

You said, we did – dynamic support systems



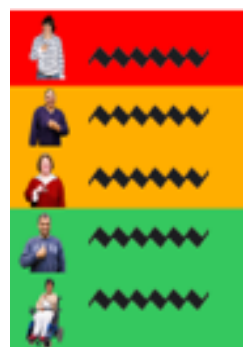
We talked about how we make sure that people who are most at risk of going into a mental health hospital get the support they need to stay at home.



Every local area should have a way to do this.

This is called a dynamic support system or process.

Part of having a dynamic support system is having a list of people who are likely to end up in crisis and in hospital if they don't get the right support.



This list is sometimes called a dynamic support register.



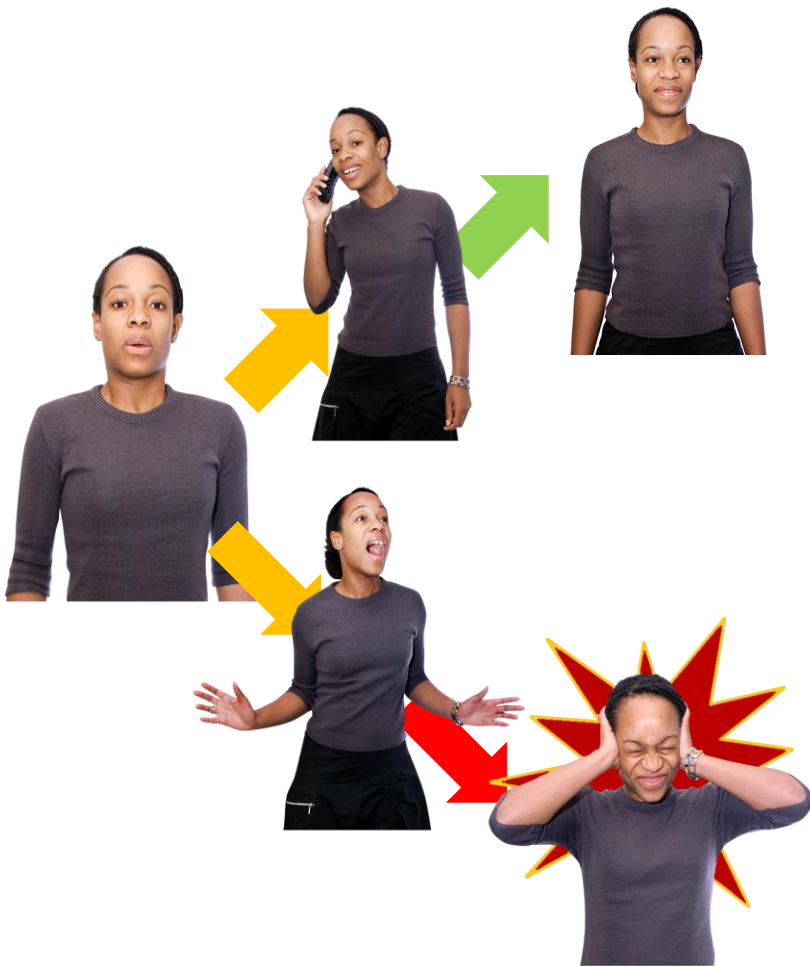
You said:

- 1) There needs to be lots of different ways of accessing dynamic support systems – like being able to refer yourself, or through a social worker or GP.



- 2) There needs to be the right support available from services like mental health services to make sure dynamic support systems work.





3) Dynamic support systems need to act early to prevent people from reaching crisis.



4) Lots of people don't trust mental health services or are scared of being 'on a list'.



5) The way that the standards for dynamic support systems are written need to be accessible and they need to be about people, not about systems.

We did:



- 1) What the advisory group told the dynamic support systems team has helped them understand how people should get on a dynamic support register and get the support they need.

For example, they are making sure that –



- people can refer themselves for dynamic support



- health, social care and education work together so that there are lots of different ways to get on the dynamic support register

We did:



2) The team are using the advice to make some guides. There will be guides for the NHS and other places where people get support.

There will also be guides for people and families to help everyone understand dynamic support systems. These will be published later in 2021.



3) The team are working with commissioners (people who plan and pay for services) to make sure that people get support early and in a way that is right for them.



4) They are also using real life examples to show how being on a dynamic support register can help people stay well and get the right support close to home.



5) They have set up a group of people with lived experience to help make dynamic support systems better.



They will help make sure the rules for dynamic support systems are about people and are accessible.