

## **Our South West nursing and midwifery people**

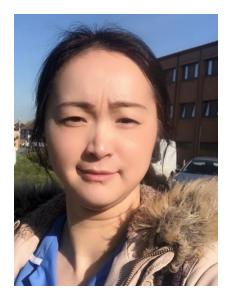
#### Li Wang, Junior Sister Taunton and Somerset NHS Foundation Trust.

### On a typical day

I start my 12 hour shift at 7am and take handover for the patients. I have the responsibility for assessing individual care needs, developing and delivering direct patient care.

I attend the daily board meeting, where the multidisciplinary team discuss patient's holistic care and discharge planning.

As a junior sister, I also support the ward sister in management of staff development and appraisals, dealing with absences, addressing incidents and undertaking audits.



#### One of the ways I've made a difference as a nurse or midwife

As a nurse, I don't save lives every day literally... but I know that I have made a difference for being there for the patients, family and colleagues.

It is the most amazing moment when I put a smile on my patient's face, or when I listen to my patient's concerns and support them to the best of my ability, or when they are safely discharged.

I am just an ordinary nurse doing the job as other millions of nurses around us.

# What would you say to someone considering a career in nursing & midwifery?

Nursing is a challenging but rewarding role that empowers both nurses and patients.

To have the courage to be the one, who is not afraid to achieve what you want to achieve and make a difference in your patient's lives.

Find out more about our nursing and midwifery people stories by Tweeting us @NHSEnglandSW or emailing <u>england.swcomms@nhs.net</u>

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