# **Managing a Healthy Weight in Adult Medium & Low Secure Services CQUIN – National Reporting Template – 2019/20**

|  |  |
| --- | --- |
| Provider | *Enter text* |
| Service name (including ward names) | *Enter text* |
| Level of security (medium/low) | *Enter text* |
| Male/Female | *Enter text* |
| Service Type – (LD, Autism, MI, PD, Secure ABI, Secure Deaf, WEMSS) | *Enter text* |
| Number of commissioned beds in service | *Enter text* |
| Name of lead in provider completing template | *Enter text* |
| NHS E Commissioning Team managing contract | *Enter text* |
| Name of Lead for contract from NHS E Commissioning Team | *Enter text* |

## **Quarter 1 and Quarter 2**

### **Narrative Report - provide a narrative report providing the following information for each quarter**

1. Establish and describe baseline position, identify and articulate changes required within service to deliver ambition within CQUIN. Include narrative that illustrates robust understanding of why change is required.

*Enter text*

1. Provide information about existing programmes/ and work already taking place. Describe the plans around new co-produced programmes being established – including relevant metrics (as described below), delivery mechanisms/approach and the resources required to deliver against the plan within the programme, against the baseline established.

Please include information under headings related to the developed work streams: -

* Food and Nutrition
* Physical Activity
* Treatment Interventions (including medication)
* Workforce (skills, knowledge and confidence)

*Enter text*

1. Describe the governance process (including reporting and communication) that will oversee the programme, ensuring that is includes experts by experience. Describe the corporate/ senior clinical and management commitment to the programme as part of the governance process, clearly identifying the senior people involved, their job title and role within organisation.

*Enter text*

1. Articulate how the service is engaging with the work of the Adult Secure Clinical Reference Group, and associated Task and Finish Group. The Adult Secure CRG Task and Finish Group has provided information to contracted providers via regional specialised commissioning contracting teams.

Providers can engage with the T&F group by: -

* contributing to the development of guidelines and commenting on drafts.
* Supporting the involvement of service users and carers in this work
* Sharing good practice examples and ideas – this can be directly with the T&F grp or via the RcPsych Forensic Quality Network Knowledge Hub.

*Enter text*

### **Information to be included in each submission (benchmarking data) with the narrative report – each quarter 1,2,3 and 4.**

1. Patient scores on Simple Physical Activity Questionnaire (SIMPAQ), BMI, and Warwick Edinburgh Mental Wellbeing Score (WEMWS) showing changes over time
2. Number of eligible patients receiving lifestyle intervention programme. This could include liaison with local tertiary obesity and weight management services and initiation of specific medical treatments for obesity.
3. Recognising that new programmes will take some time for outcomes to be evident, please also include any data related to programmes already in place. Please include the number of patients who have benefitted from these programmes in 2018/19 where this data is available.

*Enter text*

Note- reference information included in the Appendix to the [CQUIN](https://www.england.nhs.uk/wp-content/uploads/2019/03/PSS4-Healthy-Weight-in-Adult-Secure-MH-Services-PSS-CQUIN-Indicator-1920.pdf)

## **Quarter 3**

### **A. Narrative report**

1. Describe the implementation of the programme, identifying where, how and why change has occurred. Where interventions have already been in place for some time, please describe those interventions.
2. Explain how the drivers most likely to affect change have been identified and how this reflects the advice of dietitians, and other professionals, heathier food provision and uptake.
3. Include evidence of progress made against the programme – include changes at corporate, service, ward and patient level, reference these to the baseline established in quarter 1 and 2.
4. Articulate how the service is engaging with the work of the Adult Secure Clinical Reference Group, and associated Task and Finish Group.

*Enter text*

1. Please include information under headings related to the developed work streams: -

* Food and Nutrition
* Physical Activity
* Treatment Interventions (including medication)
* Workforce (skills, knowledge and confidence)

*Enter text*

### **Information to be included in each submission (benchmarking data) with the narrative report – each quarter 1,2,3 and 4.**

1. Patient scores on Simple Physical Activity Questionnaire (SIMPAQ), BMI, and Warwick Edinburgh Mental Wellbeing Score (WEMWS) showing changes over time

2. Number of eligible patients receiving lifestyle intervention programme. This could include liaison with local tertiary obesity and weight management services and initiation of specific medical treatments for obesity.

*Enter text*

Note- reference information included in the Appendix to the [CQUIN](https://www.england.nhs.uk/wp-content/uploads/2019/03/PSS4-Healthy-Weight-in-Adult-Secure-MH-Services-PSS-CQUIN-Indicator-1920.pdf)

**Quarter 4**

### **Narrative report at quarter end**

1. Provide a co-produced (with experts by experience) annual report by service – reflecting on the changes throughout the year.

*Enter text*

1. Include a description of the impact and evaluation that has taken place.

*Enter text*

1. Explain how this work will be built upon in 2020/21.

*Enter text*

### **Information to be included in each submission (benchmarking data) with the narrative report – each quarter 1,2,3 and 4.**

1.Patient scores on Simple Physical Activity Questionnaire (SIMPAQ), BMI, and Warwick Edinburgh Mental Wellbeing Score (WEMWS) showing changes over time

2. Number of eligible patients receiving lifestyle intervention programme. This could include liaison with local tertiary obesity and weight management services and initiation of specific medical treatments for obesity.

*Enter text*

Note- reference information included in the Appendix to the [CQUIN](https://www.england.nhs.uk/wp-content/uploads/2019/03/PSS4-Healthy-Weight-in-Adult-Secure-MH-Services-PSS-CQUIN-Indicator-1920.pdf)