

# You said, we did – Community crisis support



We talked about -

1. what things can lead to a crisis



2. who you would call in a crisis



3. what support is missing for people who are in crisis.



**You said**

Lots of things can cause a crisis, like –

- changes in routine



- problems at home, work, school and college



- being worried about your health and problems with health services



There are lots of people you could call in a crisis, like –



- friends



- mental health services



- charities.



But there is not enough support available, for example –



- there needs to be more mental health support



- there needs to be support when people leave hospital



- there needs to be more support for carers.



It can be hard to get the services you need –

- there's not enough information on what support is available



- there are big differences in what support you can get across the country.



## We did

We have shared what you told us with the children and young people's team and the strategic commissioning team.



Strategic commissioning is about helping the NHS to plan and pay for care and support that is right for people and helps them live their life well.





The children and young people's team are using what you told us to help local areas to make community crisis support better.