

# NHS Diagnostic Waiting Times and Activity Data

NHS England and NHS Improvement



# NHS Diagnostic Waiting Times and Activity Data January 2020 Monthly Report

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NHS England and NHS Improvement

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# 1 Executive summary

This report presents a monthly summary of diagnostic waiting times and activity across the NHS in England. This monthly report is part of a routine series of publications produced by NHS England and NHS Improvement.

The data presented in this report measures the current waiting times of patients still waiting for any of 15 key diagnostic tests or procedures at the month end. This data is split by number of weeks waiting, and by test. The waiting times reported are for those patients who have been referred for a test, but whose test had not taken place by the end of the reporting period. Referrals may be from a variety of sources including GPs.

One of the main measurements covered in this report is the number and proportion of patients waiting six weeks or more for a diagnostic test, from time of referral.

This six-week diagnostic wait was initially introduced as a 'milestone' from March 2008 towards achieving the standard Referral to Treatment wait of 18 weeks by December 2008, but diagnostic waiting times now form part of the NHS Constitution. This gives patients the legal right to treatment within 18 weeks of referral (18 week RTT) and as part of this, pledges that patients should not be required to wait six weeks or more for a diagnostic test.

NHS England and NHS Improvement's planning guidance states that there is a threshold of 1% for this pledge. The financial penalty for non-delivery of the standard is set out in the NHS Standard Contract 2019/20.

The 15 key diagnostic tests included in this report are:

#### **Imaging**

- Magnetic Resonance Imaging (MRI)
- Computerised Tomography (CT)
- Non-obstetric Ultrasound
- Barium Enema
- Dual-Energy X-Ray Absorptiometry (DEXA) Scan

#### **Physiological Measurements**

- Audiology Assessments
- Echocardiography
- Electrophysiology
- Neurophysiology Peripheral Neurophysiology
- Respiratory Physiology Sleep Studies
- Urodynamics Pressures & Flows

#### **Endoscopy**

- Gastroscopy
- Colonoscopy
- Flexible Sigmoidoscopy
- Cystoscopy

For detailed descriptions of each diagnostic test please see the <u>collection guidance</u> document.

Some of the key terms used throughout this report are outlined below:

#### 6+ Waits

A count of the number of patients waiting six weeks or more for a diagnostic test at month end from referral.

#### Activity

A count of the number of diagnostic tests undertaken during the month.

#### • Diagnostic Test

A test or procedure of which the primary function is to identify a patient's disease or condition to allow a medical diagnosis to be made.

## Waiting List

A count of the number of patients that are waiting for a diagnostic test at the end of the month.

A more comprehensive glossary is available in the Annex.

All England figures quoted are commissioner based. Commissioner based returns reflect data for patients for whom English commissioners are responsible.

## 1.1 National Statistics

The UK Statistics Authority has designated these statistics as National Statistics, in accordance with the Statistics and Registration Service Act 2007 and signifying compliance with the Code of Practice for Official Statistics.

Designation can be broadly interpreted to mean that the statistics:

- meet identified user needs:
- are well explained and readily accessible;
- are produced according to sound methods; and
- are managed impartially and objectively in the public interest.

Once statistics have been designated as National Statistics it is a statutory requirement that the Code of Practice shall continue to be observed.

# 2 January 2020 Key Findings

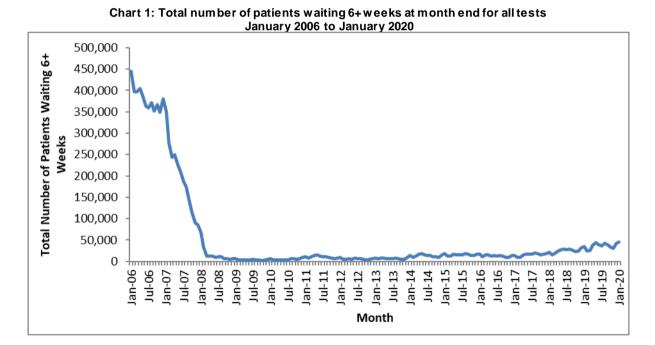
- The total number of patients waiting six weeks or more from referral for one of the 15 key diagnostic tests at the end of January 2020 was 46,200. This was 4.4% of the total number of patients waiting at the end of the month. This was the worst performance in the last 12 months and since February 2008.
- Nationally, the operational standard of less than 1% of patients waiting six weeks or more was not met this month.
- Compared with January 2019 the total number of patients waiting six weeks or more increased by 10,700, while the proportion of patients waiting six weeks or more increased by 0.8 percentage points.
- In the last 12 months, the proportion of patients waiting six weeks or more at the end of a month has varied between 2.3% (February 2019) and 4.4% (January 2020).
- At the end of January 2020, the test with the smallest proportion of patients waiting six weeks or more was Dexa Scan with 1.2%. The test with the highest proportion was Urodynamics, with 16.9% of patients waiting six weeks or more.
- An alternative measure of diagnostic waiting times is the average (median)
  waiting time. The estimated average time that a patient had been waiting for a
  diagnostic test was 1.9 weeks at the end of January 2020.
- There were 1,045,500 patients waiting for a key diagnostic test at the end of January 2020. This is an increase of 55,700 from January 2019. In the last 12 months the total number of patients waiting for a diagnostic test continues to show an increasing trend with an average monthly increase of 0.5%.
- A total of 2,080,000 diagnostic tests were undertaken in January 2020. This is an increase of 34,000 from January 2019. Monthly activity has increased slightly over the last 12 months. The average monthly increase in activity was 0.1%.
- The following organisations did not submit Diagnostics (DM01) data this month:
  - North West Anglia NHS Foundation Trust (RGN)

# 3 National Trends

This section analyses trends in monthly diagnostic waiting times and activity data that has been collected since January 2006.

#### 3.1 6+ Week Waits

- 3.1.1. The total number of patients waiting six weeks or more dropped sharply between January 2007 and March 2008 and has remained broadly stable since (Chart 1). This reduction is most likely the result of Trusts working towards the NHS Improvement Plan (June 2004) milestone that no one should wait six weeks or more for a diagnostic test by March 2008.
- 3.1.2. Since March 2008 there have been fluctuations in the total number of patients waiting six weeks or more. Between October 2013 and May 2014 there was a significant increase in the number of patients waiting six weeks or more. That number has since continued to fluctuate. In January 2020 there was an increase of 4,200 in the number of patients waiting six weeks or more from the previous month.



3.1.3. The proportion of patients waiting six weeks or more shows a similar drop between January 2007 and the 6 week milestone in March 2008 before stabilising (Chart 2). In the last 12 months, the proportion of patients waiting six weeks or more at the end of a month has varied between 2.3% (February 2019) and 4.4% (January 2020). The 1% operational standard was last met in November 2013.

January 2006 to January 2020 60% % Patients Waiting 6+ Weeks 50% 40% 30% 20% 10% 0% Jan-16 Jan-09 Jul-09 Jan-10 Jan-13 Jul-13 Jan-14 Jul-14 Jul-10 Jan-11 Jul-11 Jan-12 Jul-12 Jul-15 Jan-17 Month

# Chart 2: Percentage of patients waiting 6+ weeks at month end for all tests

# 3.2 Total Waiting List

As seen with the number and proportion of patients waiting six weeks or more, the total number of patients waiting at the month end dropped dramatically between January 2007 and the 6 week milestone in March 2008 (Chart 3). Between March 2008 and January 2009 the total waiting list remained stable, after which the underlying trend has shown an increase. In the last 12 months the average monthly increase was 0.5%.

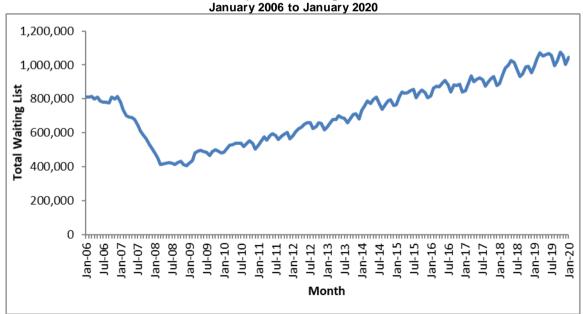
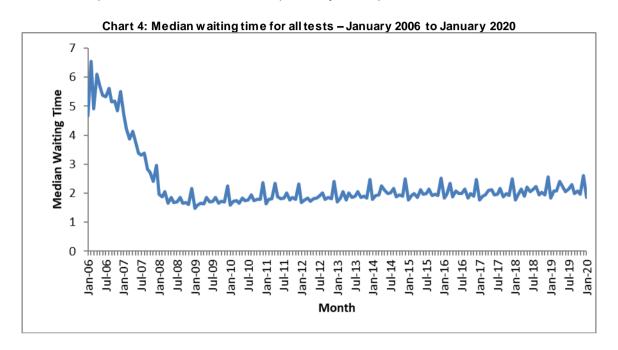


Chart 3: Total number of patients waiting at month end for all tests

# 3.3 Median Waiting Time

3.3.1. The average (median) waiting time displays a similar trend to the total waiting list and 6 weeks or more waits. After a rapid decrease in the first two years

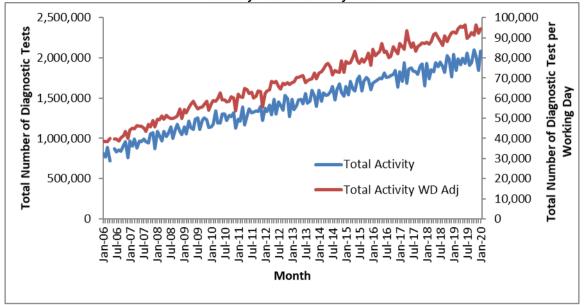
leading to the 6-week milestone, the median waiting time has remained stable (Chart 4). The data shows significant increases during December every year, as a result of the increased number of bank holidays and resulting staff shortages. In the last 12 months, the median waiting time has remained stable at around 2.1 weeks, with a high of 2.6 weeks (December 2019) and a low of 1.9 weeks (January 2020).



# 3.4 Total Activity

- 3.4.1. The monthly activity figure can fluctuate significantly month to month, with particularly notable decreases in December due to the bank holidays. However, the underlying trend has shown an increase since January 2006. If the data is adjusted to show activity per working day, the monthly variation becomes less pronounced (Chart 5).
- 3.4.2. Monthly activity has slightly increased over the last 12 months. The average monthly increase in activity was 0.1%.

Chart 5: Total activity and working day adjusted activity per month for all tests
January 2006 to January 2020



Note: Activity data was not collected in May 2006 and all activity time series graphs will show missing values for that month

3.4.3. In the previous 12 months, individual tests have shown slight changes in activity. The test with the largest increase in activity was Barium Enema, where the average monthly increase was 3.7%. The test with the largest reduction in activity was Electrophysiology, where the average monthly decrease was 10.4% (Table 1).

Table 1: Total activity, by test - January 2019 and January 2020

Table 1. Total activity, by test – January 2019 and January 2020				
	Jan-19	Jan-20	Average monthly growth	
MRI	317,247	319,407	0.1%	
СТ	537,017	562,612	0.4%	
Non-obstetric Ultrasound	682,767	683,303	0.0%	
Barium Enema	2,082	3,202	3.7%	
Dexa Scan	40,980	42,085	0.2%	
Audiology Assessments	113,812	114,508	0.1%	
Echocardiography	143,603	147,191	0.2%	
Electrophysiology	3,521	945	-10.4%	
Peripheral Neurophysiology	20,989	22,246	0.5%	
Sleep Studies	11,424	11,977	0.4%	
Urodynamics	7,883	7,298	-0.6%	
Colonoscopy	47,059	48,804	0.3%	
Flexi Sigmoidoscopy	28,386	27,743	-0.2%	
Cystoscopy	27,772	27,037	-0.2%	
Gastroscopy	61,520	61,654	0.0%	
All Tests	2,046,062	2,080,012	0.1%	

# 4 January 2020 Data

This section analyses the January 2020 diagnostic waiting times and activity data, and includes comparisons between tests, area teams, providers and commissioners.

# 4.1 6+ Week Waits

- 4.1.1. At the end of January 2020, there were a total of 46,200 patients waiting six weeks or more from referral for one of the 15 key diagnostic tests. This was 4.4% of the total number of patients waiting at the end of the month. This was the worst performance in the last 12 months and since February 2008.
- 4.1.2. Compared with January 2019, the number of patients waiting six weeks or more increased by 10,700, while the proportion of patients waiting six weeks or more increased by 0.8 percentage points.
- 4.1.3. Compared with January 2019, the test with the largest increase in the proportion of patients waiting six weeks or more was Peripheral Neurophysiology, which increased by 4.4 percentage points. The test with the largest decrease was Electrophysiology which decreased by 5.8 percentage points (Table 2).

Table 2: Proportion of patients waiting 6+ weeks, by test - January 2019 and January 2020

	Jan-19	Jan-20	Difference (%age points)
MRI	3.7%	4.3%	0.6
СТ	2.5%	3.1%	0.7
Non-obstetric Ultrasound	1.2%	1.7%	0.4
Barium Enema	0.7%	1.4%	0.7
Dexa Scan	0.8%	1.2%	0.4
Audiology Assessments	1.9%	1.7%	-0.2
Echocardiography	6.7%	6.9%	0.3
Electrophysiology	9.4%	3.6%	-5.8
Peripheral Neurophysiology	3.4%	7.8%	4.4
Sleep Studies	7.1%	6.2%	-0.9
Urodynamics	13.7%	16.9%	3.2
Colonoscopy	13.4%	15.0%	1.6
Flexi Sigmoidoscopy	9.1%	11.1%	2.0
Cystoscopy	8.4%	10.4%	2.0
Gastroscopy	7.9%	10.8%	2.9
All Tests	3.6%	4.4%	0.8

Note: Figures may differ due to rounding.

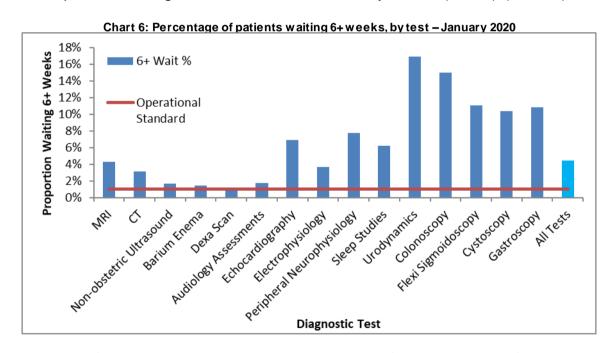
4.1.4. Compared with January 2019, the test type with the largest increase in the proportion of patients waiting six weeks or more was Endoscopy with an increase of 2.2 percentage points. Physiological Measurement increased by 0.7 percentage points, while Imaging increased by 0.5 percentage points (Table 3). See section 5.4 for which tests are included under the different test types.

Table 3: Proportion of patients waiting 6+ weeks, by test type - January 2019 and January 2020

	Jan-19	Jan-20	Difference (%age points)
Imaging	2.2%	2.7%	0.5
Physiological Measurement	5.2%	5.9%	0.7
Endoscopy	10.0%	12.3%	2.2
Total	3.6%	4.4%	0.8

Note: Figures may differ due to rounding.

4.1.5. The operational standard that less than 1% of patients should wait six weeks or more from referral for a diagnostic test was met in none of the 15 key tests this month. The test with the lowest proportion of patients waiting six weeks or more was Dexa Scan (1.2%). The test with the highest proportion of patients waiting six weeks or more was Urodynamics (16.9%) (Chart 6).



- 4.1.6. 71 of the 146 acute trusts that submitted data for January 2020 failed to meet the 1% operational standard. One acute Trust did not submit data this month.
- 4.1.7. 173 of the 192 Commissioners<sup>1</sup> failed to meet the 1% operational standard. This is 5 more than the number of Commissioners that failed the standard in the previous month and 24 more than in January 2019<sup>2</sup>.

<sup>&</sup>lt;sup>1</sup> Includes NHS England and NHS Improvement

<sup>&</sup>lt;sup>2</sup> 196 Commissioners in January 2019

4.1.8. None of the seven NHS England and NHS Improvement Regional Teams met the 1% operational standard. The proportion of patients waiting six weeks or more for a diagnostic test varied by region between 2.6% and 8.8% (Table 4).

Table 4: January 2020 Diagnostic Waiting Times and Activity by Regional Team\*

Region	Number of patients waiting six weeks or more at month end	Percentage of patients waiting six weeks or more at month end	Total number of patients waiting at month end	Total activity undertaken in month	Median waiting time
London	8,335	4.5%	184,489	326,505	1.9
South West	8,988	8.8%	101,771	202,342	2.0
South East	6,363	4.2%	150,113	308,040	1.9
Midlands	4,798	2.6%	184,234	376,524	1.8
East of England	3,190	2.8%	112,944	223,146	1.8
North West	4,954	3.5%	140,455	287,358	1.9
North East and Yorkshire	9,365	5.6%	166,901	339,067	1.9
England	46,157	4.4%	1,045,451	2,080,012	1.9

<sup>\*</sup>Includes all independent sector providers.

4.1.9. Feedback from NHS trusts has indicated that variations can exist between different regions due to a variety of reasons from machines breaking down to staff shortages in trusts that usually only affect one area region.

# 4.2 Total Waiting List

- 4.2.1. At the end of January 2020 there were a total of 1,045,500 patients still waiting for a diagnostic test. This is an increase of 55,700 (5.6%) from January 2019.
- 4.2.2. The test with the largest waiting list was Non-obstetric Ultrasound, which accounted for 34.1% of the total waiting list, or 356,200 patients. The test with the smallest waiting list was Electrophysiology, which accounted for 0.04% of the total waiting list, or 500 patients (Table 5).

Table 5: Total number of patients waiting at month end, by test - January 2019 and January 2020

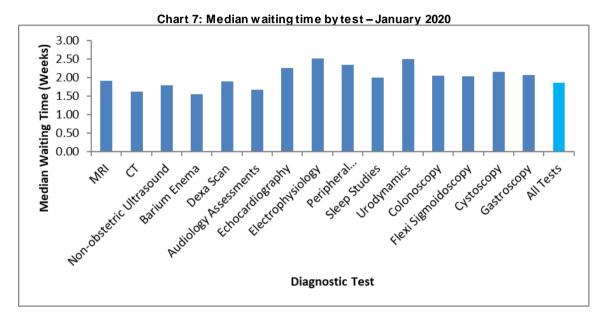
e s. Total number of patients was	Jan-19	Jan-20	Growth (%age)
MRI	205,344	213,508	4.0%
СТ	133,591	143,281	7.3%
Non-obstetric Ultrasound	349,570	356,187	1.9%
Barium Enema	1,434	1,570	9.5%
Dexa Scan	29,963	31,830	6.2%
Audiology Assessments	40,703	44,284	8.8%
Echocardiography	75,587	85,502	13.1%
Electrophysiology	753	466	-38.1%
Peripheral Neurophysiology	18,483	20,909	13.1%
Sleep Studies	8,972	10,407	16.0%
Urodynamics	5,140	5,059	-1.6%
Colonoscopy	41,186	45,590	10.7%
Flexi Sigmoidoscopy	18,659	20,908	12.1%
Cystoscopy	15,266	15,869	3.9%
Gastroscopy	45,097	50,081	11.1%
All Tests	989,748	1,045,451	5.6%

Note: Barium Enema is a test that should be replaced by Colonoscopy or CT Colonography, so the number of tests undertaken should be reducing.

4.2.3. There have been large increases in the number of patients waiting for certain tests. The largest percentage growth has been for Sleep Studies where the waiting list increased by 16.0% compared with January 2019. There has been a decrease in patients waiting for Electrophysiology where the waiting list has decreased by 38.1% compared with January 2019.

# 4.3 Median Waiting Times

4.3.1. At the end of January 2020, the estimated median waiting time for all 15 diagnostic tests was 1.9 weeks from the time of referral. This is a decrease of 0.7 compared to the previous month. The test with the shortest median waiting time was Barium Enema at 1.6 weeks. The test with the longest median waiting time was Electrophysiology at 2.5 weeks (Chart 7).



# 4.4 Total Activity

- 4.4.1. In total 2,080,000 of the 15 key diagnostic tests were performed during January 2020. This is an increase of 34,000 (1.7%) from January 2019 (Table 6).
- 4.4.2. The test with the highest activity was Non-obstetric Ultrasound with 683,300 tests taking place. This accounted for 32.9% of all activity in January 2020. The test with the lowest activity was Electrophysiology with 900 tests taking place. This accounted for 0.05% of all activity this month.
- 4.4.3. The number of tests conducted over the last 12 months has increased by 4.0% from the same period last year.

Table 6: Total activity and growth, by test - January 2019 and January 2020

	Jan-20	Jan-19	YTD 19/20	YTD 18/19	Growth Jan 20 vs Jan 19	Growth YTD 19/20 vs YTD 18/19	Adjusted Growth Jan 20 vs Jan 19	Adjusted Growth YTD 19/20 vs YTD 18/19
MRI	319,407	317,247	3,091,936	3,023,058	0.7%	2.3%	0.7%	2.3%
СТ	562,612	537,017	5,316,667	5,070,937	4.8%	4.8%	4.8%	4.8%
Non-obstetric Ultrasound	683,303	682,767	6,539,107	6,341,492	0.1%	3.1%	0.1%	3.1%
Barium Enema	3,202	2,082	30,822	19,826	53.8%	55.5%	53.8%	55.5%
Dexa Scan	42,085	40,980	403,650	380,740	2.7%	6.0%	2.7%	6.0%
Audiology Assessments	114,508	113,812	1,074,770	1,058,519	0.6%	1.5%	0.6%	1.5%
Echocardiography	147,191	143,603	1,381,609	1,316,146	2.5%	5.0%	2.5%	5.0%
Electrophysiology	945	3,521	19,677	28,734	-73.2%	-31.5%	-73.2%	-31.5%
Peripheral Neurophysiology	22,246	20,989	197,519	190,402	6.0%	3.7%	6.0%	3.7%
Sleep Studies	11,977	11,424	108,620	109,888	4.8%	-1.2%	4.8%	-1.2%
Urodynamics	7,298	7,883	68,173	68,231	-7.4%	-0.1%	-7.4%	-0.1%
Colonoscopy	48,804	47,059	464,971	438,481	3.7%	6.0%	3.7%	6.0%
Flexi Sigmoidoscopy	27,743	28,386	267,142	263,550	-2.3%	1.4%	-2.3%	1.4%
Cystoscopy	27,037	27,772	254,592	257,147	-2.6%	-1.0%	-2.6%	-1.0%
Gastroscopy	61,654	61,520	582,601	577,204	0.2%	0.9%	0.2%	0.9%
All Tests	2,080,012	2,046,062	19,801,856	19,144,355	1.7%	3.4%	1.7%	3.4%

Note: Barium Enema is a test that should be replaced by Colonoscopy or CT Colonography, so the number of tests undertaken should be reducing.

# 5 Annex

# 5.1 Methodology

- 5.1.1. NHS England and NHS Improvement compiles diagnostic waiting time and activity data through a central return. Data collected includes:
  - The number of patients waiting at the month end, split by test and week.
  - Total activity classified as either; Waiting List tests (excluding planned),
     Planned tests, or Unscheduled tests.
- 5.1.2. Providers submit data to NHS England and NHS Improvement via SDCS where it is checked and signed off by commissioners. For further details on how the data is collected and the SDCS system, please refer to the <a href="NHSE">NHSE</a> Collection Guidance.

# 5.2 Data Revisions

5.2.1. Revisions to published figures are released on a six-monthly basis and in accordance with the NHS England's revision policy. For more information on the revision policy please refer to the <a href="SDCS Revisions Policy Document">SDCS Revisions Policy Document</a>.

Revisions were last published in September 2019 for the months January 2019 through to June 2019.

# **5.3** Data Availability

5.3.1. Monthly diagnostic waiting time and activity data is published on a monthly timetable. A full calendar of all statistical publications can be found here.

# 5.4 Glossary

#### **Area Team**

A geographical area of NHS England and NHS Improvement with direct commissioning responsibilities for GP services, dental services, pharmacy, and certain aspects of optical services.

#### Clinical Commissioning Group (CCG)

A group of GP practices, which working with other healthcare professionals and in partnership with local communities and local authorities, commission NHS services for patients within their local communities.

#### Endoscopy

A categorisation of diagnostic tests that include; Colonoscopy; Flexi Sigmoidoscopy; Cystoscopy and Gastroscopy.

#### **Imaging**

A categorisation of diagnostic tests that include; Magnetic Resonance Imaging (MRI); Computed Tomography (CT); Non-obstetric Ultrasound; Barium Enema and DEXA Scan.

#### **Median Waiting Time**

A measurement of the average time a patient is required to wait for a diagnostic test. The median is the middle value when waiting times are put in numerical order. 50% of patients will wait less than the median. The median is the preferred measurement of average waiting time as it is less susceptible to extreme values than the mean.

### **Physiological Measurement**

A categorisation of diagnostic tests that include; Audiology Assessments; Echocardiology; Electrophysiology: Peripheral Neurophysiology; Sleep Studies and Urodynamics.

#### Provider

An organisation that provides NHS treatment or care, for example, an NHS Acute Trust, Mental Health Trust, Community provider, or an Independent Sector organisation.

#### 5.5 Feedback Welcomed

We welcome feedback on the content and presentation of statistics within this report and those published on the NHS England website.

If you have any comments on this, or any other issues regarding these statistics, then please email <a href="mailto:england.nhsdata@nhs.net">england.nhsdata@nhs.net</a>

Alternatively, we welcome your comments via our user feedback form.

Feedback about the user's experiences of using these statistics is available here.

#### 5.6 Consultation

Between 8 February 2018 and 5 April 2018, NHS England and NHS Improvement consulted on the future of the Quarterly Diagnostics Census and Monthly Diagnostics Waiting Times and Activity Returns. The outcome document for the consultation was published 30 October 2019 and confirmed the decision to stop collecting the Quarterly Diagnostics Census on a permanent basis and to continue the monthly diagnostics waiting times and activity return (DM01) in its current form. Find out more at: <a href="https://www.engage.england.nhs.uk/consultation/diagnostics-census-waiting-times-activity-return">https://www.engage.england.nhs.uk/consultation/diagnostics-census-waiting-times-activity-return</a>

# 5.7 Additional Information

Full details of diagnostics data for individual organisations are available here.

For press enquiries please contact the NHS England media team on 0113 825 0958 or 0113 825 0959. Email enquiries should be directed to <a href="mailto:nhsengland.media@nhs.net">nhsengland.media@nhs.net</a>

The Government Statistical Service (GSS) statistician responsible for producing these data is:

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