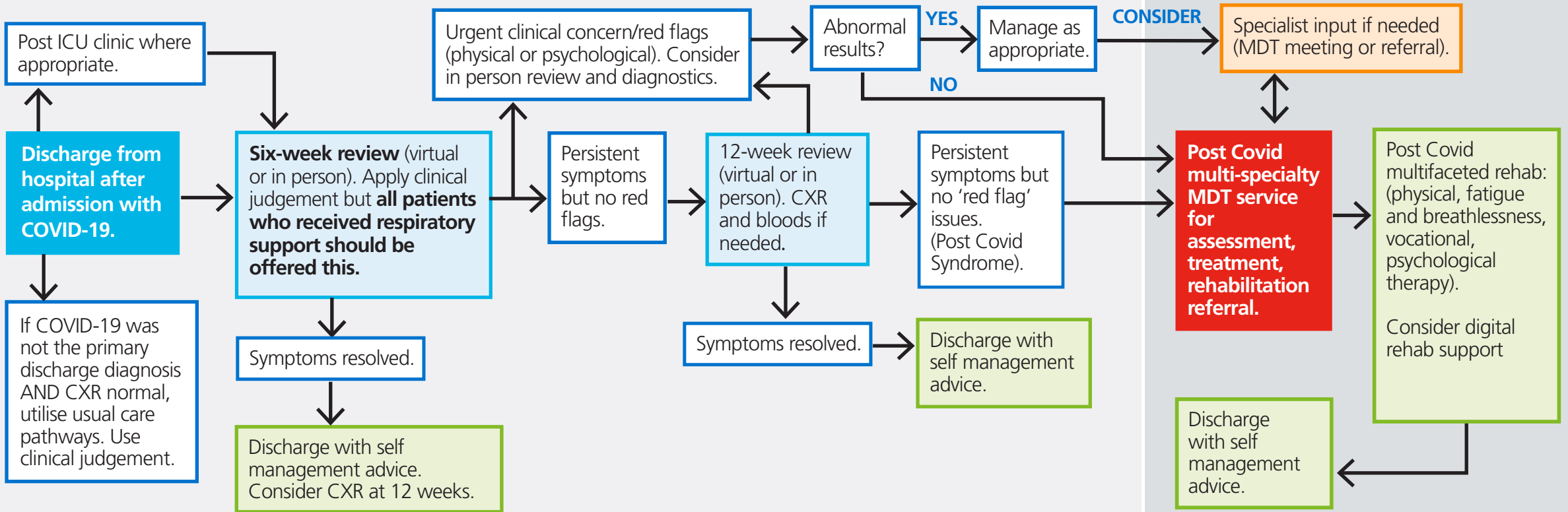


Post-hospital discharge pathway for adults with long COVID

from discharging acute trust

At every encounter, assess for timely post-discharge rehabilitation and psychological therapy and provide self-management advice, consider appropriate safety netting. Consider wider community support, social prescribing, +/- therapy, vocational rehabilitation, peer support. Ensure appropriate coding of Post-COVID-19 syndrome if appropriate.



Discharging hospital is responsible for ensuring appropriate follow-up pathway is in place

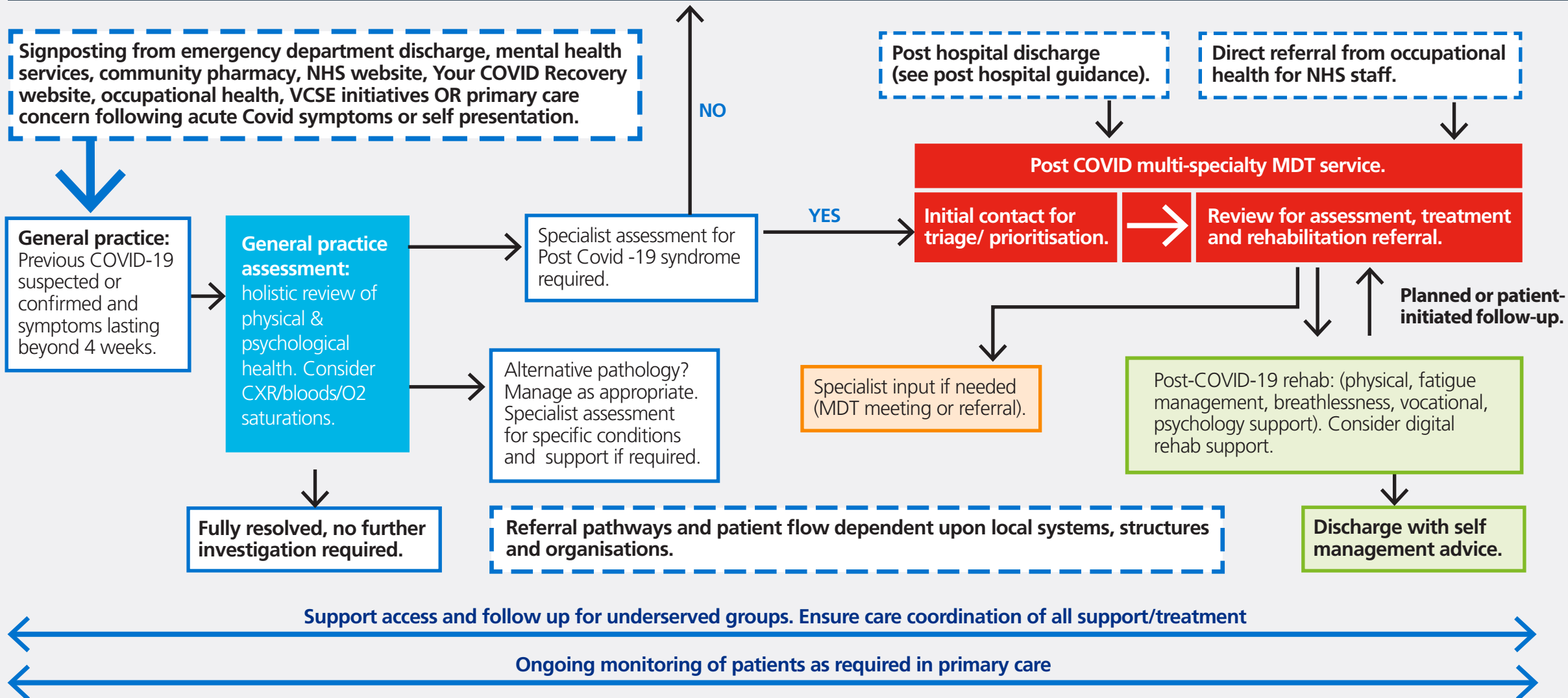
Post Covid services

Support access and follow up for underserved groups. Ensure care coordination of all support/treatment

Primary care/community long COVID pathway for adults

Code appropriately: Assessment from 4-12 weeks - Code: 'On-going symptomatic COVID-19'. Assessment after 12 weeks - Code: Post-COVID-19 Syndrome

At all stages of the pathway: Offer online self-management information and guidance, Primary care team, wider community/peer support, social prescribing, +/- therapy, vocational rehabilitation, well-being and psychological therapies depending on the needs of the individual.



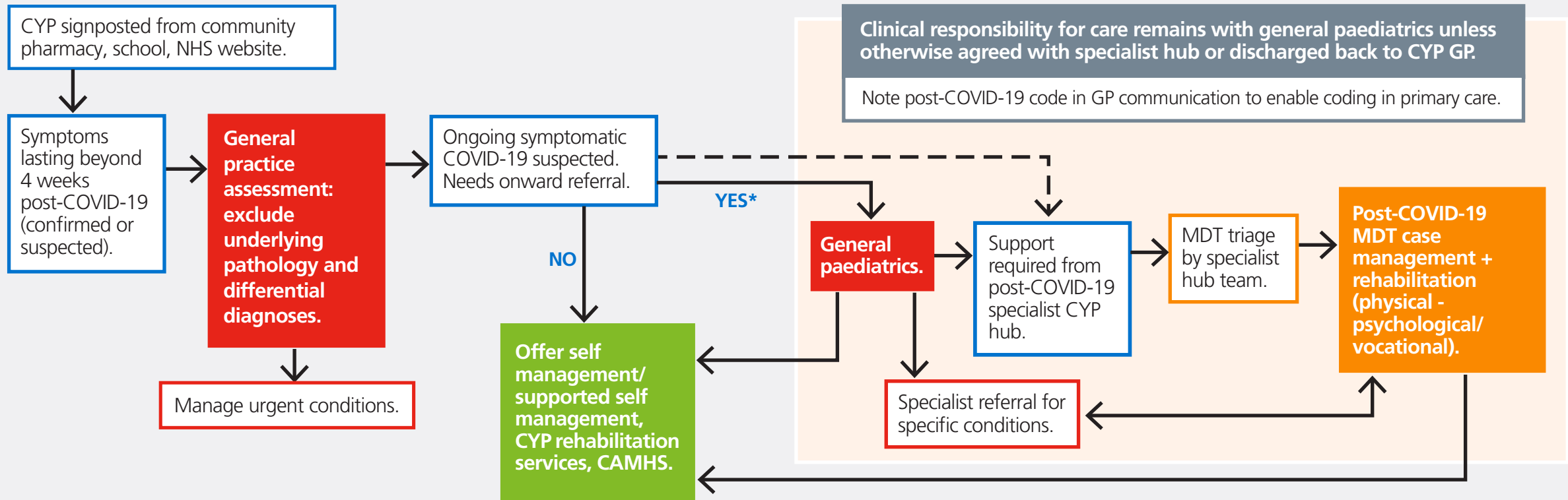
Children and Young People long COVID pathway

Primary care role: Assessment from 4 weeks
Code: Ongoing symptomatic COVID-19.

Post COVID Management options
Code: Post-COVID-19 syndrome (once beyond 12 weeks).

Referral pathways and patients flow dependent on local systems structures and organisations.

If local general paediatrics does not take 16/17 year olds then refer directly to Specialist Paediatric Long Covid Hub



*NB if young person aged 16 or 17 is unable to access local paediatric services due to age criteria refer straight to specialist post-COVID-19 paediatric hub.