

STATISTICAL PRESS NOTICE
Children and Young People with an Eating Disorder Waiting Times
Q2 2022-23

Unfortunately, a number of providers of CYP ED data have been affected by a recent cyber incident. Efforts to help providers to understand how best to resolve data submission issues are on-going. For Q2 2022/23, the impact on monthly CYP ED submissions is substantial. As such national totals have been removed from this publication as they are known to not be a true reflection of activity at this point in time. Therefore, this edition of the publication is not badged as official statistics, previous versions of this publication are unaffected. Provider data is still included in this publication as comparisons between individual providers who are not impacted by the cyber incident are still valid. We will continue to monitor this situation with regards to subsequent months' publications. No changes to submission processes will be introduced while service providers are actively dealing with this issue, but we will further assess opportunities to resubmit CYP ED data for affected months, in parallel with the usual submission cycle.

Detailed reports with information by provider can be found via the following link:

<http://www.england.nhs.uk/statistics/statistical-work-areas/cyped-waiting-times/>

The back data from Q1 2016-17 – Q1 2022-23 are also published. The full set of revised data can be found on the above link.

Notes to Editors

1. Children and Young People with an Eating Disorder (CYP ED) Waiting Time Standard

NHS England has outlined a clear commitment to driving a more equal response across mental and physical health. A key element of this is ensuring that people have timely access to evidence-based and effective treatment. This vision outlined in [Achieving Better Access for Mental Health Services by 2020](#), is supported by the ambitions set out in [Future in Mind \(2015\)](#) and the publication of the [Eating Disorder standard and pathway \(2015\)](#). NHS England committed to improving access to community evidence-based eating disorder care by introducing a referral to treatment waiting time standard. Community eating disorder teams are expected to enable swift access to care and maintain contact with the child, young person and their family throughout their treatment pathway including episodes of inpatient care.

The eating disorder referral to treatment standard for children and young people states: By 2020, 95% of children and young people (up to the age of 19) referred for assessment or treatment for an eating disorder should receive NICE-approved treatment within 1 week if the case is urgent, and 4 weeks if the case is routine/non-urgent. There are therefore two conditions for the standard to be met: a maximum wait from referral, and treatment delivered in accordance with NICE guidance. The designation of an urgent or routine referral is a clinical decision based on the information received and recorded in the 'clinical response priority type' on local IT systems.

2. Measuring the Standard

The data reported in this publication cover the waiting time element of the standard.

The collection of data via SDCS is an interim measure. Ultimately, data collected by NHS Digital via the Mental Health Services Data (MHSDS) will supersede this collection once MHSDS data quality is of a sufficient standard. The MHSDS includes data regarding children and young people's mental health from January 2016. The data collection is still experimental, with a focus on data quality and completion. Anticipating poor quality data in the early stages of the MHSDS, NHS England implemented an interim data collection via Unify2 (and now transferred to SDCS) that focused on the referral to treatment waiting time element of the Children and Young People with an Eating Disorder (CYP ED) evidence based care pathway. This interim measure enabled collection of data and is helping to verify and improve the quality of statistics derived from the Mental Health Services Dataset.

3. Data quality

Providers are continuing to work to improve data quality. Two main issues have been highlighted by providers:

1. Some providers were not able to submit incomplete waits as there was not currently a designated CAMHS ED team.
2. Some providers moved to a new system, and on the old system they were unable to record the ED status.

These issues may impact on reporting of the number of complete and incomplete pathways, with numbers potentially being underreported. This may ultimately impact on performance against the standard.

4. Provider and Commissioner data

Provider – Commissioner data. Provider commissioner publications show activity commissioned by the English NHS broken down by provider and the commissioner responsible for the patient.

5. Feedback

We welcome feedback on the content and presentation of Children and Young People Eating Disorder Waiting Times statistics within this Statistical Press Notice and those published on the NHS England website. Please email any comments on this, or any other issues regarding the Children and Young People Waiting Times data and statistics, to: england.mh-data@nhs.net

Additional Information

For press enquiries please contact the NHS England media team on 0113 825 0958 or 0113 825 0959.

Email enquiries should be directed to: nhsengland.media@nhs.net

The Government Statistical Service (GSS) statistician with overall responsibility for the data in this report is:

Performance Analysis Team
Primary Care, Public Health, Mental Health and Quality (PPMQ)
NHS England and NHS Improvement
Premier House
60 Caversham Road
Reading RG1 7EB
Email: england.mh-data@nhs.net