

# NHS Diagnostic Waiting Times and Activity Data

NHS England and NHS Improvement



# **NHS Diagnostic Waiting Times and Activity Data**

# **October 2022 Monthly Report**

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NHS England

# **Contents**

C	ontent	S	3
1	Exe	ecutive summary	4
	1.1	National Statistics	5
2	Oc	tober 2022 Key Findings	6
3	Na	tional Trends	7
	3.1 3.2 3.3 3.4	6+ Week Waits Total Waiting List Median Waiting Time Total Activity	8 9
4	Oc	tober 2022 Data	11
	4.1 4.2 4.3 4.4	6+ Week Waits Total Waiting List Median Waiting Times Total Activity	13 14
5	Anı	nex	17
	5.1 5.2 5.3 5.4 5.5 5.6	Methodology	17 17 17 18
	5.0 5.7	Additional Information	

# 1 Executive summary

This report presents a monthly summary of diagnostic waiting times and activity across the NHS in England. This monthly report is part of a routine series of publications produced by NHS England and NHS Improvement.

The data presented in this report measures the current waiting times of patients still waiting for any of 15 key diagnostic tests or procedures at the month end. This data is split by number of weeks waiting and by test. The waiting times reported are for those patients who have been referred for a test, but whose test had not taken place by the end of the reporting period. Referrals may be from a variety of sources including GPs.

One of the main measurements covered in this report is the number and proportion of patients waiting six weeks or more for a diagnostic test, from time of referral.

This six-week diagnostic wait was initially introduced as a 'milestone' from March 2008 towards achieving the standard Referral to Treatment wait of 18 weeks by December 2008, but diagnostic waiting times now form part of the NHS Constitution. This gives patients the legal right to treatment within 18 weeks of referral (18 week RTT) and as part of this, pledges that patients should not be required to wait six weeks or more for a diagnostic test.

NHS England and NHS Improvement's planning guidance states that there is a threshold of 1% for this pledge. The financial penalty for non-delivery of the standard is set out in the NHS Standard Contract 2020/21.

The 15 key diagnostic tests included in this report are:

#### **Imaging**

- Magnetic Resonance Imaging (MRI)
- Computerised Tomography (CT)
- Non-obstetric Ultrasound
- Barium Enema
- Dual-Energy X-Ray Absorptiometry (DEXA) Scan

# **Physiological Measurements**

- Audiology Assessments
- Echocardiography
- Electrophysiology
- Neurophysiology Peripheral Neurophysiology
- Respiratory Physiology Sleep Studies
- Urodynamics Pressures & Flows

#### **Endoscopy**

- Gastroscopy
- Colonoscopy
- Flexible Sigmoidoscopy
- Cystoscopy

For detailed descriptions of each diagnostic test please see the <u>collection guidance</u> documentation.

Some of the key terms used throughout this report are outlined below:

# • 6+ Waits

A count of the number of patients waiting six weeks or more for a diagnostic test at month end from referral.

# Activity

A count of the number of diagnostic tests undertaken during the month.

# • Diagnostic Test

A test or procedure of which the primary function is to identify a patient's disease or condition to allow a medical diagnosis to be made.

# Waiting List

A count of the number of patients that are waiting for a diagnostic test at the end of the month.

A more comprehensive glossary is available in the Annex.

All England figures quoted are commissioner based. Commissioner based returns reflect data for patients for whom English commissioners are responsible.

#### 1.1 National Statistics

The UK Statistics Authority has designated these statistics as National Statistics, in accordance with the Statistics and Registration Service Act 2007 and signifying compliance with the Code of Practice for Official Statistics.

Designation can be broadly interpreted to mean that the statistics:

- · meet identified user needs:
- are well explained and readily accessible;
- are produced according to sound methods; and
- are managed impartially and objectively in the public interest.

Once statistics have been designated as National Statistics it is a statutory requirement that the Code of Practice shall continue to be observed.

# 2 October 2022 Key Findings

- Diagnostic test activity and waiting times have been impacted by the COVID-19 pandemic, which continues to affect the current reporting period and comparisons with previous years.
- The total number of patients waiting six weeks or more from referral for one of the 15 key diagnostic tests at the end of October 2022 was 426,000. This was 27.5% of the total number of patients waiting at the end of the month.
- Nationally, the operational standard of less than 1% of patients waiting six weeks or more was not met this month.
- Compared with October 2021 the total number of patients waiting six weeks or more increased by 69,200 while the proportion of patients waiting six weeks or more increased by 2.5 percentage points.
- In the last 12 months, the proportion of patients waiting six weeks or more at the end of a month has varied between 24.0% (February 2022) and 30.5% (August 2022).
- At the end of October 2022, the test with the smallest proportion of patients waiting six weeks or more was Barium Enema with 5.6%. The test with the highest proportion was Urodynamics, with 46.3% of patients waiting six weeks or more.
- An alternative measure of diagnostic waiting times is the average (median)
  waiting time. The estimated average time that a patient had been waiting for a
  diagnostic test was 3.2 weeks at the end of October 2022.
- There were 1,549,300 patients waiting for a key diagnostic test at the end of October 2022. This is an increase of 120,900 from October 2021.
- A total of 2,055,400 diagnostic tests were undertaken in October 2022. This is an increase of 122,600 from October 2021.

# 3 National Trends

This section analyses trends in monthly diagnostic waiting times and activity data that has been collected since January 2006.

#### 3.1 6+ Week Waits

- 3.1.1. The total number of patients waiting six weeks or more dropped sharply between January 2007 and March 2008 (Chart 1), as Trusts worked towards the NHS Improvement Plan (June 2004) milestone that no one should wait six weeks or more for a diagnostic test by March 2008.
- 3.1.2. Since March 2008 there were fluctuations in the total number of patients waiting six weeks or more, with a significant rise between December 2013 and May 2014. The number of patients waiting six weeks or more rose sharply in April 2020 due to the impact of COVID-19. In October 2022 there was a decrease of 37,900 in the number of patients waiting six weeks or more from the previous month.

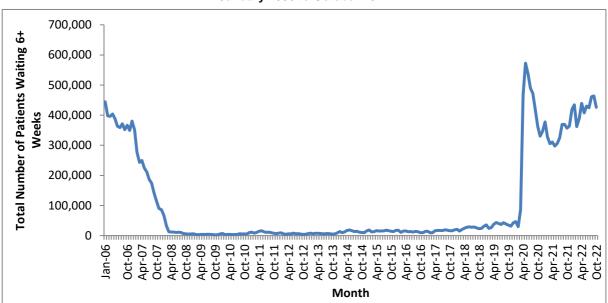


Chart 1: Total number of patients waiting 6+ weeks at month end for all tests
January 2006 to October 2022

3.1.3. The proportion of patients waiting six weeks or more shows a similar drop between January 2007 and the 6-week milestone in March 2008 before stabilising (Chart 2) prior to the COVID-19 period. In the last 12 months, the proportion of patients waiting six weeks or more at the end of a month has varied between 24.0% (February 2021) and 30.5% (August 2022). The 1% operational standard was last met in November 2013.

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Chart 2: Percentage of patients waiting 6+ weeks at month end for all tests
January 2006 to October 2022

# 3.2 Total Waiting List

3.2.1. As with the number and proportion of patients waiting six weeks or more, the total number of patients waiting at the month end dropped dramatically between January 2007 and the 6-week milestone in March 2008 (Chart 3). Following a period with a stable total waiting list between March 2008 and January 2009, the underlying trend showed a steady increase before dropping sharply in March 2020 and subsequently rising due to the impact of COVID-19.

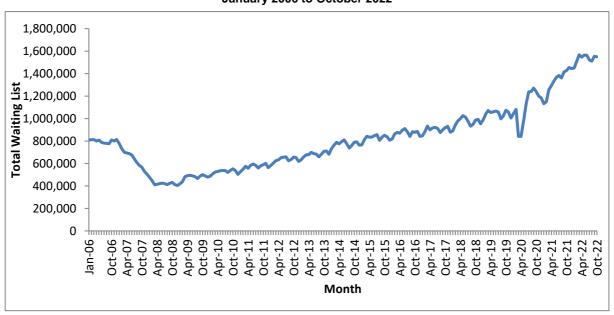


Chart 3: Total number of patients waiting at month end for all tests January 2006 to October 2022

# 3.3 Median Waiting Time

3.3.1. The average (median) waiting time displays a similar trend to the total waiting list and 6 weeks or more waits. After a rapid decrease in the two years leading to the 6-week milestone, the median waiting time remained stable until the COVID-19 period (Chart 4). The data shows significant increases during December every year as a result of the higher number of bank holidays and resulting lower activity. In the last 12 months, the median waiting time had a high of 3.8 weeks (December 2021) and a low of 2.8 weeks (Jan 2022). The median waiting time in October 2022 was 3.2 weeks.

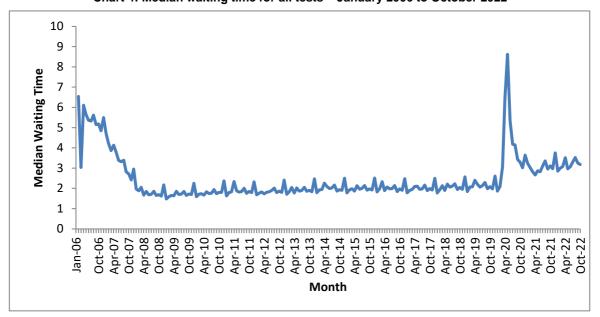


Chart 4: Median waiting time for all tests - January 2006 to October 2022

# 3.4 Total Activity

- 3.4.1. The monthly activity figure can fluctuate significantly month to month, with particularly notable decreases in December due to the bank holidays. However, the underlying trend has shown an increase since January 2006 until the COVID-19 period. If the data is adjusted to show activity per working day, the monthly variation becomes less pronounced (Chart 5).
- 3.4.2. Monthly activity decreased markedly following the start of the COVID-19 pandemic. Total activity in April 2020 fell by 68% compared to April 2019 but subsequently started to recover with some further set-backs.

2,500,000 100,000 90,000 ह **Total Number of Diagnostic Tests 80**,000 **2** 2,000,000 70,000 F 60,000 60,000 J 50,000 J 40,000 L 1,500,000 1,000,000 40,000 30,000 Total Activity 20,000 500,000 Total Activity WD Adj 10,000 0

Chart 5: Total activity and working day adjusted activity per month for all tests
January 2006 to October 2022

Note: Activity data was not collected in May 2006 and all activity time series graphs will show missing values for that month

3.4.3. In the previous 12 months, individual tests have shown differing changes in activity. The test with the largest increase in activity was Sleep Studies, where October 2022 activity was 1.2% higher per month than October 2021 (Table 1).

Table 1: Total activity, by test - October 2021 and October 2022

	Oct-21	Oct-22	Average monthly growth
MRI	319,601	331,912	0.3%
СТ	587,554	636,647	0.7%
Non-obstetric Ultrasound	593,856	623,753	0.4%
Barium Enema	2,852	2,974	0.3%
Dexa Scan	37,588	40,436	0.6%
Audiology Assessments	80,225	88,122	0.8%
Echocardiography	127,342	142,083	0.9%
Electrophysiology	677	721	0.5%
Peripheral Neurophysiology	17,841	18,457	0.3%
Sleep Studies	10,114	11,655	1.2%
Urodynamics	5,443	5,114	-0.5%
Colonoscopy	50,289	54,260	0.6%
Flexi Sigmoidoscopy	17,221	16,933	-0.1%
Cystoscopy	26,319	26,170	0.0%
Gastroscopy	55,949	56,212	0.0%
All Tests	1,932,871	2,055,449	0.5%

# 4 October 2022 Data

This section analyses the October 2022 diagnostic waiting times and activity data and includes comparisons between tests, regions, providers and commissioners.

6+ week waits performance became significantly worse from March to May 2020 due to the impact of the COVID-19 crisis but started to improve from June 2020.

# 4.1 6+ Week Waits

- 4.1.1. At the end of October 2022, there were a total of 426,000 patients waiting six weeks or more from referral for one of the 15 key diagnostic tests. This was 27.5% of the total number of patients waiting at the end of the month.
- 4.1.2. Compared with October 2021, the number of patients waiting six weeks or more increased by 69,200, while the proportion of patients waiting six weeks or more increased by 2.5 percentage points.
- 4.1.3. Compared with October 2021, the test with the largest increase in the proportion of patients waiting six weeks or more was Sleep Studies, which increased by 11.6 percentage points. The test with the largest decrease was Peripheral Neurophysiology, which decreased by 7.1 percentage points (Table 2).

Table 2: Proportion of patients waiting 6+ weeks, by test - October 2021 and October 2022

	Oct-21	Oct-22	Difference (%age points)
MRI	22.7%	21.0%	-1.7
СТ	18.7%	14.8%	-3.8
Non-obstetric Ultrasound	18.9%	25.2%	6.2
Barium Enema	7.6%	5.6%	-2.1
Dexa Scan	30.1%	34.7%	4.6
Audiology Assessments	21.5%	31.8%	10.4
Echocardiography	42.2%	43.0%	0.9
Electrophysiology	9.0%	19.8%	10.8
Peripheral Neurophysiology	27.2%	20.2%	-7.1
Sleep Studies	23.5%	35.1%	11.6
Urodynamics	46.0%	46.3%	0.4
Colonoscopy	37.7%	39.8%	2.0
Flexi Sigmoidoscopy	37.1%	40.0%	2.9
Cystoscopy	31.6%	34.3%	2.7
Gastroscopy	36.2%	34.8%	-1.4
All Tests	25.0%	27.5%	2.5

Note: Figures may differ due to rounding.

4.1.4. Compared with October 2021, the test type with the smallest change in the proportion of patients waiting six weeks or more was Endoscopy with an increase of 1.2 percentage points. Physiological Measurement increased by 2.9 percentage points, while Imaging increased by 2.4 percentage points (Table 3). See section 5.4 for which tests are included under the different test types.

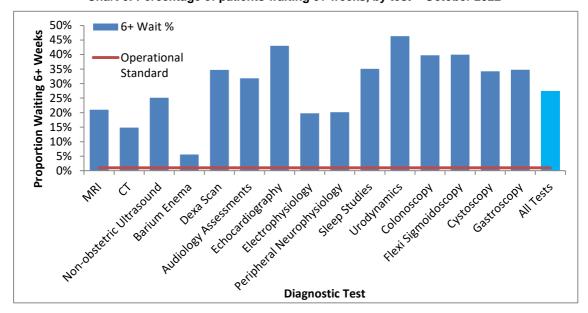
Table 3: Proportion of patients waiting 6+ weeks, by test type - October 2021 and October 2022

	Oct-21	Oct-22	Difference (%age points)
Imaging	20.5%	22.9%	2.4
Physiological Measurement	34.5%	37.4%	2.9
Endoscopy	36.4%	37.5%	1.2
Total	25.0%	27.5%	2.5

Note: Figures may differ due to rounding.

4.1.5. The operational standard that less than 1% of patients should wait six weeks or more from referral for a diagnostic test was met in none of the 15 key tests this month. The test with the lowest proportion of patients waiting six weeks or more was Barium Enema (5.6%), whilst the test with the highest proportion was Urodynamics (46.3%) (Chart 6).

Chart 6: Percentage of patients waiting 6+ weeks, by test - October 2022



- 4.1.6. 129 of the 136 acute trusts that submitted data for October 2022 failed to meet the 1% operational standard.
- 4.1.7. All 42 Commissioners (ICBs) failed to meet the 1% operational standard.
- 4.1.8. None of the seven NHS England Regional Teams met the 1% operational standard. The proportion of patients waiting six weeks or more for a diagnostic test varied by region between 13.9% (London) and 37.2% (Midlands) (Table 4).

4.1.9. Feedback from NHS trusts has indicated that variations can exist between different regions due to a variety of reasons, from machines breaking down to staff shortages in trusts that usually only affect one region.

Table 4: October 2022 Diagnostic Waiting Times and Activity by Regional Team\*

Region	Number of patients waiting six weeks or more at month end	Percentage of patients waiting six weeks or more at month end	Total number of patients waiting at month end	Total activity undertaken in month	Median waiting time
London	30,891	13.9%	222,704	344,398	2.4
South West	56,584	34.7%	163,149	199,493	3.8
South East	48,186	23.0%	209,490	304,396	2.9
Midlands	138,334	37.2%	371,390	380,360	4.1
East of England	61,888	31.9%	193,964	230,615	3.6
North West	39,875	24.3%	163,889	260,168	2.9
North East and Yorkshire	49,568	22.4%	221,165	321,822	2.8
England	426,003	27.5%	1,549,272	2,055,449	3.2

<sup>\*</sup>Includes all independent sector providers and excludes centrally commissioned.

# **4.2 Total Waiting List**

- 4.2.1. At the end of October 2022 there were a total of 1,549,300 patients still waiting for a diagnostic test. This is an increase of 120,900 (8.5%) from October 2021.
- 4.2.2. The test with the largest waiting list was Non-obstetric Ultrasound, which accounted for 35.7% of the total waiting list, or 547,200 patients. The test with the smallest waiting list was Electrophysiology, which accounted for 0.04% of the total waiting list, or 600 patients (Table 5).

Table 5: Total number of patients waiting at month end, by test - October 2021 and October 2022

	Oct-21	Oct-22	Growth (%age)
MRI	279,234	281,318	0.7%
СТ	179,297	169,585	-5.4%
Non-obstetric Ultrasound	482,045	547,164	13.5%
Barium Enema	1,834	1,757	-4.2%
Dexa Scan	53,922	62,027	15.0%
Audiology Assessments	67,808	83,661	23.4%
Echocardiography	147,815	156,130	5.6%
Electrophysiology	525	648	23.4%
Peripheral Neurophysiology	26,085	24,935	-4.4%
Sleep Studies	12,122	21,340	76.0%
Urodynamics	7,509	7,888	5.0%
Colonoscopy	64,226	80,790	25.8%
Flexi Sigmoidoscopy	22,506	26,175	16.3%
Cystoscopy	19,681	21,651	10.0%
Gastroscopy	63,806	64,203	0.6%
All Tests	1,428,415	1,549,272	8.5%

Note: Barium Enema is a test that should be replaced by Colonoscopy or CT Colonography, so the number of tests undertaken should be reducing.

4.2.3. The largest increase in the number of patients waiting by test has been for Sleep Studies where the waiting list grew by 76.0% compared with October 2021.

# 4.3 Median Waiting Times

4.3.1. At the end of October 2022, the estimated median waiting time for all 15 diagnostic tests was 3.2 weeks from the time of referral, the same as in the previous month. The test with the shortest median waiting time was CT at 1.9 weeks. The test with the longest median waiting time was Urodynamics at 5.4 weeks (Chart 7).

6.0 Median Waiting Time (Weeks) 5.0 4.0 3.0 2.0 1.0 Perioheral Medicolmy doller Audiology Assessments 0.0 Non-obsectic litracound Flex Stemoidoscopy Ethocardiography Seep Studies Bailin Erena Trodynamics Cystoscopy Gastroscop4 **Diagnostic Test** 

Chart 7: Median waiting time by test - October 2022

# 4.4 Total Activity

- 4.4.1. In total 2,055,400 of the 15 key diagnostic tests were performed during October 2022. This is an increase of 122,600 (6.3%) from October 2021 (Table 6).
- 4.4.2. The test with the highest activity was CT with 636,600 tests taking place. This accounted for 31.2% of all activity in October 2022. The test with the lowest activity was Electrophysiology with 700 tests taking place. This accounted for 0.04% of all activity this month.
- 4.4.3. The number of tests conducted over the last 12 months has increased by 7.3% from the same period last year.

Table 6: Total activity and growth, by test – October 2021 and October 2022

Note: Barium Enema is a test that should be replaced by Colonoscopy or CT Colonography, so the number of tests undertaken should be reducing.

	Oct-22	Oct-21	YTD 22/23	YTD 21/22	Growth Oct 22 vs Oct 21	Growth YTD 22/23 vs YTD 21/22	Adjusted Growth Oct 22 vs Oct 21	Adjusted Growth YTD 22/23 vs YTD 21/22
MRI	331,912	319,601	2,225,963	2,108,825	3.9%	5.6%	-0.9%	6.3%
СТ	636,647	587,554	4,276,653	4,057,538	8.4%	5.4%	3.4%	6.1%
Non-obstetric Ultrasound	623,753	593,856	4,237,496	4,152,742	5.0%	2.0%	0.3%	2.7%
Barium Enema	2,974	2,852	20,261	21,887	4.3%	-7.4%	-0.5%	-6.8%
Dexa Scan	40,436	37,588	275,863	254,597	7.6%	8.4%	2.7%	9.1%
Audiology Assessments	88,122	80,225	591,132	549,426	9.8%	7.6%	4.9%	8.3%
Echocardiography	142,083	127,342	941,800	900,039	11.6%	4.6%	6.5%	5.4%
Electrophysiology	721	677	5,320	5,103	6.5%	4.3%	1.7%	5.0%
Peripheral Neurophysiology	18,457	17,841	126,757	125,150	3.5%	1.3%	-1.2%	2.0%
Sleep Studies	11,655	10,114	78,105	66,734	15.2%	17.0%	10.0%	17.8%
Urodynamics	5,114	5,443	35,717	38,900	-6.0%	-8.2%	-10.3%	-7.6%
Colonoscopy	54,260	50,289	349,915	338,838	7.9%	3.3%	3.0%	4.0%
Flexi Sigmoidoscopy	16,933	17,221	117,369	120,191	-1.7%	-2.3%	-6.1%	-1.7%
Cystoscopy	26,170	26,319	185,613	190,248	-0.6%	-2.4%	-5.1%	-1.8%
Gastroscopy	56,212	55,949	395,597	398,779	0.5%	-0.8%	-4.1%	-0.1%
All Tests	2,055,449	1,932,871	13,863,561	13,328,997	6.3%	4.0%	1.5%	4.7%

# 5 Annex

# 5.1 Methodology

- 5.1.1. NHS England and NHS Improvement compiles diagnostic waiting time and activity data through a central return. Data collected includes:
  - The number of patients waiting at the month end, split by test and week.
  - Total activity classified as either Waiting List tests (excluding planned), Planned tests, or Unscheduled tests.
- 5.1.2. Providers submit data to NHS England and NHS Improvement via SDCS where it is checked and signed off by commissioners. For further details on how the data is collected and the SDCS system, please refer to the <a href="NHSE">NHSE</a> Collection Guidance.

# 5.2 Data Revisions

5.2.1. Revisions to published figures are released on a six-monthly basis and in accordance with the NHS England's revision policy. For more information on the revision policy please refer to the <u>SDCS Revisions Policy Document</u>. Revisions were last published in October 2022 for the months January 2021 through to January 2022.

# 5.3 Data Availability

5.3.1. Monthly diagnostic waiting time and activity data is published on a monthly timetable. A full calendar of all statistical publications can be found here.

# 5.4 Glossary

# **Clinical Commissioning Group (CCG)**

A group of GP practices, which working with other healthcare professionals and in partnership with local communities and local authorities, commission NHS services for patients within their local communities.

#### **Endoscopy**

A categorisation of diagnostic tests that include: Colonoscopy; Flexi Sigmoidoscopy; Cystoscopy and Gastroscopy.

#### **Imaging**

A categorisation of diagnostic tests that include: Magnetic Resonance Imaging (MRI); Computed Tomography (CT); Non-obstetric Ultrasound; Barium Enema and DEXA Scan.

# **Median Waiting Time**

A measurement of the average time patients have been waiting for a diagnostic test. The median is the middle value when waiting times are put in numerical order. 50% of patients have been waiting less than the median. The median is the preferred measurement of average waiting time as it is less susceptible to extreme values than the mean.

# **Physiological Measurement**

A categorisation of diagnostic tests that include: Audiology Assessments; Echocardiology; Electrophysiology: Peripheral Neurophysiology; Sleep Studies and Urodynamics.

#### **Provider**

An organisation that provides NHS treatment or care, for example, an NHS Acute Trust, Mental Health Trust, Community provider, or an Independent Sector organisation.

#### Region

One of seven geographical areas of NHS England and NHS Improvement responsible for the quality, financial and operational performance of all NHS organisations in their region.

#### 5.5 Feedback Welcomed

We welcome feedback on the content and presentation of statistics within this report and those published on the NHS England website.

If you have any comments on this, or any other issues regarding these statistics, then please email <a href="mailto:england.nhsdata@nhs.net">england.nhsdata@nhs.net</a>

Alternatively, we welcome your comments via our user feedback form here.

Feedback about the user's experiences of using these statistics is available here.

#### 5.6 Consultation

Between 8 February 2018 and 5 April 2018, NHS England and NHS Improvement consulted on the future of the Quarterly Diagnostics Census and Monthly Diagnostics Waiting Times and Activity Returns. The outcome document for the consultation was published 30 March 2020 and confirmed the decision to stop collecting the Quarterly Diagnostics Census on a permanent basis and to continue the monthly diagnostics waiting times and activity return (DM01) in its current form. Find out more at: <a href="https://www.engage.england.nhs.uk/consultation/diagnostics-census-waiting-times-activity-return">https://www.engage.england.nhs.uk/consultation/diagnostics-census-waiting-times-activity-return</a>

# 5.7 Additional Information

Full details of diagnostics data for individual organisations are available here.

For press enquiries please contact the NHS England media team on 0113 825 0958 or 0113 825 0959. Email enquiries should be directed to <a href="mailto:nhsengland.media@nhs.net">nhsengland.media@nhs.net</a>

The Government Statistical Service (GSS) statistician responsible for producing these data is:

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