

NDPP Pathway

COLOUR CODING:

- Orange: relies on existing system (NHS Health Check or General Practice)
- Purple: process TBC
- Blue: Provider responsibility

NHS Health Check GP registers

High-risk groups

Existing Blood Score – Non-diabetic hyperglycaemia
 HbA1c 42-47mmol/mol (6.0%-6.4%)
 FPG 5.5-6.9mmol/l

- i) Age 25-39 of South Asian, Chinese, African-Caribbean, black African & other high risk black and minority ethnic groups AND BMI \geq 23
- ii) Certain existing conditions that increase risk of diabetes [polycystic ovary syndrome, history of gestational diabetes, schizophrenia]

Referral for behavioural intervention

Assessment with provider
 Repeat HbA1c (or FPG) test
 Weight and height taken
 Risk factor discussion

IF:
 i) HbA1c in NDH range
 ii) Accept place on programme

IF:
 i) HbA1c in NDH range
 ii) Refuse place on programme

Possible type 2 diabetes
 HbA1c \geq 48mmol (6.5%)
 FPG \geq 7mmool

Second blood test

No diabetes Diabetes

Referral to GP – treat according to NICE guidance

Behavioural Intervention

Post-intervention Assessment

IF: Risk not modified

IF: Risk modified

Inform GP

Annual assessment of risk factors?? WHO??

Annual assessment of weight and HbA1c (or FPG)

Direct referral

