



# Mental Health Investment Standard: Categories of Mental Health expenditure

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**Mental Health Investment Standard (MHIS): Categories of Mental Health expenditure**

MHIS categories have been updated to reflect the priorities of the NHS Long Term Plan and this has led to considerable change to some category descriptors. Whilst these categories differ from the 2019/20 Operational Planning template, they are consistent with recently submitted strategic plans. NHS England and NHS Improvement have held webinars on the new categories, any additional queries on these categories should be directed to: [england.mhinfrastructure@nhs.net](mailto:england.mhinfrastructure@nhs.net)

The following table outlines for each category, the expenditure that is in scope for that category, and the expenditure items that are out of scope for each category.

Category	In scope for this category	Out of scope for this category
1. Children & Young People's Mental Health (excluding LD)	<p>This category includes expenditure on services for children and young people's mental health across the <b>whole care pathway</b>, from early years' settings through to crisis care and intensive support:</p> <ul style="list-style-type: none"> <li>• Services in primary and community settings, including acute hospitals;</li> <li>• NHS services, including CYP MH services commissioned or co-commissioned from or delivered in local authorities, schools, further education colleges and the voluntary sector;</li> <li>• Funding to deliver Mental Health Support Teams in schools and colleges or as a Waiting Time Pilot;</li> <li>• Any relevant spend for the 18-25 cohort as part of delivering a comprehensive service for 0-25 as set out in the LTP.</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>• LD and autism (this should be included in the LD line).</li> </ul>
2. Children & Young People's Eating Disorders	<p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>• Eating disorders for children and young people and their families/carers for delivery of dedicated community eating disorder services in line with the evidence-based treatment pathway for ED (2015).</li> </ul>	

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<p>3. Perinatal Mental Health (Community)</p>	<p>This category includes expenditure on:</p> <ul style="list-style-type: none"><li>• Specialist perinatal mental health community services providing multi-disciplinary assessment, treatment and care in a community setting, which also includes:<ul style="list-style-type: none"><li>- Evidence-based psychological interventions;</li><li>- Treatment for women experiencing, with a history, and/or at high risk of serious mental ill health during pregnancy or the first year after birth extending to the second postnatal year by 2023/24.</li></ul></li><li>• Services to include advice, training and assistance to primary care, maternity, acute and other mental health services on the treatment and management of serious perinatal mental illness, as well as expenditure on supervision/oversight for staff in maternity outreach clinics (see below);</li><li>• Any relevant spend for the 18-25 cohort as part of delivering a comprehensive service for 0-25 as set out in the LTP;</li><li>• Specialist perinatal mental health community services that work with women and families for an extended period, expected to be from time of conception to 24 months after the birth of the child by 2023/24, up from current time of conception until 12 months after birth of the child;</li><li>• Services providing targeted assessment, treatment and care in a community setting for cohorts of women who experience mental health difficulties arising directly from, or related to, the maternity experience (Maternity Outreach Clinics); likely to include a range of midwifery, psychological reproductive health inputs to work with women with mental health difficulties arising from birth trauma, severe fear of childbirth (tokophobia) and loss;</li></ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"><li>• Activity potentially badged as 'perinatal' but taking place in generic community mental health services, or crisis or liaison services; this should be included in the category for the relevant service;</li><li>• Maternity-led bereavement services (this should be reported as maternity spend and should not count toward the MHIS);</li><li>• Specialist midwives, health visitors (this should be reported as maternity spend and should not count toward the MHIS) and IAPT workers (this should be included in 4. IAPT).</li></ul>
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Category	In scope for this category	Out of scope for this category
	<ul style="list-style-type: none"> <li>• Multi-disciplinary specialised perinatal community mental health teams including:               <ul style="list-style-type: none"> <li>- Medical;</li> <li>- Psychological;</li> <li>- Nursing;</li> <li>- Occupational Therapy;</li> <li>- Social care;</li> <li>- Pharmacy;</li> <li>- Peer support;</li> </ul> </li> <li>• All different types of maternity outreach clinic contracts (it is envisaged that some maternity outreach clinics may be commissioned from mental health providers, some from maternity providers and some from a combination of both; all should be included in this category)</li> </ul>	
<p>4. Improved access to psychological therapies for people with common mental health problems (adult and older adult)</p>	<p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>• Improving Access to Psychological Therapies (IAPT) only, including IAPT services embedded in general health care pathways for people with long term conditions;</li> <li>• Any relevant spend for the 18-25 cohort as part of delivering a comprehensive service for 0-25 as set out in the LTP.</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>• Psychological therapies for Serious Mental Illness (SMI) (this should go into line 9, community mental health);</li> <li>• Children and Young People's IAPT services (this should be in 1. CYP MH).</li> </ul>

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Category	In scope for this category	Out of scope for this category
<p>5. A &amp; E and Ward Liaison mental health services (adult and older adult)</p>	<p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>• Mental health liaison ('liaison psychiatry') services based in general acute hospitals;               <ul style="list-style-type: none"> <li>- These are distinct, specialist mental health teams based in general hospitals that provide mental health assessment, treatment and care planning in general hospital emergency departments and inpatient wards for adults of all ages.</li> </ul> </li> <li>• Any relevant spend for the 18-25 cohort as part of delivering a comprehensive service for 0-25 as set out in the LTP.</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>• Community-based crisis resolution home treatment teams that provide in-reach mental health crisis care to general hospitals. (This should go into 7. Adult community crisis).</li> </ul>
<p>6. Early Intervention in Psychosis (EIP) team (ages 14 - 65)</p>	<p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>• Specialist Early Intervention in Psychosis (EIP) teams that have been commissioned to provide the full range of psychological, psychosocial, pharmacological and other interventions shown to be effective in NICE guidelines and quality standards, including support for families and carers. EIP services also triage, assess and treat people with an 'at risk mental state' (people at high risk of developing psychosis), as well as help those not triaged to access appropriate treatment and support;</li> <li>• Any relevant spend for the 18-25 cohort as part of delivering a comprehensive service for 0-25 as set out in the LTP</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>• 'EIP activity' in generic community mental health services (this should be included in 9. Community mental health).</li> </ul>

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<p>7. Adult community crisis (adult and older adult)</p>	<p>This category includes expenditure on all CCG commissioned services that provide urgent, emergency and acute mental health care outside of A&amp;E or inpatient settings, including:</p> <ul style="list-style-type: none"> <li>• <b>Crisis home resolution treatment teams (CRHTs)</b> that exist in all areas providing the functions of initial urgent and emergency mental health response in communities, usually to people's homes – as well as intensive home treatment for a time limited period as an alternative to inpatient mental health admission;             <ul style="list-style-type: none"> <li>- In most cases, one team provides both functions of community crisis response and ongoing home treatment, in some areas these functions will be separated – with separate teams providing the urgent and emergency mental health response (immediate assessment and treatment) and the ongoing home treatment; in these instances, the expenditure on the teams providing both of these functions should be combined.</li> </ul> </li> <li>• <b>Crisis houses</b> (usually used as an alternative to admission, often run by voluntary sector);</li> <li>• <b>Crisis cafes / sanctuaries / havens</b> (often used as an alternative for people experiencing crisis / pre-crisis);</li> <li>• <b>Police liaison / street triage</b> (CCG expenditure on services jointly commissioned with police services, e.g. mental health nurses in control rooms, police cars);</li> <li>• <b>Single points of access / crisis telephone helplines;</b></li> <li>• Any relevant spend for the 18-25 cohort as part of delivering a comprehensive service for 0-25 as set out in the LTP;</li> <li>• <b>Psychiatric decision units</b> (short term assessment and observation units intended to continue assessment, consider alternatives to admission);</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>• CRHT activity' in generic community mental health services (this should be included in 9. Community mental health);</li> <li>• Mental health provision from ambulance services (this should be in 8. Ambulance response services).</li> </ul>
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Category	In scope for this category	Out of scope for this category
	<ul style="list-style-type: none"> <li>• <b>Acute day care Services</b> (usually act as a step up/down service from inpatient care as part of the acute mental health pathway; they usually offer assessment, treatment, activities and care planning for a time-limited period);</li> <li>• <b>Section 136 suites</b> (for assessment of people detained under section 136 of the Mental Health Act 1983;</li> <li>• <b>Any other ‘crisis alternative’ services.</b></li> </ul>	
8. Ambulance response services	<p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>• Mental health specific initiatives from ambulance services, such as dedicated ambulance response vehicles, MH professionals supporting triage.</li> </ul>	<p>This category does not include:</p> <ul style="list-style-type: none"> <li>• Expenditure on usual ambulance response to mental health calls (this would not be included in MH spend).</li> </ul>



<p>9. Community mental health, including new integrated models (adult and older adult, excluding dementia)</p>	<p><b>This category has significant changes since 19/20 planning</b></p> <p>Note: Community mental health services comprise multi-disciplinary teams offering specialist assessment, treatment and care to adults and older adults (aged 18 to end of life) with mental health problems in their own homes and in the community</p> <p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>• Assessment and brief intervention teams;</li> <li>• Recovery teams;</li> <li>• Community mental health rehabilitation teams;</li> <li>• Assertive outreach teams;</li> <li>• Generic community mental health teams – for adults and older adults;</li> <li>• Individual Placement and Support employment services for people under the care of a CMHT from 2021/22, when transformation funding moves into CCG baselines;</li> <li>• Specialist primary care mental health provision for people with moderate to severe mental health problems (excluding IAPT);</li> <li>• Psychological therapies for people with severe mental illnesses (psychosis, bipolar disorder, ‘personality disorder’; expenditure on therapies for other conditions such as PTSD may be included);</li> <li>• Community mental health care and support commissioned from the voluntary / independent / third sector;</li> <li>• Dedicated community-based ‘personality disorder’ services or teams (sometimes known as ‘Tier 3’ services);</li> <li>• Dedicated community eating disorder services;</li> <li>• Individual Placement and Support employment services for people under the care of a CMHT from 2021/22, when transformation funding moves into CCG baselines</li> <li>• New models of integrated and community mental health care for</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>• Physical health assessment and follow up intervention (as required), for people with severe mental illness (SMI), across both primary and secondary care settings (to be included in 10. SMI Physical Health Checks).</li> </ul>
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Category	In scope for this category	Out of scope for this category
	<p>adults and older adults (include expenditure on services that provide support to older adults with functional mental health needs but must not include expenditure on services that provide only dementia support);</p> <ul style="list-style-type: none"> <li>Any relevant spend for the 18-25 cohort as part of delivering a comprehensive service for 0-25 as set out in the LTP.</li> </ul>	
<p>10.SMI Physical Health Checks</p>	<p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>Physical health assessment and follow up intervention (as required), for people with severe mental illness (SMI), across both primary and secondary care settings</li> <li>Any relevant spend for the 18-25 cohort as part of delivering a comprehensive service for 0-25 as set out in the LTP</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>Any other assessment, intervention or care in community mental health or new integrated models (this would be included in 9. Community mental health)</li> </ul>
<p>11. Mental Health Act 1983</p>	<p>This category includes CCG-commissioned expenditure on:</p> <ul style="list-style-type: none"> <li>Long term care for clients following detention under sections 3 and 117 of the Mental Health Act 1983;</li> <li>Section 12 of the MHA – this relates to CCG remuneration of section 12 - approved doctors for the assessments/interviews they undertake and medical recommendations they make under the Mental Health Act 1983 (previously likely to have been included within Other Adult and Older Adult – non inpatient (excluding dementia)).</li> </ul>	
<p>12.Suicide Prevention</p>	<p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>Specific NHS-based suicide prevention initiatives relating to mental health patient safety in primary care, inpatient or community settings;</li> <li>Any expenditure contributed by CCGs to wider local suicide prevention work led by public health teams in local authorities.</li> </ul>	

Category	In scope for this category	Out of scope for this category
<p>13. Acute Inpatient services (adult and older adult)</p>	<p><b>This is a new category for operational planning that was included in the LTP; spend in this area will have previously been reported within <i>Other adult and older adult - inpatient mental health (excluding dementia)</i></b></p> <p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>• <b>Acute inpatient services</b>, defined as acute beds for male and female adults to provide care with intensive medical and nursing support for patients in periods of acute psychiatric illness;</li> <li>• Money spent as part of the LTP to improve therapeutic offer in adult acute inpatient settings (this could include staffing or resources required to deliver this care);</li> <li>• <b>Psychiatric intensive care units (PICU)</b> - psychiatric intensive care for compulsorily detained patients of adult working age who are in an acutely disturbed phase of a serious mental disorder (secure means locked wards and entry and exit of patients is controlled, higher staffing levels than on an acute inpatient ward, usually multi-disciplinary and sometimes with 1:1 nursing staffing ratios);</li> <li>• <b>Older adult inpatient services</b> - for the psychiatric care of older patients on older adult mental health wards, who are living with frailty alongside a functional mental illness (for example psychosis, affective and behavioural disorders) including complex co-morbidities;</li> <li>• Any relevant spend for the 18-25 cohort as part of delivering a comprehensive service for 0-25 as set out in the LTP.</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>• Dementia care and treatment (this would be included in dementia spend);</li> <li>• <b>Longer-term complex care/continuing care units</b> (this should be in 14. Other adult and older adult – inpatient);</li> <li>• Any CCG commissioned independent sector provision for adult mental health services, including expenditure on <b>Out of Area Placements (OAPs)</b> (this should be in 14. Other adult and older adult – inpatient).</li> </ul>

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Category	In scope for this category	Out of scope for this category
<p>14. Other adult and older adult - <b>inpatient mental health</b> (excluding dementia)</p>	<p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>• <b>Longer-term complex care/continuing care units</b>; patients with high levels of disability including those with co-morbidity who have limited potential for future improvement and continue to pose significant risk to their own health or safety, or to that of others, such units can be community or hospital based and domestic services are provided;</li> <li>• Any CCG commissioned independent sector provision for adult mental health services, including expenditure on <b>Out of Area Placements (OAPs)</b>.</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>• Acute inpatient services;</li> <li>• Psychiatric intensive care units (PICU);</li> <li>• Older adult inpatient services;</li> </ul> <p><i>These services are now included in 13. Acute Inpatient services (adult and older adult).</i></p> <ul style="list-style-type: none"> <li>• Dementia care and treatment (this should be included in dementia spend)</li> </ul>
<p>15. Other adult and older adult (non-inpatient; excluding dementia)</p>	<p><b>This category has been removed</b></p> <p><b>Activity previously in this category should be included in 7. Adult Community Crisis (adult and older adult)</b></p>	

<p>16. Mental health prescribing – NONCORE ONLY</p>	<p>Expenditure on prescribing on mental health drugs should be in line with NICE guidance, or (where available and appropriate) in line with recommendations from regional medicines optimisation committees. We ask CCGs to specify whether expenditure is NHSBA EPACT system actual costs or NIC (net ingredient costs).</p> <p>Where drugs can be used for multiple conditions, only the expenditure on such drugs which are used to treat a mental health condition should be included; CCGs may need local clinical input to enable appropriate apportionments to be made.</p> <p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>• <b>Hypnotics and anxiolytics</b> (BNF legacy 4.1 or equivalent therapeutic class defined by the BNF, excluding pregabalin); <ul style="list-style-type: none"> <li>- Include an estimate of expenditure for pregabalin when used as an anxiolytic only.</li> </ul> </li> <li>• <b>Drugs used in psychosis and related disorder:</b> <ul style="list-style-type: none"> <li>- Oral antipsychotic drugs (BNF legacy 4.2.1 or equivalent therapeutic class defined by the BNF, excluding prochlorperazine);</li> <li>- Depot /long acting antipsychotic drug (BNF legacy 4.2.2 or equivalent therapeutic class defined by the BNF);</li> <li>- Drugs used for mania &amp; hypomania (BNF Legacy 4.2.3 or equivalent therapeutic class defined by the BNF) (excluding carbamazepine and sodium valproate);</li> <li>- Include an estimate for carbamazepine and sodium valproate when used for mania /hypomania (excludes use in other conditions).</li> </ul> </li> <li>• <b>Antidepressant drugs</b> (BNF Legacy 4.3 or equivalent therapeutic class defined by the BNF), excluding amitriptyline and nortriptyline;</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>• Drugs prescribed for Dementia (to be included in the Dementia spend, NOT in Prescribing);</li> <li>• Expenditure on the same drugs that are being used to treat NON-mental health conditions (this would not be included in the MH categories).</li> </ul>
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Category	In scope for this category	Out of scope for this category
	<ul style="list-style-type: none"> <li>- Include an estimate of expenditure for amitriptyline/nortriptyline when used as an antidepressant.</li> <li>• <b>CNS stimulants and drugs used in the management of hyperactivity disorder</b> (BNF Legacy 4.4 or equivalent therapeutic class defined by the BNF).</li> </ul>	
17. Mental Health in continuing healthcare – NONCORE ONLY	<p>This category includes expenditure on:</p> <ul style="list-style-type: none"> <li>• Any expenditure coded to continuing health care cost centres which relates to mental health conditions should be included as non-core mental health expenditure.</li> </ul>	<p>This category does not include expenditure on:</p> <ul style="list-style-type: none"> <li>• Any Dementia costs in CHC (to be included in the Dementia category line);</li> <li>• Expenditure on CHC for NON-mental health conditions (this would not be included in the MH categories).</li> </ul>