

## Our nursing and midwifery people

**Wendy Knight - K2 Midwife and Fetal Monitoring Champion, North Manchester Care Organisation**

### On a typical day

Work begins by checking that all the K2 equipment is working as expected and that all labour documentation for the previous day is complete.

As the fetal monitoring champion, I regularly review CTGs (cardiotocographs) that have caused concern, liaising with staff involved. Attending the labour ward throughout my day gives opportunities for me to share knowledge and provide direct support. This role also provides me with the opportunity to deliver training sessions.



As the pandemic took hold, it gave me the opportunity to introduce a new system of work, with the initiation of home blood pressure monitoring. I now also liaise with all the departments in maternity, checking the suitability of women and creating a safer environment for them and midwives

### One way I've made a difference as a nurse or midwife

Being a midwife for 25 years has enabled me to see many changes within the midwifery profession. This experience has proven to me that we never stop learning and each one of us can inspire the next generation of midwives.

In my previous role as a labour ward coordinator, I spent many hours supporting and developing the team within my shift. Now I feel I am sharing knowledge on a larger scale, encouraging and developing the midwives of tomorrow.

Supporting knowledge in fetal physiology helps improve confidence and ultimately improve more babies' lives.

### What would you say to someone considering a career in nursing or midwifery?

We support women during the hardest transitional part of their lives. It can be emotionally and physically draining, but the most rewarding vocation. To be a midwife means laying your soul bare, emotionally connecting with women and their families, becoming an integral part of their family, at the time they need us most. It's truly an honour.

**Find out more about our nursing and midwifery people stories, and how you can submit yours, by contacting us at: [England.nursingmidwifery@nhs.net](mailto:England.nursingmidwifery@nhs.net)**