Our South West nursing and midwifery people

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On a typical day

I work part time at two local community hospitals.

I'm one of the Mental Health professionals, and I work closely with multi skilled professionals to help assess, advise and treat clients.

admitted with Older person mental health issues to aid a quick, but safe discharge from hospital with recommended care.

One of the ways I've made a difference as a nurse

One way I've made a difference as a Mental Health nurse working in hospital is supporting the staff in the hospital with managing and caring for someone who may have a very complex case. Especially with clients suffering from dementia which may have exacerbated their functioning abilities.

I visit the hospitals weekly, which means I can assess my clients quickly, follow up on them closely and share valuable insight with Adult Social Care colleagues. This helps contribute towards their Social Care assessment and I recommended care options to meet the client's needs physically, mentally and emotionally.

I also make time to meet with the client's family/carers, meeting Triangle of care requirements, to help collaborate information/history to aid my assessment and ensure a safe planned discharge from hospital.

What would you say to someone considering a career in nursing & midwifery?

Nursing is very rewarding! You can make a big difference to client's circumstances and quality of life, along with supporting family and carers along the way.

If you are kind, caring, passionate and keen to work hard, learn, and develop "GO FOR IT"

Find out more about our nursing and midwifery people stories by Tweeting us @NHSEnglandSW or emailing england.swcomms@nhs.net

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