



## Information Sheet K: Cohorting

### What is cohorting?

Cohorting means keeping people together in fixed groups, so people only mix with others from their group. Each group is kept completely separate.

For residents who cannot remain in their own room, cohorting can help to reduce the spread of COVID-19. If a cohorted resident develops COVID-19, it is likely that only their cohort members will count as close contacts, who may develop COVID-19 over the next 14 days.

### When to cohort residents

Where it is not possible to restructure processes to maintain 2m social distancing, keep the same group of residents and staff together:

- In the care home
- Sharing vehicles
- Travelling together to and from the care home in care home transport
- Shared staff accommodation (employer-provided or private)

Try to keep cohorts as small as possible.