

## CCG Mental Health Assessment 2017/18

### INDEPENDENT PANEL COMMENTARY

#### Overview

1. As chair of the NHS England's Independent Oversight and Advisory Group on Mental Health, which oversees the delivery of the mental health specific assessment of CCGs, I am pleased to see the continued focus on improving mental health services through greater transparency and continued scrutiny of progress that this assessment provides.
2. The results of this year's assessment illustrate that whilst progress is being made in many areas, and good practice exists across the country, there is still too much variation in the quality and availability of services people receive. As the level of our ambition for mental health services rightly increases, so too does the importance of ensuring local accountability and transparency of performance – so that good practice can be spread and those areas in need of additional support identified.
3. Together with the mental health dashboard, the mental health assessment of CCGs (using the indicators within the CCG Improvement and Assessment Framework) provides useful information to health care organisations, professionals and patients about how their local NHS services are performing, and is used by national teams to drive improvement through focused support.
4. For too long, too many people with mental health needs have struggled to get the support they need. As a result, these people may have experienced unequal outcomes compared to those with physical health needs, and been subject to stigma and discrimination. These issues have contributed to the considerable costs of mental ill health to the economy, NHS and society, which are estimated at £105 billion a year.
5. The 2017/18 mental health assessment of CCGs is focused on monitoring five core elements of NHS England's ambitious programme to transform mental health services, driven by the ambitions for 2021 set out in the Mental Health Five Year Forward View. These are:
  - (i) Improving access to and recovery rates for psychological therapies as part of the IAPT programme, so that at least 25% of people (or 1.5 million) with common mental health conditions access services each year, AND
  - (ii) At least 50% of adults receiving therapy will achieve recovery.
  - (iii) At least 60% of people with first episode psychosis will start NICE recommended treatment within two weeks of referral.
  - (iv) Out of area placements (OAPs) will essentially be eliminated for acute mental health care for adults.
  - (v) All areas will provide crisis resolution and home treatment teams (CRHTTs) resourced to operate in line with recognised best practice.

6. A further indicator for improving access to children and young people’s mental health services was included within this year’s framework but has not been reported against here, as national data is not currently considered sufficiently robust to accurately reflect CCG performance. A bespoke data collection for 2017/18 showed that nationally children and young people’s services appear to be on track to meet the 2021 ambition.

### Overall mental health rating

7. The results of the 2017/18 CCG IAF mental health assessment reflect the progress made across mental health services this year. They also usefully highlight where further progress is needed.
8. Overall, the distribution of CCGs across the ratings shows a reduction in those rated ‘inadequate’ (3 to 1) and ‘outstanding’ (13 to 3) and an increase in ‘requires improvement’ (102 to 105) and ‘good’ (91 to 98) compared to last year.
9. The increase in the number of CCGs in the middle two ratings is partly because the set of indicators included this year provide a more stringent and detailed assessment of progress. It also reflects our increasing ambition and expectations on services to deliver high quality care to an increasing number of people.
10. The three CCGs who were rated ‘outstanding’ in the mental health assessment this year were:
- NHS Stoke on Trent CCG
  - NHS Calderdale CCG
  - NHS Cambridgeshire and Peterborough CCG

### Performance on individual indicators

Table 1 - National performance against the CCG IAF indicators for mental health

Indicator	2016/17	2017/18
IAPT Recovery Rate (50% standard)	49.2% (Nov16 – Jan17)	50.7% (Dec17 – Feb18)
IAPT Access Rate (4.2% standard by Q4 of 17/18)	3.80% (Dec16 – Feb17)	3.95% (Dec17 – Feb18)
EIP (early intervention in psychosis) 2 week or less wait (50% standard for 2017/18)	80% (Mar16 – Feb17)	75% (Apr17 – Mar18)
Inappropriate OAP bed days per 100,00 population aged 18+	N/A	OAP bed days rate <10 in 37.7% of CCGs
Mental health crisis resolution and home treatment teams	N/A	Crisis teams in 23.7% of CCGs provide at least 4 out of the 5 functions

11. Overall, on individual indicators, we have seen some encouraging improvement. Access and recovery rates for IAPT services have both increased. Nationally, IAPT recovery rates have for the first time gone above the 50% standard.
12. The proportion of people waiting two weeks or less for EIP services remains well above the 50% standard for 2017/18 despite a drop since 2016/17. In 2018/19, a focused programme of work led by NHS England, NHS Improvement's Intensive Support Team and regional clinical leads and networks aims to improve performance against the standard with a focus on the quality of care.
13. The new indicators on out of area placements and mental health crisis team provision show that progress is being made, with the 2021 ambitions being either met or largely met by 38% and 24% of CCGs respectively. However, it's clear that further improvement is needed.
14. Each Sustainability and Transformation Partnership has now agreed a safe and sustainable trajectory for a reduction in inappropriate OAPs over the next three years, against which progress towards the national ambition will be monitored.
15. NHS England will be working with NHS Improvement's Intensive Support Team and regional clinical leads and networks, to support crisis resolution and home treatment teams and crisis services to meet core functions to address the gaps in provision.

### **Driving improvement through regional and local systems**

16. NHS England will be working with all CCGs, especially those identified through this assessment to have specific areas of need. This includes regular regional 'deep dive' meetings, which provide a valuable opportunity for regions and NHS England to identify CCGs that are most in need of improvement so that additional support can be provided.
17. I encourage CCGs to use the available resources to support the mental health element of their delivery plans.
18. Service transformation should also be driven by the experience of people with mental health problems, families, voluntary organisations and other local stakeholders. Every CCG should also consider the diversity of local communities and identify areas where progress can be made to reduce inequalities.
19. On behalf of the Group, I would like to take this opportunity to thank you for your continued efforts to improve mental health services.

**Paul Farmer, Chair of NHS England's Independent Advisory and Oversight Group on mental health**

## Annex A – Methodology and scoring system for assessment

Each CCG is assigned one of four ratings based on their performance against five indicators:

1. Improving Access to Psychological Therapies (IAPT) – recovery
2. Improving Access to Psychological Therapies – access
3. People with first episode of psychosis starting treatment with a NICE-recommended package of care treated within 2 weeks of referral
4. Inappropriate out of area placement bed days
5. Crisis resolution and home treatment (CRHT) services provision

A further indicator for improving access to children and young people’s mental health services was included within this year’s framework but has not been used in the rating calculation because the available data is not currently considered sufficiently robust to accurately reflect CCG performance.

A CCG is given a score of between 0 and 2 for each indicator based on their compliance with expected levels of performance and comparison to other CCGs. Indicators were scored using one of three different approaches depending on the statistical properties of that indicator.

### IAPT recovery rate & EIP waits indicators

For the IAPT recovery and EIP indicators, the score is based on whether the CCG is above or below the current performance standard (50%) and whether this is a statistically significant difference. Scores are assigned as shown in table 1a:

**Table 1a. Mental health indicator banding method for IAPT and EIP indicators**

Indicator (Time period used)	Indicator scores	Benchmark
Improving access to psychological therapies recovery rate (Dec-17 – Feb-18)	Significantly below the national standard = 0 Below the national standard = 0.75 Above the national standard = 1.25 Significantly above the national standard = 2	National standard (50%)
Early intervention in psychosis waiting times (Apr-17 – Mar-18)	Significantly below the national standard = 0 Below the national standard = 0.75 Above the national standard = 1.25 Significantly above the national standard = 2	National standard (50%)

For the IAPT access rate indicator, the score is based on whether the CGG is significantly above or below the national mean performance. Scores are assigned as shown in table 1b:

**Table 1b. Mental health indicator banding method for IAPT access rate**

Indicator (Time period used)	Indicator scores	Benchmark
Improving access to psychological therapies access rate (Dec-17 – Feb-18)	Significantly below the national average = 0 Similar to the national average = 1 Significantly above the national average = 2	National average (3.95%)

The inappropriate out of area placement bed day and crisis resolution and home treatment team indicators do not allow statistical significance testing to be performed, the score for these indicators is based on whether the CGG is above or below defined thresholds. Scores are assigned as shown in table 1c:

**Table 1c. Mental health indicator banding method for inappropriate out of area Placements and crisis team provision**

Indicator (Time period used)	Indicator scores
Inappropriate out of area placement bed days (2017/18 Q4)	Indicator value above 200 per 100,000 population = 0 Indicator value equal to or above 10 and below 200 per 100,000 population = 1 Indicator value below 10 per 100,000 population = 2
Crisis resolution and home treatment services provision (2017/18 Q4)	Indicator value below 40% = 0 Indicator value equal to or above 40% and below 80% =0.75 Indicator value equal to or above 80% and below 100% =1.25 Indicator value equal to 100% = 2

A mean score is then taken across the five indicators and CGGs are assigned a rating using the thresholds in table 2:

**Table 2. Mental health assessment thresholds**

Rating	Score range
Outstanding	Above or equal to 1.7
Good	Above or equal to 1.2 and below 1.7
Requires Improvement	Above or equal to 0.5 and below 1.2
Inadequate	Below 0.5

## Annex B – CCG mental health assessment ratings 2017/18

CCG name	2017/18 Mental Health Assessment Rating
NHS Airedale, Wharfedale and Craven CCG	Good
NHS Ashford CCG	Good
NHS Aylesbury Vale CCG	Good
NHS Barking and Dagenham CCG	Good
NHS Barnet CCG	Requires Improvement
NHS Barnsley CCG	Good
NHS Basildon and Brentwood CCG	Good
NHS Bassetlaw CCG	Requires Improvement
NHS Bath and North East Somerset CCG	Good
NHS Bedfordshire CCG	Good
NHS Bexley CCG	Requires Improvement
NHS Birmingham Crosscity CCG	Good
NHS Birmingham South and Central CCG	Good
NHS Blackburn with Darwen CCG	Requires Improvement
NHS Blackpool CCG	Requires Improvement
NHS Bolton CCG	Requires Improvement
NHS Bracknell and Ascot CCG	Good
NHS Bradford City CCG	Requires Improvement
NHS Bradford Districts CCG	Good
NHS Brent CCG	Good
NHS Brighton and Hove CCG	Requires Improvement
NHS Bristol CCG	Requires Improvement
NHS Bromley CCG	Requires Improvement
NHS Bury CCG	Requires Improvement
NHS Calderdale CCG	Good
NHS Cambridgeshire and Peterborough CCG	Good
NHS Camden CCG	Requires Improvement
NHS Cannock Chase CCG	Good
NHS Canterbury and Coastal CCG	Good
NHS Castle Point and Rochford CCG	Good
NHS Central London (Westminster) CCG	Good
NHS Chiltern CCG	Requires Improvement
NHS Chorley and South Ribble CCG	Requires Improvement
NHS City and Hackney CCG	Good
NHS Coastal West Sussex CCG	Requires Improvement
NHS Corby CCG	Requires Improvement
NHS Coventry and Rugby CCG	Requires Improvement
NHS Crawley CCG	Requires Improvement
NHS Croydon CCG	Requires Improvement
NHS Darlington CCG	Requires Improvement
NHS Dartford, Gravesham and Swanley CCG	Good
NHS Doncaster CCG	Good
NHS Dorset CCG	Good
NHS Dudley CCG	Requires Improvement

<b>CCG name</b>	<b>2017/18 Mental Health Assessment Rating</b>
NHS Durham Dales, Easington and Sedgefield CCG	Good
NHS Ealing CCG	Requires Improvement
NHS East and North Hertfordshire CCG	Good
NHS East Lancashire CCG	Requires Improvement
NHS East Leicestershire and Rutland CCG	Requires Improvement
NHS East Riding of Yorkshire CCG	Good
NHS East Staffordshire CCG	Good
NHS East Surrey CCG	Requires Improvement
NHS Eastbourne, Hailsham and Seaford CCG	Requires Improvement
NHS Eastern Cheshire CCG	Good
NHS Enfield CCG	Good
NHS Erewash CCG	Good
NHS Fareham and Gosport CCG	Requires Improvement
NHS Fylde & Wyre CCG	Good
NHS Gloucestershire CCG	Good
NHS Great Yarmouth and Waveney CCG	Requires Improvement
NHS Greater Huddersfield CCG	Good
NHS Greater Preston CCG	Requires Improvement
NHS Greenwich CCG	Requires Improvement
NHS Guildford and Waverley CCG	Requires Improvement
NHS Halton CCG	Good
NHS Hambleton, Richmondshire and Whitby CCG	Requires Improvement
NHS Hammersmith and Fulham CCG	Requires Improvement
NHS Hardwick CCG	Good
NHS Haringey CCG	Requires Improvement
NHS Harrogate and Rural District CCG	Requires Improvement
NHS Harrow CCG	Good
NHS Hartlepool and Stockton-on-Tees CCG	Good
NHS Hastings and Rother CCG	Requires Improvement
NHS Havering CCG	Good
NHS Herefordshire CCG	Requires Improvement
NHS Herts Valleys CCG	Good
NHS Heywood, Middleton and Rochdale CCG	Inadequate
NHS High Weald Lewes Havens CCG	Good
NHS Hillingdon CCG	Good
NHS Horsham and Mid Sussex CCG	Requires Improvement
NHS Hounslow CCG	Requires Improvement
NHS Hull CCG	Good
NHS Ipswich and East Suffolk CCG	Requires Improvement
NHS Isle of Wight CCG	Good
NHS Islington CCG	Good
NHS Kernow CCG	Requires Improvement
NHS Kingston CCG	Good
NHS Knowsley CCG	Requires Improvement
NHS Lambeth CCG	Requires Improvement
NHS Leeds North CCG	Requires Improvement

<b>CCG name</b>	<b>2017/18 Mental Health Assessment Rating</b>
NHS Leeds South and East CCG	Requires Improvement
NHS Leeds West CCG	Good
NHS Leicester City CCG	Requires Improvement
NHS Lewisham CCG	Good
NHS Lincolnshire East CCG	Requires Improvement
NHS Lincolnshire West CCG	Requires Improvement
NHS Liverpool CCG	Requires Improvement
NHS Luton CCG	Requires Improvement
NHS Manchester CCG	Requires Improvement
NHS Mansfield and Ashfield CCG	Requires Improvement
NHS Medway CCG	Good
NHS Merton CCG	Requires Improvement
NHS Mid Essex CCG	Requires Improvement
NHS Milton Keynes CCG	Good
NHS Morecambe Bay CCG	Requires Improvement
NHS Nene CCG	Requires Improvement
NHS Newark & Sherwood CCG	Requires Improvement
NHS Newbury and District CCG	Good
NHS Newcastle Gateshead CCG	Good
NHS Newham CCG	Requires Improvement
NHS North & West Reading CCG	Good
NHS North Cumbria CCG	Good
NHS North Derbyshire CCG	Good
NHS North Durham CCG	Outstanding
NHS North East Essex CCG	Requires Improvement
NHS North East Hampshire and Farnham CCG	Good
NHS North East Lincolnshire CCG	Requires Improvement
NHS North Hampshire CCG	Requires Improvement
NHS North Kirklees CCG	Requires Improvement
NHS North Lincolnshire CCG	Good
NHS North Norfolk CCG	Requires Improvement
NHS North Somerset CCG	Requires Improvement
NHS North Staffordshire CCG	Good
NHS North Tyneside CCG	Outstanding
NHS North West Surrey CCG	Requires Improvement
NHS North, East, West Devon CCG	Requires Improvement
NHS Northumberland CCG	Outstanding
NHS Norwich CCG	Requires Improvement
NHS Nottingham City CCG	Requires Improvement
NHS Nottingham North and East CCG	Requires Improvement
NHS Nottingham West CCG	Requires Improvement
NHS Oldham CCG	Inadequate
NHS Oxfordshire CCG	Good
NHS Portsmouth CCG	Good
NHS Redbridge CCG	Requires Improvement
NHS Redditch and Bromsgrove CCG	Good

<b>CCG name</b>	<b>2017/18 Mental Health Assessment Rating</b>
NHS Richmond CCG	Good
NHS Rotherham CCG	Good
NHS Rushcliffe CCG	Requires Improvement
NHS Salford CCG	Requires Improvement
NHS Sandwell and West Birmingham CCG	Good
NHS Scarborough and Ryedale CCG	Requires Improvement
NHS Sheffield CCG	Requires Improvement
NHS Shropshire CCG	Requires Improvement
NHS Slough CCG	Requires Improvement
NHS Solihull CCG	Good
NHS Somerset CCG	Requires Improvement
NHS South Cheshire CCG	Good
NHS South Devon and Torbay CCG	Requires Improvement
NHS South East Staffs and Seisdon Peninsular CCG	Good
NHS South Eastern Hampshire CCG	Requires Improvement
NHS South Gloucestershire CCG	Requires Improvement
NHS South Kent Coast CCG	Good
NHS South Lincolnshire CCG	Requires Improvement
NHS South Norfolk CCG	Requires Improvement
NHS South Reading CCG	Requires Improvement
NHS South Sefton CCG	Requires Improvement
NHS South Tees CCG	Good
NHS South Tyneside CCG	Outstanding
NHS South Warwickshire CCG	Requires Improvement
NHS South West Lincolnshire CCG	Requires Improvement
NHS South Worcestershire CCG	Good
NHS Southampton CCG	Requires Improvement
NHS Southend CCG	Good
NHS Southern Derbyshire CCG	Good
NHS Southport and Formby CCG	Good
NHS Southwark CCG	Requires Improvement
NHS St Helens CCG	Good
NHS Stafford and Surrounds CCG	Good
NHS Stockport CCG	Good
NHS Stoke on Trent CCG	Good
NHS Sunderland CCG	Good
NHS Surrey Downs CCG	Good
NHS Surrey Heath CCG	Good
NHS Sutton CCG	Good
NHS Swale CCG	Good
NHS Swindon CCG	Requires Improvement
NHS Tameside and Glossop CCG	Requires Improvement
NHS Telford and Wrekin CCG	Requires Improvement
NHS Thanet CCG	Good
NHS Thurrock CCG	Good
NHS Tower Hamlets CCG	Requires Improvement

<b>CCG name</b>	<b>2017/18 Mental Health Assessment Rating</b>
NHS Trafford CCG	Requires Improvement
NHS Vale of York CCG	Requires Improvement
NHS Vale Royal CCG	Good
NHS Wakefield CCG	Requires Improvement
NHS Walsall CCG	Good
NHS Waltham Forest CCG	Requires Improvement
NHS Wandsworth CCG	Requires Improvement
NHS Warrington CCG	Good
NHS Warwickshire North CCG	Requires Improvement
NHS West Cheshire CCG	Good
NHS West Essex CCG	Requires Improvement
NHS West Hampshire CCG	Requires Improvement
NHS West Kent CCG	Good
NHS West Lancashire CCG	Requires Improvement
NHS West Leicestershire CCG	Requires Improvement
NHS West London (K&C & QPP) CCG	Good
NHS West Norfolk CCG	Requires Improvement
NHS West Suffolk CCG	Requires Improvement
NHS Wigan Borough CCG	Good
NHS Wiltshire CCG	Good
NHS Windsor, Ascot and Maidenhead CCG	Good
NHS Wirral CCG	Good
NHS Wokingham CCG	Requires Improvement
NHS Wolverhampton CCG	Good
NHS Wyre Forest CCG	Good