

Improving the take up and quality of Annual Health Checks for people with a learning disability

Exploring new ways of thinking through new models of collaboration

This is our team today:

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29th June 2021



How we want to use the time at this webinar

- We want to tell you about the opportunity in more detail.

That will take about 15 to 20 Minutes. We will include:

- Some important things about Health Inequalities.
 - What the Project Aims and Principles are.
 - What the 'Offer' is. What you need to commit to, and need to do.
 - How to apply.
- We then want to take some of your questions and try to answer them.

This will fill the rest of the time we have

Webinar housekeeping rules

- Please make sure you are muted if you are not speaking. Please raise your hand if you wish to speak.
- Please make sure your camera is turned off to improve the connection. You can turn your camera back on if you are speaking.
- Please add any questions to the chat box while on the webinar so they can be answered during the questions and answers.
- If there is not enough time to answer all of the questions then we will send out an updated frequently asked questions sheet or contact you individually.
- Please use the email address england.ahc.eoi@nhs.net if you have any questions, concerns or feedback.
- We will be recording this webinar and posting it online after. Please let us know if you have any concerns related to this.

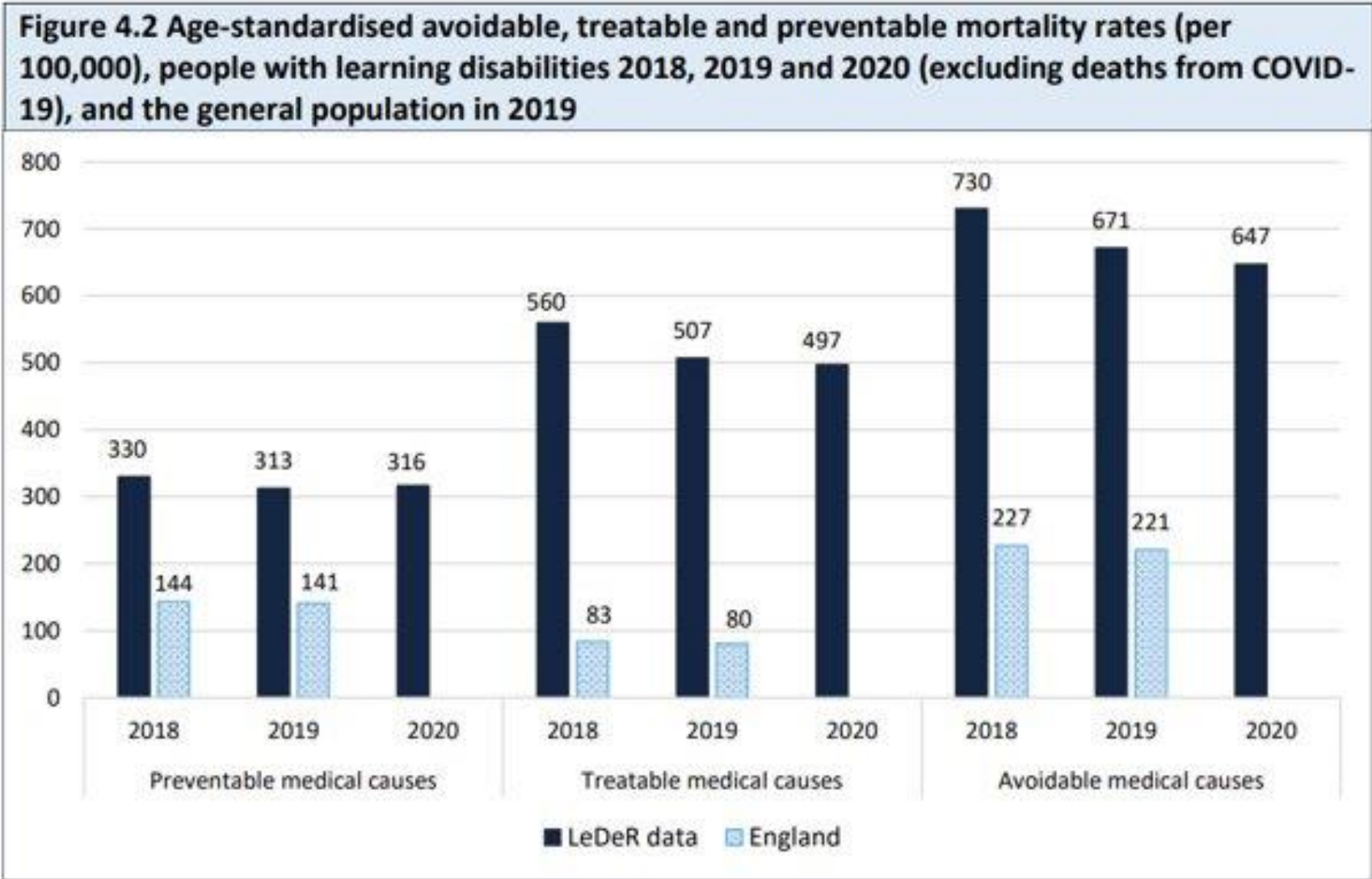
Key health inequalities messages

- People with a learning disability have poorer physical and mental health and die younger often from conditions that can be prevented.
- Only **38% of people with a learning disability live beyond the age of 65**. For the rest of the population that figure is 85% (LeDeR review June 2021)
- Annual Health Checks (AHCs) help to tackle these inequalities and are available to everyone on the Learning Disability Register (LDR) over the age of 14.
- AHCs help to support prevention and early identification of health concerns where people may be developing particular long term conditions, or where there is a deterioration in their physical and mental well being. By identifying concerns early we can help to reduce health inequalities.

- The Long Term Plan set an ambition for 75% of people with a learning disability on the LDR to have an AHC by 2023/24.
- Delivery has been more challenging over the last 18 months due to Covid restrictions and the impact on capacity within primary care due to flu and covid vaccination rollout.
- The latest national uptake figure of 73.5% for 2020/21 is very encouraging and shows the considerable effort and hard work that primary care has made to ensure this important function has continued despite the pandemic. However, we also know people from BAME communities, those living in more deprived areas and young people aged 14-17 have poorer interaction with the AHC.

Avoidable Cause of Deaths of people with a Learning Disability compared to the general population (Per 100,000 people).

Chart taken from LeDeR Programme Annual Report 2020.



Project Aims

- To support the improvement in take up and quality of AHCs.
- To develop and test new initiatives to support awareness and achievement of annual health checks.
- To work in collaboration with general practice, local systems and other associated stakeholders and partners.
- To identify methods of engagement with patients who do not attend for AHCs and support awareness and uptake of the AHC offer.
- To support identification of other under-represented groups (e.g. those in areas of higher deprivation, children and young people aged 14 -17, including looked after children, people from the Black, Asian and Minority Ethnic (BAME) communities), who may not attend for an AHC and support facilitation and uptake of AHCs.
- To identify and support awareness and implementation of appropriate reasonable adjustments.

This pilot is separate from the exemplar site role. These aims complement the existing processes within primary care exemplar sites.

Project Principles



- Demonstrate engagement and encouragement of those individuals who have repeatedly DNAed or refused an AHC and under-represented groups in taking up an AHC offer.
- Demonstrate co-production of the work with experts by experience.
- Indicate how the project has reached out to people living independently.
- Highlight innovative ways of working, which may include different models of delivery, such as integrated clinics or physical health hubs.
- Actively share the learning and good practice across the system.
- Share relevant resources, guidance, learning and intelligence with NHS England and NHS Improvement as appropriate.
- Consider other linked priorities, within the health check such as flu vaccination, increasing uptake of appropriate population health screening, meaningful structured medication review (SMR) in line with the principles of STOMP-STAMP.

Accountability and Responsibility Statement

- **Accountability** for the quality and delivery of AHCs will remain with the relevant CCG/ICS Commissioner/s for primary care provision. This project will not remove or change this accountability and bids will only be welcomed from organisations that will work in collaboration with local NHS Commissioners.
- **Responsibility** for the delivery of AHCs will remain with individual GP practices in line with DES and QOF contractual arrangements. This project will not remove or change this responsibility and bids are invited from organisations that will work in collaboration with individual GP practices or PCNs within primary care based on these parameters*.

****please note, only bids with clear approval from signatories, that bid will not be considered.***

The offer:



The seven exemplars (one in each region) will demonstrate new models to increase engagement with AHC:

- To support the uptake of AHCs to meet or exceed the national target of 75% by 2023/24;
- To focus on quality improvement of the AHC process and intervention;
- To ensure reasonable adjustments are being recognised and implemented, as a requirement of the Equality Act (2010) with information being shared with consent with relevant partners;
- To demonstrate and share learning and good practice examples;
- To ensure access to linked priorities such as such as flu vaccination, increasing uptake of appropriate population health screening, quality structured medication reviews as part of the AHC in line with the STOMP-STAMP agenda, where applicable

NHS England and NHS Improvement offer:

- £35k non-recurrent seed funding for a fixed 12-month period (Oct 2021 to Sep 2022);
- National advice and support to help achieve your aspirations and project outcomes;
- A dedicated learning and sharing network/ support to inform and share good practice;
- Opportunities to showcase your good practice, initiatives and approach.

Project Site Commitments

- Demonstrate coproduction of your work with experts by experience.
- Demonstrate engagement with young people aged 14-17 to get an annual health check.
- Demonstrate engagement with people with a learning disability living in areas of wider deprivation, and those from BAME backgrounds attend for an annual health check.
- Demonstrate how the project has reached out to people living independently.
- Demonstrate innovative ways of working, including different models of delivery and demonstrate real change.
- Demonstrate cross sector working supporting primary care colleagues to deliver AHCs.
- Actively share the learning and good practice across the system.
- Share relevant resources, learning and intelligence.

What pilot sites will need to do

- Provide a named Project Lead.
- Provide a named Senior Responsible Officer/Accountable Officer at system level for this work.
- Produce quarterly progress reports with a formal mid-year report and an end of project report.
- Outline how you will address your local health priorities.
- Commit to sharing processes and progress via a dedicated NHS Futures platform.

How to apply

- Please complete the expression of interest form and submit by 10am on **Wednesday 28th July 2021** to the health improvement team of the learning disability and autism programme at:

england.ahc.eoi@nhs.net

Timeline

- Invitation to the planned webinar on 29th June at 11am for further information.
- Complete the expression of interest form by 10am on July 28th 2021.
- Successful candidates informed by early September 2021.
- Budget released and paid to regions by 30th September 2021.
- Project Timeframe: 1st October 2021 until 30th September 2022.
- Project milestones and interim report deadlines to be confirmed.

Questions and Answers

NHS England and NHS Improvement

