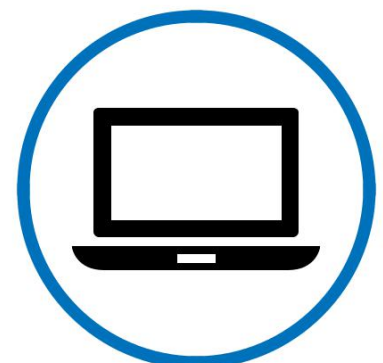


NHS Diabetes Programme

Digital innovations in diabetes

Our digital work supports both the prevention and treatment and care agendas.

- The new digital stream of the NHS Diabetes Prevention Programme went live in December 2017.
- Eight sites are implementing digital services and a centrally commissioned evaluation will provide an evidence base for digital behaviour change interventions, to inform future commissioning decisions. Five providers are working across these sites.
- An estimated 5000 people are expected to gain access to these digital interventions over the duration of the pilot.
- The new services allow those identified as being at risk of developing Type 2 to enrol onto a digital version of the NHS Diabetes Prevention Programme for help and support to prevent or delay the onset of the disease.
- The digital stream offers an alternative service to face to face programmes, widening access to diabetes prevention. It offers similar support, assistance and guidance using technologies, including wearables and apps.
- The eight sites involved in the evaluation are: North East London STP, Somerset, Humber, Coast and Vale, Bristol, North Somerset, South Gloucestershire STP, Buckinghamshire, Oxfordshire and Berkshire STP, Lancashire and South Cumbria STP, Salford (Greater Manchester STP) and South Cumbria, Central London, West London, Hammersmith & Fulham, Hounslow & Ealing (CWHHE).
- The pilot is being evaluated by RSM, and the qualitative evaluation has started taking place with local health economy sites, stakeholders and digital providers.
- We have also commissioned NHS Digital to develop a new resource aimed specifically at people with a new diagnosis of Type 1 diabetes. In April a new website will be launched on beta.nhs.uk including advice tailored to lifestyle, advice on getting emotional support, and educational content which can be accessed in more flexible ways.



Find out more about this stream of the NHS Diabetes Programme at www.england.nhs.uk/diabetes or email england.digitaldiabetes@nhs.net