

## Our South West nursing and midwifery people

### Mandy Rolfe

Modern Matron  
Livewell South West

#### On a typical day

I have an office on-site and I generally start the day there at 8am, with a strong coffee.

Throughout the day I visit both Units to meet with staff and patients, to problem solve or offer advice and support. I will listen to patients' stories and join in activities with them. I also attend meetings to represent Older People's Mental Health in-patient units, for which I am responsible.

Sometimes I present a teaching session or prepare a report, as well as continuing my own personal development and learning.



#### One of the ways I've made a difference as a nurse or midwife

Recently, I led on the Accreditation process which is awarded by the Royal College of Psychiatrists (RCPsych). The accreditation entails the gathering of information and evidence covering all aspects of nursing care, for those patients on the Dementia Assessment and Functional Assessment Unit.

My role is to coordinate and submit the evidence required from anonymous questionnaires completed by patients, carers and staff, to communicate with staff on both units and to put in place ways to meet the criteria set by the RCPsych.

This is a rewarding experience, as it made the whole team examine practice, put in place some new processes and achieve high levels of care.

#### What would you say to someone considering a career in nursing & midwifery?

Nursing is one of the most rewarding and fulfilling careers you could ever choose!

The care, kindness and compassion you give will impact upon people you have never known before and may never meet again... but you will have a lasting impression on them.

There are so many paths of nursing available to follow which offer endless opportunities and rewards.

Become a nurse and turn a frown to a smile for someone! 😊

Find out more about our nursing and midwifery people stories by  
Tweeting us @NHSEnglandSW or emailing [england.swcomms@nhs.net](mailto:england.swcomms@nhs.net)

