

Our South West nursing and midwifery people

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On a typical day

A normal day starts at 8am at one of our team bases, here I meet my colleagues to collect vaccines and equipment needed for the day.

Travelling throughout the county to our allocated school delivering vaccines to children and young people between the ages of 4-17.

Over the year the vaccine programmes I am involved in include the Flu, Human Papilloma Virus (HPV), School Leavers Booster and Meningitis ACWY vaccines.



One of the ways I've made a difference as a nurse or midwife

In my current role I am involved in health prevention primarily by providing vaccinations to children and young people. However I feel strongly that our role in this relatively short interaction goes beyond this. The reason being... it is an ideal opportunity to provide targeted health education and dispel myths, we can also signpost onto other relevant services.

Taking this opportunity to provide a positive contact for the child or young person building trusting relationships with a health professional, particularly when they have had a negative experience in the past.

The aim being to empower them to seek future help or advice from health services when needed throughout their life.

What would you say to someone considering a career in nursing & midwifery?

Nursing is a varied, challenging and rewarding profession, where no two days are ever the same.

Ultimately the patients, service users and families I've met and cared for over the last 14 years are what makes it worthwhile.

Find out more about our nursing and midwifery people stories by
Tweeting us @NHSEnglandSW or emailing england.swcomms@nhs.net

