

MH7 Perinatal Involvement and Support for Partner/Significant Other

Scheme Name	MH7 Perinatal Involvement and Support for Partner/Significant Other
Eligible Providers	All providers of Perinatal MH Services
Duration	April 2016 to March 2017.
Scheme Payment (% of CQUIN-applicable contract value available for this scheme)	CQUIN payment proportion [Locally Determined] for first year should achieve payment of £40,000 per provider: Target Value: Add locally CQUIN %: Add locally
Scheme Description	
<p>This CQUIN scheme requires providers to develop care plans to ensure that appropriate emotional, informational and practical support is offered to partners and significant others to robustly encourage their understanding and participation in the mother's treatment, care and recovery and to promote their bond with the infant.</p> <p>Postnatal psychiatric illness can be devastating, not only for the woman but also for her partner and family. Effective involvement of partner/family can be vital to a rapid recovery. This scheme aims to address this latter aspect of patients' care.</p> <p>Marital and family conflict and lack of spousal support have been implicated in the onset and maintenance of maternal mood disorders. Maternal postnatal depression has also been linked to increased levels of depression in men.</p>	
Measures & Payment Triggers	
<p>Q 1 Services will have developed systems to record and evidence:</p> <ol style="list-style-type: none"> 1) The emotional, practical and informational support offered to all partners and significant others with the mothers consent. 2) The types of interventions offered from the following: <ul style="list-style-type: none"> Group I – All partners & significant others should be: <ul style="list-style-type: none"> • Seen within 1 week of admission by a senior clinician to discuss the mother's condition • Offered the opportunity to attend ward reviews and significant meetings • Informed that requests for additional discussions are welcomed • Informed of the joint activities that are available • Directed to the range of written and electronic information available. Group II – Partners/significant others should be offered at least one of the following documented in care plan <ul style="list-style-type: none"> • Partner support sessions • Family sessions • Couple sessions Group III – at least one of the following: <ul style="list-style-type: none"> • Parent-infant activities e.g. massage, rhyme time, music sessions etc • Practical parenting advice/support with nursery nurse, health visitor etc Group IV – Offered access to at least one of the following: <ul style="list-style-type: none"> • Written/video narratives of experience and recovery of perinatal patients 	

<ul style="list-style-type: none"> Meeting recovered patients (e.g. service/family days, charities) 	
<p>Q2 Record numbers of partners/significant others offered all of the interventions in Group I and 1 or more in Group II</p>	
<p>Q3 Record:</p> <ul style="list-style-type: none"> numbers of partners/significant others offered all of the interventions in Group I and numbers accepting and numbers offered one or more in each of Group II & Group III and numbers accepting in each group. 	
<p>Q4 Record</p> <ul style="list-style-type: none"> numbers of partners/significant others offered all of interventions in Group I and one from each of Group II, III & IV together with numbers accepting in each group. 	
<p>Partial achievement rules</p>	
<p>None. If process objectives unmet, payment is deferred until met.</p>	
<p>In Year Payment Phasing & Profiling</p>	
<p>25% each quarter for meeting process targets as set out above.</p>	
<p>Rationale for inclusion</p>	
<p>The evidence supports the provision of support for partners and significant others as such support will likely have positive benefits for the partner, the couple and their relationship with the infant. The scheme should therefore have a positive impact upon effectiveness of therapeutic interventions, improved outcomes for the mother and child and reduced LOS.</p>	
<p>Data Sources, Frequency and responsibility for collection and reporting</p>	
<p>Reports of achievement to be supplied to commissioners on an agreed basis. Quarterly reporting tool currently in development.</p>	
Baseline period/ date & Value	N/A
Final indicator period/date (on which payment is based) & Value	As above.
Final indicator reporting date	Month 12 Contract Flex reporting date as per contract
<p>CQUIN Exit Route</p> <p><i>How will the change including any performance requirements be sustained once the CQUIN indicator has been retired?</i></p>	<p>Service specification will be adjusted.</p>

Supporting Guidance and References

None.