

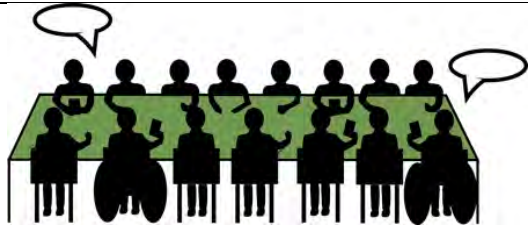


**A consultation asking you about
changing learning disability and autism
services in the North West**

The decision

	About
	<p>NHS England asked what people thought about changing services for people with a learning disability and/or autism in the North West</p>
	<p>NHS England want to make sure people get</p>
	<ul style="list-style-type: none"> • Care and treatment closer to home that is right for them
	<ul style="list-style-type: none"> • Treatment or assessment in a mental health hospital if they need it




	<ul style="list-style-type: none"> • Care to stay healthy and well
	<ul style="list-style-type: none"> • More choice and equal health
	<ul style="list-style-type: none"> • The right support in their community
	<p>NHS England told different groups of people about the consultation</p>



A National Decision Making Group has been set up to look at what people said in the consultation.

The Group says what they think should happen to services.

They thought about the things people talked about to help them do this.

	The Consultation
	<p>The Consultation asked people what they thought about two options for services in the North West</p>
	<p>Option 1</p> <p>Stop providing low or medium secure services at Mersey Care Whalley. They will instead be provided in a new way.</p> <p>Mersey Care Whalley is the new name of the hospital that used to be called Calderstones.</p>
	<p>Option 2</p> <p>Keep some low secure services at Mersey Care Whalley.</p>



We asked if people thought that support should be provided in communities close to home.



We think that people with a learning disability and or autism should have the same rights and choices as everyone else. People should be supported in their community as much as possible.




We know some people are kept in hospital under the Mental Health Act.

This means they have less choice about where they go and what they do.

This is to keep them and other people safe.



We asked what locked hospitals should be like for people who have to use them.

	<p>We think people and families should be involved in their care.</p>
	<p>We think medium secure services should be delivered in a place next to services for people without a learning disability or autism</p>
	<p>We think people should be supported so they can make their own choices as much as possible.</p>
	<p>Mental health hospitals should be safe and help people get better.</p> <p>People should not stay in hospital longer than they need to.</p>
	<p>We think that services should not be provided at Merseycare Whalley.</p>



After Winterbourne View lots of people and organisations agreed people should live in homes not hospitals.

We think big hospitals for people with a learning disability or autism should close.



The consultation ran for 12 weeks.





Lots of different people had their say including

- People who are at the hospital now and their families
- Other people with a learning disability and their families
- Organisations
- NHS groups
- Staff and Unions
- People who live in Whalley



	<p>What NHS England thought</p>
	<p>NHS England said we thought the best option was to close the hospital. This was option 1.</p> <p>We thought that low and medium secure services should all be moved out of the hospital at Whalley.</p>
	<p>These services should be provided in a different way closer to home.</p>
	<p>We thought this was best because</p>
	<ul style="list-style-type: none"> • This is the only NHS learning disability hospital left in the country

	<ul style="list-style-type: none"> • It does not have any other services on the site.
	<ul style="list-style-type: none"> • People there stay longer than expected.
	<ul style="list-style-type: none"> • Half the people there have been there five years or more.
	<ul style="list-style-type: none"> • The hospital does not fit with up to date ways of supporting people with a learning disability.



What people told us



**People should be supported
in their community close to
home**



**Most people agreed with
this.**

	<p>Lots of people with a learning disability or autism said this would help people feel well.</p>
	<p>Lots of people said they were not sure the right support was there in the community for people.</p>
	<p>People at the Whalley hospital now said they liked the hospital.</p> <p>They liked the staff support and they felt safe.</p> <p>The hospital felt like home to them.</p>
	<p>NHS England says</p>



Most people at the hospital now will not be affected by what happens as they will have moved on by then.



We know that any change might make people worried.

We want to



- Have smaller places across the North West for people to get treatment. They will be in buildings next to other health services not on their own.



- Make sure that there is good support for people in the community.



- Give people at the hospital lots of support to help them move to a new place.



- Make sure people do not stay in hospital longer than they need treatment. Hospitals are not homes.



Some people are in hospital under the Mental Health Act for a longer time.

They should be in smaller places that can change to meet their needs.

What people told us



Lots of different people agreed with this.

	<p>Lots of people said it would only work with the right amount of support though.</p>
	<p>People said these places should be linked in with other services and be close for families.</p>
	<p>Some staff who work in locked hospitals didn't agree.</p>
	<p>They said people needed big specialist centres for good support.</p>



They said places needed to be locked and were not sure where smaller places would be.



Staff said that where people went should depend on the needs of the person and their family.



People said some people are better in a bigger hospital with more people and support.



People said the right support might not be there in the community and there wasn't enough money to make it work.



NHS England says

	We want to
	<p>Start making smaller low secure places for people to be supported around the North West.</p> <p>There will be around 70 beds for people in the region.</p>
	<p>There will also be community spaces and specialist support teams.</p>
	<p>This fits with transforming Care plans. It will help people move on from hospital in the way their Care and treatment review says they should.</p>
	<p>There will be a new way of supporting people who have committed crimes in the community and not just in hospital.</p>



We will start developing a medium secure service at Maghull in Merseyside.

This means learning disability services will be near other mental health services already at Maghull.



This will mean the provider can share staff skills and make excellent services for people who need medium secure services.



People should get assessed so that they only go into hospital if there is no other option.

What people told us



Lots of people agreed with this.



Lots of people only agreed if the right support and funding were given.



Some people said everyone should get services as close to home as possible.



Some people thought there wouldn't be enough staff with the right skills locally.



Some people said less restricted places only work if they are carefully planned for each person and the community.



Lots of people said that staff working with people with autism and or a learning disability in locked hospitals had lots of skills and experience.



Some people said less restricted places don't work. The quality of support is what is important.



NHS England says



We want to

Use the skills of the staff working at Whalley and help people see good opportunities for new ways of working.

We need to keep and develop their skills in hospital and community setting to support people in new ways.



Help Mersey Care deal with staff shortages by having fast training.

This will help to train staff there now as well as new staff



Make sure people are supported safely in communities not hospitals when possible.

This includes people kept under the Mental Health Act.

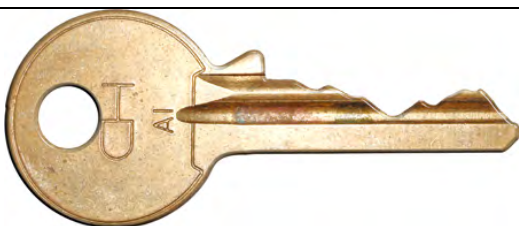


People who need long term support in locked places should be supported in places that gives them a good life

What people told us



Most people agreed with this



Some people need support in locked places to keep themselves and others safe.

	<p>People said there needed to be proper person centred care.</p> <p>People and families needed to be involved.</p>
	<p>When people disagreed this was because they thought the right support would not be provided.</p>
	<p>NHS England says</p> <p>We want to</p>
	<ul style="list-style-type: none"> • Design services so they are person centred • Give person centred care to people who need a locked place for longer. • Make sure we work with families to make person centred plans happen



Medium and low secure services should not be provided at Mersey Care Whalley any more



Learning disability organisations and other providers agreed with this.

People with learning disabilities and/or autism and families had mixed views about this.

Staff at Mersey Care, people in the hospital now and people who live in Whalley did not agree.



Some people especially staff said people are better in a locked hospital. They might commit another crime in the community.



There will be problems as staff might not want to move to other areas away from Whalley. Staff will need retraining.



Some people did not agree with moving services to Maghull.

They thought it was another big locked place. People thought it would give the service a bad reputation.



Some people said that Maghull was not an easy place to get to.



Some people especially staff and people who live in Whalley said they thought the hospital should stay as it is.

It would be a waste not to use it.



Some people especially family members of people at Whalley suggested it could be used as an autism service.



Lancashire Council and health staff were worried people would have to travel further out of Lancashire to be supported if the hospital closed. People thought jobs would be lost in Lancashire.



Some people asked how people who used services would be listened to not just services.

Some people said the service had got better and this should not be ignored.



Most people who supported closing the hospital wanted to know the right community support would be provided instead.



One organisation said some people might support keeping part of the hospital because they were worried about community support not being there.

	<p>NHS England says</p> <p>We want to</p>
	<p>Move medium secure services to Maghull, with its own entrance. This will be near a community and bring staff skills together.</p>
	<p>The Maghull site has good transport links</p>
	<p>Support Mersey Care to work with staff so their skills are kept.</p>
	<p>Look at all options for new low secure services to make sure they are easy to get to</p>



We know MerseyCare Whalley got a good rating from Care Quality Commission. We want a different way of providing services that means less people have to stay in hospitals



Start new ways of supporting people with specialised support teams to help people stay out of hospital.







Work with MerseyCare to decide what should happen to the Whalley buildings. Lots of people gave us their ideas.

Conclusion



People at Merseycare Whalley now and their families are worried about losing the safety of the hospital.

	<p>NHS England think most people who are there now will have moved on to other places before any change starts</p>
	<p>Most agree that people should be supported in new and different ways</p>
	<p>People were worried about losing services in Lancashire.</p> <p>NHS England will look at how low secure services can be provided in Lancashire in future.</p>
	<p>People were worried about wasting the buildings at Whalley.</p> <p>NHS England will look at what the hospital should be used for in future.</p>

	<p>People were worried that Maghull might be a new big locked place.</p> <p>NHS England thinks that it will be good to have a centre for excellent support with other health services.</p>
	<p>People thought having the right community support in place was very important.</p> <p>NHS England wants to make sure Transforming Care works to do this.</p>
	<p>After the consultation NHS England still want to close the learning disability hospital at Whalley</p>
	<p>How we will do this</p>
	<p>NHS England will</p>
	<ul style="list-style-type: none"> • Make sure patients are kept safe through any changes. Community support will increase as less hospital beds are used.



- Provide increased support to people in the hospital and Whalley and families about what changes mean for them.







- Work with Transforming Care to make sure community support works






- Keep checking how things are working at Whalley as things change so that people can be supported properly.



- Support Transforming Care in the North to check how things are working for people

	<ul style="list-style-type: none"> • The money needed to make changes has not been agreed yet. Now a decision has been made the money must be agreed by NHS England's board and the government.
	<ul style="list-style-type: none"> • Make sure there is a clear plan for making the changes needed
What will happen next	
	<p>NHS England has arranged support for people using MerseyCare Whalley and their families so they understand the decision and how it affects them.</p>
	<p>We will make sure plans are in place to support people through changes.</p> <p>We have a communication plan to make sure people understand the decision.</p>

	Decision
	<p>It has been agreed that option One is the choice and the site at Mersey Care Whalley will close in the next few years.</p>
	<p>This means medium secure services will move to the Maghull site in Merseyside.</p>
	<p>Low secure services will be provided in smaller units based nearer to where people live.</p>









Learning Disability & Autism Spectrum Disorder Services Consultation

What you said



Easy Read

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Introduction



NHS England are thinking about changing secure services for people with learning disabilities and autistic spectrum disorders in the North West.



Secure services are where people are not allowed to leave the buildings or the grounds.



Secure services are usually away from people's friends and family.



Some people are in secure services because they have committed a crime.



The plans are for services which are low or medium secure.



The plans do not cover services for people who have committed serious crimes.



In February 2017 NHS England asked people what they thought about the plans.



This report is about what people said.

The Plans



NHS England want people who are in low and medium secure units to:

- To have more choice about their care
- A fair access to services
- Be able to live in the community, closer to their friends and family
- To get the care and support that is right for their needs
- Get the right care to keep them healthy
- Be able to go into hospital when they need to



2 options



We asked people what they thought about 2 options:



Option 1. Close the Mersey Care Whalley site completely and move people to live nearer to their friends and family.

The Whalley site used to be called Calderstones Hospital.



Option 2. Keep the newer buildings at the Whalley site with up to date services.



People were also asked about a plan to move people who needed medium secure care to a new building at Ashworth Hospital in Maghull, Merseyside.

What service users said



We held focus groups and drop in sessions for people who use services and carers.

At the focus groups people said:



● The Whalley site should close because:

- ▶ It is dark, and not very welcoming
- ▶ There is a chance for a new start with new ideas
- ▶ People wanted smaller, calmer modern units
- ▶ Services should be close to where families live





- It would be a waste of money to close the Whalley site



- New units might be run by private companies. People wanted services to be run by the NHS.



- Some people would be worried about moving to the Ashworth hospital site.



At the drop in sessions people said:

- Services at Whalley were brilliant
- Option 2 is the best option
- Option 1 could work if there was enough time and money to get good services in the community



The survey

We asked people:



- Should adults who have a learning disability or Autism Spectrum Disorder be able to live near their friends and family?



- Would people who are in care after having committed a crime get on better if they lived in a smaller place?



- Should people be allowed as much freedom as possible, that is safe?



- Should people who need to be kept safe and secure be cared for in a way that gives them a better quality of life?



- Should people who need low or medium secure services live at the Mersey Care Whalley site - that used be called Calderstones?

What people said in the survey



- 1. Should adults who have a learning disability or Autism Spectrum Disorder be able to live near their friends and family?**



Most people said ‘Yes’.



Some people thought that it was OK only if there was enough care, support and trained staff.



Some people thought that it was only OK for people in low secure care. It was not OK for people who had committed a crime.



Some people think that some patients are better in a larger place because they are close to specialist care.



People thought that it would depend on each person. Staff should involve the patient and their family in deciding the best place for them.



Some people worried that there was not enough:

Specialist staff in the community

- Money to pay to move people to live in the community



Some staff thought that the Whalley site should stay because:

It provides an excellent service

- It cares for people who have committed crimes and are a danger to the community



2. **Would people who are in care after having committed a crime get on better if they lived in a smaller place?**

Some people thought that:



- Smaller places would be better if there was enough care and the right staff



- Smaller places can offer more one-to-one support and they are calmer



- It is important to be close to family



- Community houses need to be safe



Other people thought that:

- Larger places can give more specialised support



- People need to be kept secure. This is harder in a community house



- It would not be easy to put secure units near local communities



- We should look at each person as an individual and involve their family in any decision

Some staff said that people already live in smaller units at Whalley.



3. Should people be allowed as much freedom as possible, that is safe?

Should they only go into a long stay hospital if everything else has been tried first?

Half the people agreed with this provided:

- There is enough money to care for people properly
- There is enough trained staff



Services should be as close to people's homes as possible.



Other people thought that giving people freedom doesn't always work. The quality of the care should be the priority.

Some staff said that people already had freedom at Whalley.



4. Should people who need to be kept safe and secure be cared for in a way that gives them a better quality of life?



About half of people agreed so long as local community services are available to give people the right amount of support.



Some people thought that a larger low secure unit could do this better than a smaller one. Other people disagreed and thought a smaller low secure unit would be best.



People thought that you need to:

- Treat people as an individual in a person centred way.
- Give a voice to service users and their families



Some staff thought that people were already doing this at Whalley.

5. Should people who need low or medium secure services live at the Mersey Care Whalley site - that used be called Calderstones?



There were different views about whether people should stay at Whalley.

Many of the people who completed the survey thought that people should stay at Whalley.

They said this because:

- They thought patients are best in a secure place
- People may commit more crimes if they lived in the community
- Many staff would not want to move
- Staff would need to be retrained





These people thought that moving to the Ashworth Hospital would be just moving to another institution.



Many people who completed the survey thought that people should carry on living at Whalley because:

- It had been built to look after people who needed to be in a secure place



- It has good links with the local community



Some people thought that it could be used for services for people with Autism.

Other views



We asked many other people and organisations who work with people with learning disabilities who live in low or medium secure units what they thought.

Groups of professionals thought that:



- People had a right to get their care in their local community.

- Training people in the community to have the skills to work with these people would be save money in the long term.



- Getting the different services to work together will help people to live in the best place for them.

- Smaller services are better for people



- Whalley should close

Organisations that work with people with learning disabilities thought:



- Whalley should close
- People should not go to Ashworth Hospital
- Services in the community will lead to more independence and better health and mental health for service users
- There needs to be more money for community services
- There needs to be a lot of money spent in training the staff in the community
- Service users and families should be involved in any changes that are made

For more information



If you need more information please contact:

Email:

england.northspecialisedcorporate@nhs.net



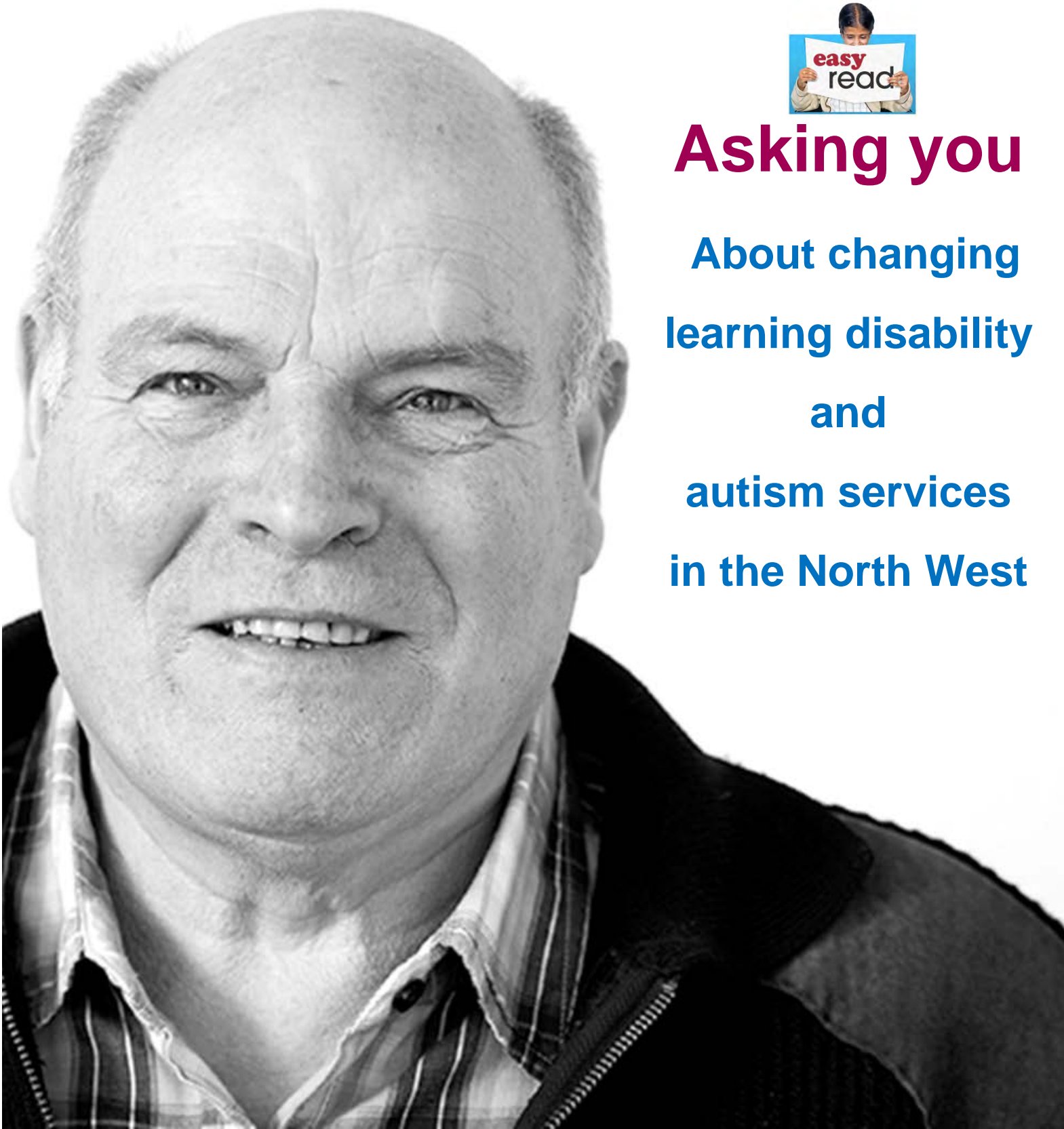
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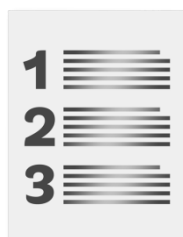
Consultation



Asking you

About changing
learning disability
and
autism services
in the North West





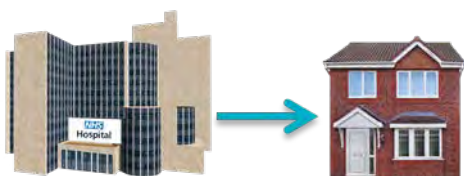
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What is this document about?



People with a learning disability and/or autism have the same rights as anyone else. They should have a home in the community of their choice.



People with a learning disability and/or autism sometimes stay in hospital for different reasons.



Sometimes they do not have the right support in the community. Sometimes they have a mental health condition that needs treatment in hospital.



We think services need to change to meet the needs of people. They should be closer to home and provide good quality care. Some big hospitals should close.



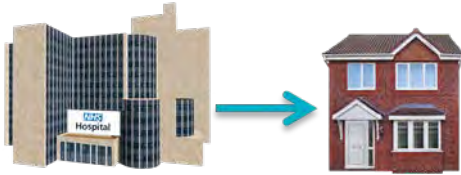
There was a national plan in October 2015 called 'Building the right support'. This is to make community support better.



If we get community support right less people would have to be in hospital. When people do need care they should only go into hospital if it is really needed.

This consultation is about what should happen to the hospital that was called Calderstones. Now it is called **Specialist Learning Disability Division at Mersey Care Whalley**.

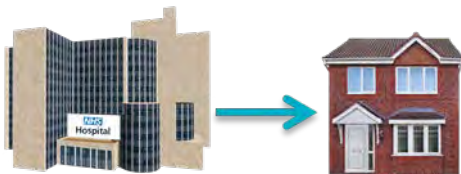
Why do things need to change?



More people with a learning disability and/or autism should move out of hospital. They should live in the community.



People will be supported to choose where they want to live. They should also be involved in agreeing what support they need.



There will be less people in secure units. There will be more places for people to be supported in the community instead. This will take 3 years to do in the North West of England.



Calderstones' new name is **Specialist Learning Disability Division at Mersey Care Whalley**. It changed on 1st July 2016. This is the only NHS hospital left for people with a learning disability in England.



The hospital is mainly a **forensic** service. This means people have been sent here by the police or a court. They live in locked (secure) flats or houses in the hospital. Some people living here have behaviours that are seen as very risky.



Staff in the hospital help everyone to get ready to move back into the community.



In the North West we are finding new places outside of the hospital. This is where people with a learning disability and/or autism can live.



Things will also change for staff who work at Mersey Care Whalley. Staff are talking to managers a lot about the changes.

Ideas to talk about...



We think people with a learning disability and/or autism should be able to live in the community.

They should not need to live in hospital.



More information can be found at:

<https://www.england.nhs.uk/wp-content/uploads/2015/10/ld-net-plan-er.pdf>

Time for Change The Challenge Ahead



You can find out more about this in the leaflet called 'Time for Change'

This can be found here:

<https://www.england.nhs.uk/wp-content/uploads/2014/11/bubb-fin-rep-easy-read.pdf>



These changes mean many people will not stay so long in hospital. This means they will get the best treatment.



New hospitals or units will be up to date and will fit each person's needs.



There will not be so many hospital places for people. This is because there will be smaller places nearer to people's homes.



There will be more staff to help with this. This may cost more to start with.

The new services are called **low secure** services. These are for people who need to be in hospital. These new services will be for:



- Women's services for women only
- People with autism and/or a learning disability
- People who need to be in hospital for a longer time or
- People who need to be in hospital for a shorter time

These are the options

OPTION 1 – close the hospital site completely



What is good about this option?

- People would have more choice in their pathway of care with fair access to services
- People would be able to live in a community setting
- People would still get care and treatment
- People would get health services that keep them healthy and well. People would have access to hospital when needed
- People who lack capacity to choose their own services will be able to use the same services as everyone else
- People would be provided with the same choices of specialist services

This is the option that NHS England thinks is best.

OPTION TWO – keep the newer buildings on the site with up to date services



What is good about this option?

- Some of the buildings are not very old. They could still be used
- Money could be saved
- Staff who work there could stay



This is not the option we would choose

This is because it is in the countryside a long way from towns and communities.

Medium secure services - what are they?

These are the new services for people who need to stay in a safe place. This is so they cannot harm themselves or other people.



This is a picture of the new building for medium secure services. It is being built at Maghull which is in Merseyside.



Mersey Care will run this service. Some people with a learning disability and/or autism who are at Whalley may move here.



People will be safe and services will work to help people. They will be treated the same as everyone else. If the services at Mersey Care Whalley close completely patients needing medium secure care will move to Maghull.

Services not on the Whalley Site

What are they?



There are some houses on the main road outside of the main hospital where people with a learning disability are supported for a long time. These are not included in the consultation.

These houses are being considered with each individual so that people are given the right to community care.

Better homes with support and activities may need to be found.

How much will it cost?



We have thought about how to sort out the money for the next 3 years to help people move on from hospital.

We will pay for Mersey Care Whalley to keep going for 3 years. At the same time we will pay for people to move into the community. The new services will be opening up.

We will also pay for extra things needed to make this change.

OPTION ONE – close the hospital site completely

Money will be needed to pay for the new services.

OPTION TWO – keep the newer buildings on the site with up to date services

Money will be needed to change the buildings already at Whalley.



What do you think?

Please tell us what you think of these ideas and options



1. Do you think people with a learning disability and/or autism should be supported in their community?



2. Some people have to live in locked places because of the Mental Health Act.

What should these locked places be like?



?

3. Do you think people should stay in the community and only go into hospital when there is no other choice?





4. What do you think about the two options?

Option 1 –

Option 2 –



Do you have any other ideas or anything else you want to say?

What happens next?



**Please give us your feedback before
23 February 2017**

Please give your comments to a member of staff or send your form to:

Oak House| Moorhead Way| Bramley|
Rotherham|South Yorkshire | S66 1YY

We will use all the feedback to write a report.

We will put it on the NHS England website for everyone to see.

When the decision is made we will tell everyone.

Thank you