Classification: Official



# Publication Guidance for the Discharge Ready Date Monthly Publication

December 2023

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# Introduction

The UEC Recovery Plan (30/01/2023) committed to publishing, by the start of winter 2023, a metric or suite of metrics based on the new 'discharge ready date' data field that all acute trusts were required to start recording from April 2023. The discharge ready date records the start date of the final period that the patient no longer meets the 'Criteria to Reside\*' in a hospital bed for their episode of care.

The key aims for this commitment are to publish new information that allows is to better measure and understand discharge delays.

Previous published data has been based on the number of patients in hospital on a given day who are medically optimised for discharge but have not been discharged by the end of that day.

The new dataset shows what proportion of people are discharged on the day they are medically optimised for discharge, and a breakdown of the different lengths of stay beyond this date.

The intention is to provide better data on how long patients are waiting to leave hospital after their discharge ready date so that local systems can work together to reduce those waits.

This publication will be classed as an Official Statistic in Development and include only those trusts providing acceptable data throughout the reporting period.

The suite of metrics report on the percentage of discharges within certain thresholds, the total bed days after discharge ready date for patients discharged within certain thresholds and the average days from Discharge Ready Date to date of discharge (excluding 0 day delays).

The publication includes trust level data and data disaggregated by Upper Tier Local Authority (UTLA), and then by trust. This data shows the percentage of discharges within certain thresholds and bed days lost for UTLA residents (based on the postcode of the patient) discharged from those trusts in the last month. This is irrespective of whether those individuals are being discharged into care arranged or funded by the UTLA. Where trusts discharging into a given UTLA have not returned acceptable data this month, these are shown separately.

This is an important publication and helps to drive the effective implementation of wider Hospital Discharge policies, leading to better care for patients and service users. It will increase understanding of the comparative number of patients discharged at different points in relation to the date on which they become medically optimised discharge (their discharge-ready date) and help local systems decide where to target efforts to reduce delayed discharges and improve outcomes for patients.

\*Criteria to reside definitions are available in <u>Annex D</u> of the Hospital Discharge and Community Support Guidance

# Source

Data in the publication are based on a discharge cohort from a SUS (Secondary Uses Service) monthly extract taken after the Reconciliation Inclusion date (see the <u>SUS+Submission Timetable</u> for details).

# **Exclusion Criteria**

The data in the publication has the following exclusion criteria, in line with the discharge ready date (DRD) submission criteria:

- Patients under 16 years old
- Length of stay of 0 days
- Method of Admission other than elective or emergency (codes 31, 32, 82, 83)
- Those who die in hospital and those transferred to other hospitals/hospices
  (<u>Destination of Discharge</u> codes 51, 52, 87, 88, 79 or <u>Method of Discharge</u> codes 4, 5)
- Treatment function groups not equal to "specific acute" (see Annexe for details)

# **Data Quality**

Within the publication, all acute providers are listed with a classification of whether they are submitting data which meets the acceptance criteria throughout the reporting period. There are four checks in place to determine this classification. If any of them are classed as "Not accepted" then the provider is classified as such.

The following acceptance criteria have been applied:

- Proportion of discharges where the DRD is equal to the discharge date. Where this is equal to 100%, this is regarded as "Unacceptable".
- Proportion of discharges where the DRD is impossible, i.e. It is either before admission or after discharge. Where this is over 5%, this is regarded as "Unacceptable".
- Average delay (in days), for those with delays of at least 1 day. This is the difference between the DRD and the discharge date. Where this is less than 2, or greater than 30, this is regarded as "Unacceptable".
- The proportion of bed days that occurred after the DRD. Where this is less than 2.5%, or greater than 60%, this is regarded as "Unacceptable".

NHS England is monitoring the quality of submitted data and working closely with regional colleagues to drive improvement.

Some trusts have a performance that naturally falls outside the above Acceptance Criteria.

This is most likely the case for trusts providing specialist services (Type 2).

In such situations these trusts might be included as exceptions.

## Guidance notes on data items

The full set of metrics within the publication are listed below. These metrics are presented at national and provider level.

- Number of providers submitting acceptable data
- % of providers submitting acceptable data

#### % of patients discharged where

- Date of discharge is same as Discharge Ready Date
- Date of Discharge is 1+ days after Discharge Ready Date

# % of patients discharged after their Discharge Ready Date but discharged within

- 1 day
- 2-3 days
- 4-6 days
- 7-13 days
- 14-20 days
- 21 days or more

#### Total bed days after Discharge Ready Date for patients discharged within

- 1 day
- 2-3 days
- 4-6 days
- 7-13 days
- 14-20 days
- 21 days or more
- Average days from Discharge Ready Date to date of discharge (excluding 0 day delays)

Upper tier local authority (UTLA) data is included also. Providers, who submit acceptable data and contribute to the UTLA discharges, are listed beside the UTLA and a % contribution figure is shown as well as the metrics above, except for the average days metric.

% of UTLA discharges from acceptable trusts

#### Contacts and resources

Please direct queries relating to this collection to: england.nhsdata@nhs.net

### **Annexe**

#### Treatment functions codes matching "specific acute"

100: General surgery 200: Aviation and Space Medicine Service 101: Urology 211: Paediatric urology 102: Transplantation surgery 212: Paediatric transplantation surgery 103: Breast surgery 213: Paediatric gastrointestinal surgery 214: Paediatric trauma and orthopaedics 104: Colorectal surgery 105: Hepatobiliary & pancreatic surgery 215: Paediatric ear nose and throat 106: Upper gastrointestinal surgery 216: Paediatric ophthalmology 107: Vascular surgery 217: Paediatric maxillo-facial surgery 108: Spinal surgery service 218: Paediatric neurosurgery 109: Bariatric Surgery Service 219: Paediatric plastic surgery 110: Trauma & orthopaedics 220: Paediatric burns care 111: Orthopaedic Service 221: Paediatric cardiac surgery 113: Endocrine Surgery Service 222: Paediatric thoracic surgery 115: Trauma Surgery Service 230: Paediatric Clinical Pharmacology Service 120: Ent 240: Paediatric Palliative Medicine Service 130: Ophthalmology 241: Paediatric pain management 140: Oral surgery 242: Paediatric intensive care 141: Restorative dentistry 250: Paediatric Hepatology Service 142: Paediatric dentistry 251: Paediatric gastroenterology 143: Orthodontics 252: Paediatric endocrinology 144: Maxillo-facial surgery 253: Paediatric clinical haematology 145: Oral and Maxillofacial Surgery Service 254: Paediatric audiological medicine 255: Paediatric clinical immunology and allergy 150: Neurosurgery 160: Plastic surgery 256: Paediatric infectious diseases 161: Burns care 257: Paediatric dermatology 170: Cardiothoracic surgery 258: Paediatric respiratory medicine 259: Paediatric nephrology 171: Paediatric surgery 172: Cardiac surgery 260: Paediatric medical oncology 261: Paediatric metabolic disease 173: Thoracic surgery 174: Cardiothoracic transplantation 262: Paediatric rheumatology 180: Accident & emergency 263: Paediatric diabetic medicine 190: Anaesthetics 264: Paediatric cystic fibrosis 191: Pain management 270: Paediatric Emergency Medicine Service 192: Critical care medicine 280: Paediatric interventional radiology 300: General medicine 347: Sleep Medicine Service 301: Gastroenterology 348: Post-COVID-19 Syndrome Service 302: Endocrinology 350: Infectious diseases 352: Tropical medicine 303: Clinical haematology 304: Clinical physiology 361: Nephrology 305: Clinical pharmacology 370: Medical oncology

371: Nuclear medicine

400: Neurology

307: Diabetic medicine

306: Hepatology

308: Blood and marrow transplantation

309: Haemophilia service

310: Audiological medicine

311: Clinical genetics

313: Clinical immunology and allergy service

314: Rehabilitation service

315: Palliative medicine

316: Clinical immunology

317: Allergy service

318: Intermediate care

319: Respite care

320: Cardiology

321: Paediatric cardiology

322: Clinical microbiology

323: Spinal injuries

324: Anticoagulant service

325: Sport and exercise medicine

326: Acute Internal Medicine Service

327: Cardiac rehabilitation

328: Stroke medicine

329: Transient ischaemic attack

330: Dermatology

333: Rare Disease Service

335: Inherited Metabolic Medicine Service

340: Respiratory medicine

341: Respiratory physiology

342: Programmed pulmonary rehabilitation

343: Adult cystic fibrosis

401: Clinical neurophysiology

410: Rheumatology

420: Paediatrics

421: Paediatric neurology

422: Neonatology

430: Geriatric medicine

431: Orthogeriatric Medicine Service

450: Dental medicine specialties

451: Special Care Dentistry Service

460: Medical ophthalmology

461: Ophthalmic and Vision Science Service

502: Gynaecology

503: Gynaecological oncology

505: Fetal Medicine Service

663: Podiatric surgery

670: Urological Physiology Service

673: Vascular Physiology Service

675: Cardiac Physiology Service

677: Gastrointestinal Physiology Service

800: Clinical oncology (previously radiotherapy)

811: Interventional radiology

812: Diagnostic imaging

822: Chemical pathology

834: Medical virology