

## Book your spring Covid 19 vaccine now



This is an invitation to get the spring Covid 19 vaccine.

Sometimes Covid 19 is called Coronavirus.



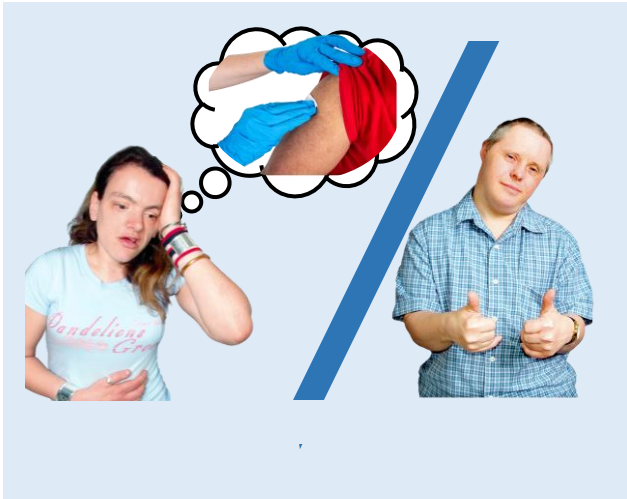
You need this vaccine if:

- You are 75 years old or older



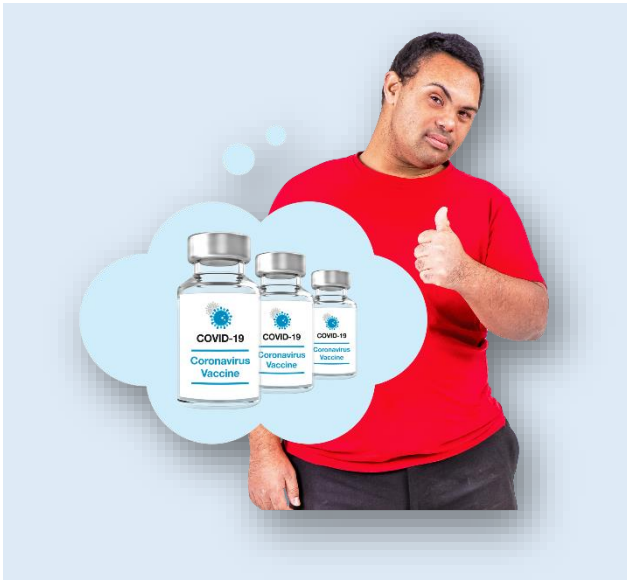
- Or if you have a weakened immune system.

This means you have an illness or take medication that means you may get very poorly if you get Covid 19.



If your health has changed and you don't have a weakened immune system anymore you do not need to get another vaccine.

## Why do I need a Covid 19 vaccine this spring



When you get a Covid 19 vaccine it helps to keep you safe but the vaccine stops being so strong over time. This is why it is important to have a vaccine this spring.

You can get more information at [www.nhs.uk/covidvaccination](http://www.nhs.uk/covidvaccination)



If you need any help to book your Covid 19 vaccine, you can ask someone you trust to help you or phone **119**.

## How to book your Covid 19 vaccine



To book your vaccine on the phone you can phone **119** for free.



If you need someone who speaks a different language, please let us know when you call.



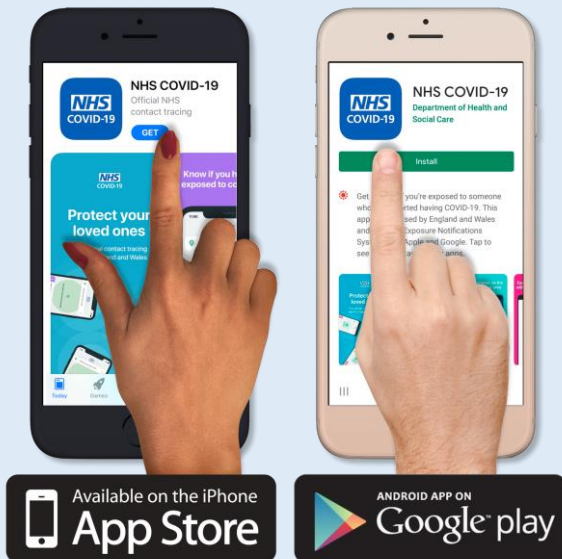
You can also text phone **18001 119** or the NHS British Sign Language interpreter service at [www.signvideo.co.uk/nhs119](http://www.signvideo.co.uk/nhs119)



To book your vaccine online visit [www.nhs.uk/book-vaccine](http://www.nhs.uk/book-vaccine)

If you are younger than 75 years old, the booking website will ask you if you think you have a weakened immune system.

Answer **yes** for this question.



To book using the NHS App log in and choose 'Book or manage a coronavirus (COVID-19) vaccination'.

You can download the app at [www.nhs.uk/NHSapp](http://www.nhs.uk/NHSapp)



You could also go to a Covid 19 walk in site. You do not need to book to do this.

To find one near to you go to [www.nhs.uk/covid-walk-in](http://www.nhs.uk/covid-walk-in)

## The vaccines are free



You can get Covid 19 vaccines for **free** if you are:

- 75 years old or older
- or if you have a weakened immune system.



You do not need to pay for your vaccine. Ask someone you trust to help you book a free vaccine.

## At your appointment



If you are younger than 75 years old, you may need to tell staff about the reason that you need the vaccine.



You may need some help to make your appointment go more smoothly. Tell a member of staff. They can help you.

This is called a reasonable adjustment.

You might need:

- A longer appointment
- Someone with you to support you
- A fidget toy or comforter
- Someone to give you the vaccine in the car outside.

This letter is from,

NHS COVID 19 Vaccine Programme  
NHS England