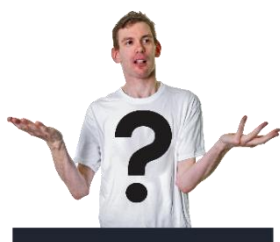


Information about people with a learning disability and autistic people





What is the Learning Disability and Autism Programme?

NHS England and NHS Improvement



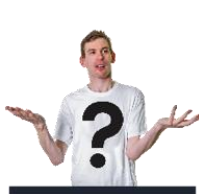
The **Learning Disability and Autism Programme** was set up by **NHS England and NHS Improvement** to:



- make people healthier who:
 - have a learning disability
 - have autism
 - or have both



- support people with a learning disability and autistic people to live independently at home.



What information is being shared?



This information helps us to find out if the **NHS** is



supporting people with a learning disability and autistic people to be **healthier** and **more independent**.



It includes important information from different **NHS** services.



Supporting people to live independently at home



Adults in mental health hospitals in a Transforming Care Partnership



Transforming Care is about making healthcare services better so that



more people with a learning disability and autistic people

get the right support to be healthy and independent in the community.

44



There are **forty-four Transforming Care Partnerships (TCPs)** in England.



TCPs

A **TCP** is **3 groups** working together:



1. NHS organisations

NHS England plan and pay for specialist services

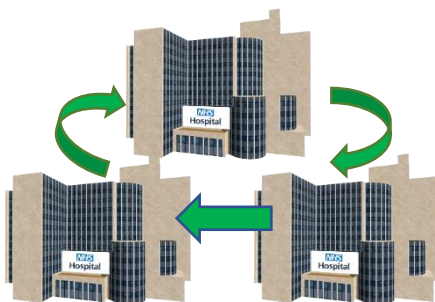


Clinical Commissioning Groups (CCGs)

which are local organisations planning and paying for most **NHS** services.



2. local councils who pay for social care



3. Provider collaboratives which are group of hospitals working together to make services better



The TCPs work with people with a learning disability or autistic people and their families and carers to plan services



The **NHS** has set targets for **March 2024**



so that there are **less** people with a learning disability and **less** autistic people in hospital.



It is important that people have the **right care in the community**



so that they are **not in hospital any longer than they need to be.**



TCPs



We know that:

8 TCPs have already met the **2024** target.



TCPs



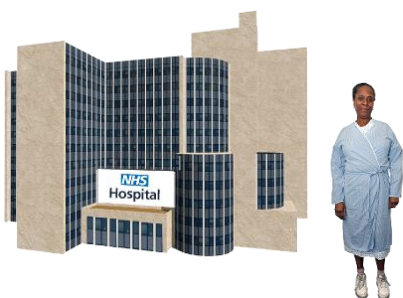
36 TCPs have not met the **2024** target yet.



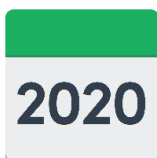
People in hospital and people who have left hospital



In **March 2015** there were



2,895 people in hospital



In **September 2020** there were



2,060 people in hospital



That is **835** less people.



Of the people who were in hospital in **March 2015**:



- **2,040** people were living in the community in **September 2020**.



- **765** people had been in hospital from **March 2015** to **September 2020**



Of these 765 people **360** people were in hospital on a **restricted section** of the **Mental Health Act**.



People on a **restricted section** have **been to court** and the judge thinks they are a risk to the public.



And they need to stay in **hospital**, rather than **prison**.



People with a learning disability and autistic people who are in hospital



Adults



Between **March 2015** and **September 2020**



The number of autistic adults staying in hospital who **do not** have a learning disability went up a little bit.



One reason for this is because there were **less reports** about autistic adults before **March 2017**.



There were **less adults** in hospital:

- with a learning disability
- with both a learning disability and autism.



Children and young people under 18 years old



In **September 2020** there were



205 children and young people in hospital with a learning disability or autism or both in hospital.



Of the **205** children and young people in hospital:

- **170** were autistic



10 had a learning disability



25 had a learning disability and autism.



The types of hospital wards that adults with a learning disability and autistic adults are staying in



There are different types of hospital wards that offer specialist care.



There are **less adults** with a learning disability or autistic adults staying in most hospital wards.



There are **more adults** with a learning disability or autistic adults staying in **mental health wards**.



This is because in the past, **not everyone** who stayed in a mental health ward was recorded.



The number of adults with a learning disability and autistic adults staying on secure wards

Secure wards are hospital wards with extra security and support to keep patients with mental health needs safe.



From **March 2015** to **September 2020**



There were **less** adults with a learning disability and autistic adults in most **secure wards**.



Psychiatric Intensive Care Units treat adults with mental health needs for a short time.



These units have a lot of staff to look after **high-risk patients** who cannot be supported safely on other wards.



From **March 2015** to **September 2020**



the number of autistic adults in **non-secure units** went up.



One reason for this is because the NHS is recording better information about autistic adults.



The number of people in hospital on a restricted section of the Mental Health Act



Some people may go to hospital under a **restricted section** of the Mental Health Act.



You could be sectioned under the **Mental Health Act** if you move from prison to hospital.



In **September 2020**



Of the **2,060** people with a learning disability and autistic people in mental health hospitals



565 people were on **restricted sections** of the Mental Health Act.



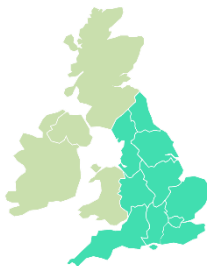
Learning Disabilities Mortality Review (LeDeR)



The **LeDeR** programme:



- **looks into** the deaths of people with a learning disability



- supports **local areas across England** to carry out reviews



- makes sure that **action is taken** on what was learned from the reviews



Up to the end of **September 2020** the **LeDeR** report said that:

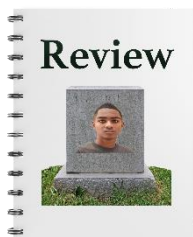


- **9,200 deaths** have been reported



All reviews should be completed **within 6 months** of a death being reported.

- of the **7,240** reviews that should have been completed **5,235** have been done.



- **2,005** reviews still needed to be completed.



Annual Health Checks



GPs should make sure their **learning disability register** is up to date.



Then they can make sure that people with a learning disability **get the right care.**



People on the **learning disability register** who are **14 years old** or more should get an **Annual Health Check.**



An **Annual Health Check** is a health check you get from your GP every year.



As part of the **Annual Health Check** everyone should get a **Health Action Plan**.



Every 3 months **NHS Digital** shares information about how many **Annual Health Checks** have been carried out.



NHS Digital is an NHS organisation that shares lots of health information online.



For information about **Annual Health Checks** at your local GP go to:

www.digital.nhs.uk



and search for '**learning disabilities health check**'



From **April 2019** to **March 2020**

160,000



just under **one hundred and sixty thousand people** had an **Annual Health Check**.

6,736



This is **six thousand seven hundred and thirty-six more Annual Health Checks** than the year before.



Useful information



Learning Disability Improvement Standards for NHS trusts



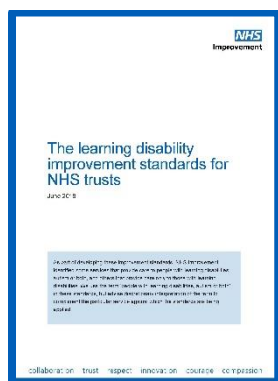
These are new standards written by **NHS Improvement** to help **NHS organisations** check that they are giving the **right care** to



people with a learning disability or autistic people.



Go to www.england.nhs.uk and search for '**learning disability improvement**' to find these 2 documents:



- Learning Disability Improvement standards in **Plain English**



- Learning Disability Improvement standards in **Easy Read**.



Information about learning disability services by NHS Digital



This information is collected by **NHS Digital**

NHS England and NHS Improvement



It is used by **NHS England and NHS Improvement** to check



that people with a learning disability and autistic people get **the right care in the right place.**



Information about people with a learning disability and autistic people is updated monthly on the **NHS Digital** website.



Please note: this information **is not** in Easy Read.



Go to digital.nhs.uk and search for 'learning disability statistics'.

