

Patient Decision Aids are a new way to help you to make the best decision for you, when you are faced with difficult healthcare choices.

<http://sdm.rightcare.nhs.uk/>

# Decision Support

Health coaches are here to help you make an evidence based choice, where there is more than one option for treating your condition.

**0845 450 5851**

9am to 5.30pm Monday to Friday

CAPITA

