

A graphic of a roll of toilet paper is positioned on the left side of the page. The roll is white with a grey oval in the center representing the core. A dashed line indicates where the paper is unrolled. The text is written on the unrolled paper.

Let's talk about constipation

**Knowing the signs,
and what to do,
could save lives.**

If you care for someone with a learning disability experiencing constipation, arrange an appointment with their GP surgery as soon as possible.

Scan the QR code for more information and resources.

