

## Our nursing and midwifery people

**Josie Barcial - Deputy Manager, Watlington and District Nursing Home, Oxfordshire, Sanctuary Care**

### On a typical day

I support the home manager in their duties and organise the rota to ensure we have a good skill mix among the staff on duty. I also oversee clinical audits, medication records and care plans as well as assess new residents before they come to the home.

### One way I've made a difference as a nurse or midwife

End of life care is always a challenge but I feel privileged to have been able to support residents and their families during these times. This has been through fulfilling the wishes of residents, supporting relatives and helping them with any information they might need, while remaining respectful at all times.

In these circumstances, I feel it is not only the resident that it is my responsibility to care for but also the family.

### What would you say to someone considering a career in nursing or midwifery?

You need to have your heart in care and be willing to make sacrifices.

**Find out more about our nursing and midwifery people stories, and how you can submit yours, by contacting us at: [England.nandm2020@nhs.net](mailto:England.nandm2020@nhs.net)**