

You said, we did – Personalisation



Personalised care means getting things right for each person as an individual.



Personalised care is about having choice and control over your own health and wellbeing.



It is about saying what is important to you and what are the right ways to support this.



You said

- We need to make sure you are able to make decisions - by having respect for your different needs and preferences and making sure you have all the right information.

Reasonable adjustments will also help you make decisions.

- All the people who are part of the decision making process need to work together and understand the different systems involved.

- People need to be supported with self care as early as possible in a way that works for them.



- Anyone who is involved in shared decision making with people with a learning disability and autistic people must understand the **Mental Capacity Act**.



We did

- Notes from the learning disability and autism advisory group are being shared with the personalised care group.



- The engagement team can help to find good practice locally to share.