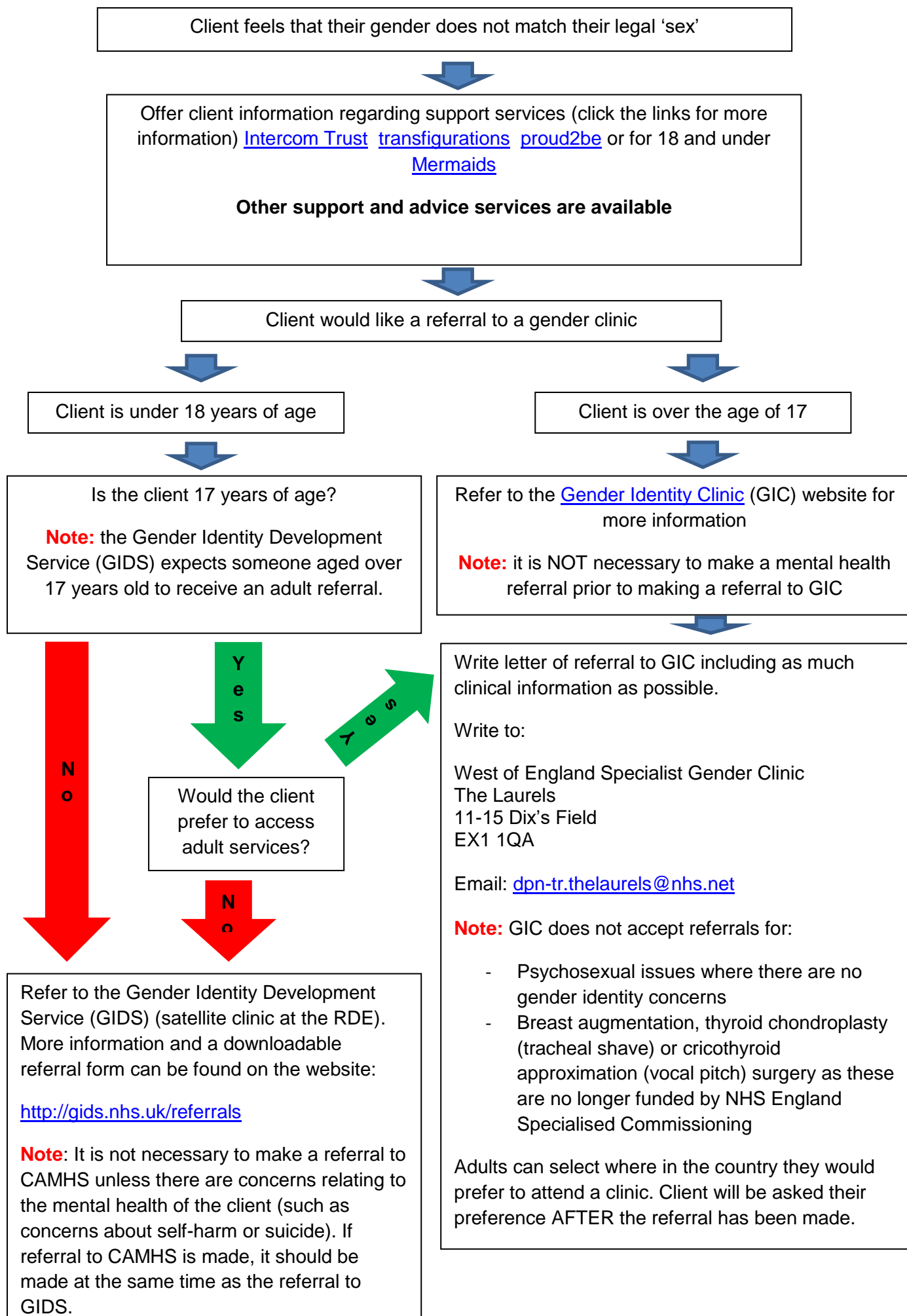


Transgender, trans-variance and gender non-conforming referral pathway Guidance for Healthcare Professionals in Devon & Cornwall



Client feels that their gender does not match their legal 'sex'

Offer client information regarding support services (click the links for more information) [Intercom Trust](#) [transfigurations](#) [proud2be](#) or for 18 and under [Mermaids](#)

Other support and advice services are available

Client would like a referral to a gender clinic

Client is under 18 years of age

Client is over the age of 17

Is the client 17 years of age?

Note: the Gender Identity Development Service (GIDS) expects someone aged over 17 years old to receive an adult referral.

Refer to the [Gender Identity Clinic](#) (GIC) website for more information

Note: it is NOT necessary to make a mental health referral prior to making a referral to GIC

No

Yes

Would the client prefer to access adult services?

No

Yes

Write letter of referral to GIC including as much clinical information as possible.

Write to:

West of England Specialist Gender Clinic
The Laurels
11-15 Dix's Field
EX1 1QA

Email: dpn-tr.thelaurels@nhs.net

Note: GIC does not accept referrals for:

- Psychosexual issues where there are no gender identity concerns
- Breast augmentation, thyroid chondroplasty (tracheal shave) or cricothyroid approximation (vocal pitch) surgery as these are no longer funded by NHS England Specialised Commissioning

Adults can select where in the country they would prefer to attend a clinic. Client will be asked their preference AFTER the referral has been made.

Refer to the Gender Identity Development Service (GIDS) (satellite clinic at the RDE). More information and a downloadable referral form can be found on the website:

<http://gids.nhs.uk/referrals>

Note: It is not necessary to make a referral to CAMHS unless there are concerns relating to the mental health of the client (such as concerns about self-harm or suicide). If referral to CAMHS is made, it should be made at the same time as the referral to GIDS.