnic foods whereas, the Clifton area is known for chic boutiques, beautiful buildings and iconic attractions, such as Clifton Suspension Bridge and Bristol Zoo Gardens. Clifton

is one of Bristol's most exclusive suburbs and picturesque quarters. Beginning with the Clifton Triangle and reaching into the area affectionately known as Clifton Village, this stunning Georgian area is always hugely popular with visitors.

#### **North Somerset**

The area known as North Somerset is spread over 225 square kilometres in both urban and rural communities. The seaside resort of Weston-super-Mare on the North Somerset coast is known for the pier and the tradition of donkey rides for children on the beach. The coastal town of Clevedon is famous for its pier. Clevedon Pier was built in the Victorian heyday to receive paddle steamer passengers from Devon and Wales. North



Somerset is steeped in Victorian history and is the gateway to iconic tourist spots in Somerset, Devon and Cornwall such as, Glastonbury, known for its festivals. Wookey Hole for its limestone caves, Cheddar, for the origin of the cheese and its stunning Gorge, Wells for being Britain's smallest city and cathedral erected between the 12<sup>th</sup> and 15<sup>th</sup> centuries, and the beautiful beaches of Devon and Cornwall.

#### South Gloucestershire



South Gloucestershire covers an area of 536.6 square km, with a population of 279,000 people. Eighty percent of the population lives in rural areas and twenty percent in urban areas. South Gloucestershire has great access links to Wales with a road link via the motorway suspension bridge known as the Severn Bridge. It has easily accessible commuter towns to Bristol such as, Yate and market towns like Thornbury and Chipping Sodbury which was founded in the 12<sup>th</sup> century and is part of the 167 kilometers hiking trail which starts close to Shakespeare's Stratford and finishes in the Georgian city of Bath.

#### Not to be missed

#### **Culture and Entertainment**

Bristol has many theatres including the Hippodrome, the Old Vic, Tobacco Factory and the Redgrave which host a wide variety of productions including operas, musicals, stand-up comedy, theatre and dance and West End and Broadway productions. There are also many live music venues throughout the City of Bristol including the Colston Hall and the O<sub>2</sub>Academy. Theatre Orchard brings inspiring, professional live performance to an array of indoor and outdoor settings in North Somerset.



#### **Festivals**



There are many festivals around Bristol, North Somerset and South Gloucestershire. Two of the big events in the Bristol calendar are Bristol Festival and the International Balloon Fiesta. Bristol Harbour Festival is a maritime festival that celebrates the city's vibrant Harbourside. You can watch daredevil stunts, go on leisurely boat rides, nod your head along to local bands and eat and drink 'Bristol fashion' from the many amazing market stalls. There is also the international Balloon Fiesta at the Ashton Court Estate with night glows and fireworks.

Upfest is an annual affordable street art festival and is currently Europe's largest urban paint festival. The event showcases the best graffiti artists; a chocolate festival, a film festival and lots more.

North Somerset has its share of festivals too with the White Hart Festival of Food and Drink for two days in October, Food and Craft market at Tyntesfield Manor, the RHL Beach Race at Weston-super-Mare, Avon Owls



Open Day, Sand sculpture Festival, Weston's Art Trail and much more.



South Gloucestershire's SoGlos's music festival has entertainment for whatever kind of music you desire, whether you're a folk fan, heavy rocker, or prefer a bit of jazz to get you moving, South Gloucestershire is home to countless music festivals to suit all tastes boasting line-ups showcasing stars of the music world alongside up-and-coming talent.

#### Education

The English education system is well-known for its high quality and standards with five stages; early years, primary years, secondary education, further education and higher education. Education is free in England between the ages of 3 and 18 years old and entry admissions for primary and secondary schools are based on living in the school's catchment areas.



In England, young people can leave school on the last Friday in June if aged 16 by the end of the summer holidays, normally the first week in September. However, young people must follow one of these pathways until the age 18; stay in full-time education, undertaking an apprenticeship or spending 20 hours or more a week working or volunteering, while in part-time education or training. For further information, visit the Department of Education and Skills website at <u>gov.uk/government/organisations/department-for-education</u>. Bristol, North Somerset and South Gloucestershire also have a wealth of schools from early years to university, private (independent) boarding and day, and free state education.

Bristol University is one of the most popular and successful universities in the UK and was ranked within the top 5% of universities in the world in the QS World University Rankings 2019. The University of the West of England is based in Bristol and is at the leading edge of healthcare for both undergraduate and post-graduate education. The Faculty of Health and Applied Sciences has over 450 inspiring staff and over 8,000 aspiring students. It strives to provide higher education with impact and positive benefits for society. The Faculty is a large, diverse and dynamic part of the University, bringing together experts from <u>Allied Health Professions</u>, <u>Applied Sciences</u>, <u>Health and Social Sciences</u> and <u>Nursing and Midwifery</u>.

#### Housing



House prices in Bristol can be as varied as the property types found there. Waterfront studio flats, Victorian and Georgian terraced houses, large apartments, exclusive townhouse developments, new dockside terraced houses, traditional semis and more are all available to buy in the city.

North Somerset offers some fantastic locations for property. With its stunning natural beauty there are many reasons why North Somerset is the ideal location to buy or rent a new property.

Portishead marina has townhouses and flats with waterside views, boat dock and marina facilities. Weston-super-Mare and Clevedon are both seaside towns with beautiful Edwardian and Victorian properties as well as modern contemporary homes.

South Gloucestershire has a wide choice of town and country properties from cottages to town homes and large detached to suit all tastes and budget. Badminton is a village in South Gloucestershire which gives its name to the sport of badminton and is famous for its horse trials. The village houses the <u>Duke</u> of <u>Beaufort</u>'s residence, <u>Badminton House</u>, which has been the principal seat of the <u>Somerset family</u> since the late 17th century. Other key villages are Acton Turville, Bitton, Frampton Cotterell, Cold Ashton, Hawkesbury Upton, Marshfield, Pucklechurch and Warmley.



#### Shopping



If you want the best of the high street or to indulge in some designer goods, then head to Cabot Circus Shopping Centre in the centre of Bristol or Cribbs Causeway Mall, in South Gloucestershire. If it's more unique items you're after, then go to Clifton Village for boutique, one-of-a-kind shops and the Gloucester Road for urban, culturally diverse stores.

North Somerset has a large variety of shops from farm shops in the countryside to art galleries in the urban areas and seaside wares at Weston-super-Mare and Clevedon. Hill Road in

Clevedon has a variety of boutiques, gift shops and eating places.

Chipping Sodbury, in South Gloucestershire, has a variety of shops along the wide High Street and Broad Street in the centre of the town. As well as a selection of cafes you will find gift shops, newsagents, vintners, clothes shops, grocers, bakers and butchers all within easy walking distance of each other.



#### **Food and Drink**



Bristol, North Somerset and South Gloucestershire have many food festivals throughout the year and a multitude of restaurants to suit all tastes and budgets around the area. There is fine dining including 5 Michelin starred restaurants in the area, bistros and even a lido with a fabulous Middle Eastern menu.

Bristol's food scene is bursting with restaurants, markets, breweries and bars. St Nicholas Market has a maze of quirky

stalls, street food and historic architecture in the heart of the old city has been trading since 1743. They were also named Britain's Best Large Indoor Market in 2016.

Cider and cheese are what North Somerset is perhaps most famous for. Farmer's markets run regularly in many towns and villages and there are lots of excellent farm shops and well-established food festivals in the county. North Somerset's food heritage also includes Yeo Valley yogurts, Miles Tea & Coffee, and Exmoor Lamb.

South Gloucestershire has for the past two years hosted a whole weekend of food and drink on the lawns of the Bristol and Bath Science Park. There are many farm shops, with on-site cafes, dotted throughout the area offering sustainable, organic, locally produced food from vegan, vegetarian to meat and dairy.

#### Sport

Bristol hosts two football clubs, a rugby club, a basketball team and also an American football team and a community baseball team as well as a cricket club. Gloucestershire County Cricket Club is based in Bristol. Ashton Gate Football Stadium (Bristol City Football Club ground) is also used for music events by international musicians. Bristol, North Somerset and South Gloucestershire is great for canoeing on the waterways, golf on the many courses in the area and hot air ballooning.





North Somerset offers sea kayaking, walking and rambling along its many public footpaths and for indoor sports and leisure centres there are a multitude of dance, swimming, squash and gyms in the area.

You will also find local football and rugby clubs, hockey and

cricket teams, indoor and outdoor tennis clubs, golf clubs and many more across Bristol, North Somerset and South Gloucestershire towns and villages for all age groups and abilities.



#### Weather

The hottest months of the year tend to be July and August where temperatures reach into the low 20s (<sup>o</sup>C). In the winter months, temperatures can drop to 2<sup>o</sup>C and there can be snow.

#### **More Information**

If you would like more information about our international recruitment programme or about living or working in Bristol, North Somerset or South Gloucestershire, the following websites will be useful.

Visit Bristol: <u>www.visitbristol.co.uk</u> Visit North Somerset: <u>www.discovernorthsomerset.co.uk</u> Visit South Gloucestershire: <u>http://www.southglos.gov.uk/leisure-and-culture/tourism-and-travel/local-attractions/tourist-attractions/</u> On the Market – <u>www.onthemarket.com</u>



NHS ENGLAND'S PARTNERS:



Royal College of General Practitioners

General **Medical** Council





#### FOR MORE INFORMATION PLEASE VISIT: www.england.nhs.uk/igpr

Published September 2018 by NHS England