



# Over 60 and feeling under the weather? A minor illness can get worse quickly.

This winter, pop into your  
local pharmacy for quick health advice  
or visit [www.nhs.uk/asap](http://www.nhs.uk/asap)

**Early advice is the best advice.**



**Know someone  
over 60 feeling  
under the weather?  
A minor illness can  
get worse quickly.**

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or see your local pharmacist.

**Early advice is the best advice.**