

How can you help with a flu vaccination?

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**Prior to appointment:**

* Think about opportunities you may have to prepare, discuss or even administer before they are actually invited.
* Advertise within your surgery using easy read posters.
* Invite all individuals on the learning disability register for a flu vaccine and include easy read information.
* Think about how you have invited the patient. Will they understand, do they need a phone call instead?
* Avoid using the word jab or injection, try and use vaccine instead.

**At the appointment, if the flu vaccination cannot be administered or if it is refused:**

* Are they making an unwise decision when they refuse because they are anxious or don't fully understand?
* Identify any reasonable adjustments that could be made (see list for ideas).
* Consider capacity and use attached guidance if needed.
* If they lack capacity, think about what is best for the patient under Best Interests (MCA 2005).
* Contact the Learning Disability specialist services in your area if additional help and support is required.
* Document all decisions and reasonable adjustments in the patient’s notes.

Specialist Learning Disability Services

Family/ Care Provider

Individual

Primary Care

* Contact your surgery to ask for a flu vaccine.
* Attend your appointment and ask for help if you are worried.
* Ask for easy read information if you don't understand.
* Contact the Learning Disability specialist services if you need extra help. You can call ..................
* Gather information about the person’s capacity prior to the appointment.
* Identify any changes (reasonable adjustments) prior to appointment.
* Share that information with the surgery so they can make the necessary changes to the appointment.
* Contact your local Learning Disability services if you need additional help / support.
* Encourage and support the individual to attend an appointment to have their flu vaccine.
* Ask for your own vaccination to help protect those you care for.
* Avoid using the word jab or injection, try and use vaccine instead.
* Promote the flu vaccination, think about the opportunities you may have to talk about it, particularly with those on your caseload.
* Help with establishing capacity and identify any reasonable adjustments.
* Avoid using the word jab or injection, try and use vaccine instead.
* Liaise with Primary Care and identify any individuals who will find it difficult to have the vaccination, who lack capacity and may need to be offered the nasal vaccine as a reasonable adjustment.