

# PREGABALIN AND GABAPENTIN - THE FACTS

# WHAT ARE PREGABALIN AND GABAPENTIN?

They were originally used to treat epilepsy. They are also licenced to treat nerve pain and some types of anxiety.

## WHY DO WE WORRY ABOUT IT?

- Use of these drugs can lead to dependence.
- Pregabalin and Gabapentin can cause drowsiness, sedation, slow down breathing, and in extreme cases death.
- There are particular issues in secure settings where deaths have been found to involve illicit and/or diverted medication.

# WHAT TO BE AWARE OF ...

- Deaths involving Pregabalin or Gabapentin have increased drastically in the last 5 years, 89% of these are associated with opiate use.
- Opiates & Pregabalin together slow down breathing further.
  Naloxone does not reverse respiratory
  - Naloxone does not reverse respiratory depression caused by Pregabalin/Gabapentin.

## WHAT USERS ARE SAYING:

"There is more chance for overdose if you take heroin and Pregabalin together because Pregabalin takes, like, two/three hours to kick in. So, like, and then we think 'argh it hasn't kicked in, oh I'll have a dig', so we have a dig and then that kicks in, and then there's more chance of you going over."

"They're like zombies; they don't know what they're doing... Pregabalin does make people feel like a zombie."

"Don't like 'em... I woke up just feeling like jelly, didn't know what happened."

"That's one of my last overdoses. I knew the heroin was strong and I didn't know, I was naïve."

## CONTROLLED DRUGS

 Prescription drugs pregabalin and gabapentin are to be reclassified as class C controlled substances from April 2019.

# REMEMBER THE S.M. SERVICE IS HERE TO HELP