





Product order information

Please note that Mini Mouth Care Matters is not affiliated with any brand, company or product. The purpose of this guide is to provide staff with information on how to order suitable mouth care products for children and young people. Products are subject to change in price and may be discontinued without notice. Please check NHS Supply Chain for alternative products.

Toothbrushes

Small headed toothbrushes can be used on all children and young people (CYP); the small head is useful for CYP who have limited mouth opening and/or a sore mouth.

Toothbrushes can be used for more than cleaning the teeth and gums, they can also be used to clean tongues, applying dry mouth gel, and hydrating the mouth with water.

Product Name	Product Description	Product Source
 <p>Small headed bamboo toothbrush</p>	<p>Small headed toothbrush used for mouth cleaning. Can be used on any CYP.</p>	<p>Dignity LC Services Unit 5 Business & Technology Centre Bessemer Drive Stevenage SG1 2DX</p>
 <p>Three headed super brush Dr Barmans</p>	<p>This product is useful for CYP with limited co-operation or mouth opening as it cleans multiple surfaces at one time. Available from most supermarkets and chemists, Amazon and ebay.</p> <p>Available in 3 sizes:</p> <ul style="list-style-type: none"> • Child (up to 6 years) • Child (6-12 years) • Adult 	<p>Dental companies:</p> <p>Dental Direct PO Box 70503 London N20 0BX Tel: 020 3982 3236 Email: sales@dentaldirect.co.uk</p>
 <p>TePe Special Care Toothbrush</p>	<p>Basic small headed toothbrush with long handle and soft bristles. Available from most supermarkets and chemists, Amazon and ebay.</p>	<p>Dental companies:</p> <p>Dental Direct PO Box 70503 London N20 0BX Tel: 020 3982 3236 Email: sales@dentaldirect.co.uk</p>
 <p>Tepe Compact Standard Toothbrush</p>	<p>Basic toothbrush with small compact head ideal for CYP.</p>	<p>Available from most supermarkets and chemists</p> <p>Dental companies:</p> <p>Dental Direct PO Box 70503 London N20 0BX Tel: 020 3982 3236 Email: sales@dentaldirect.co.uk</p>





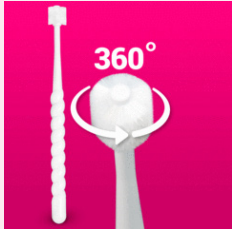
Suction toothbrush

Super soft suction toothbrush has bristles one side and foam on the other to optimise cleaning the mouth. Thumb port suction control allows user to easily control the suction when removing secretions from the oral cavity.

Available from most medical companies and NHS supplies

Medline Industries Ltd

3rd floor, Quayside Wilderspool Business Park
Greenalls Avenue
Warrington
WA4 6HL
Tel: 0844 334 5237



Oralieve 360 Toothbrush

360 bristles to clean multiple surfaces of the mouth simultaneously, a small head to get to hard to reach areas of the mouth.

Available from some chemists

Oralieve direct online shop:
www.oralieve-direct.co.uk
Tel: 01582 439 122
Email: hello@oralieve.co.uk



Collis Curve Toothbrush

The Collis Curve toothbrush is very popular with those with autism or sensory processing disorders.

www.colliscurve.co.uk
Available from Amazon

Available in:

- Soft: child/adult
- Medium: child/adult



**Sili Sensi
Toothbrush**

Sili Sensi-Brush is soft and gentle on sensitive gums and teeth.

Available from Amazon or eBay



Oral-B Electric Toothbrush

Round small head with rechargeable unit.

Multiple different models available.

**Available from most high street stores, chemists,
eBay and Amazon**




Toothpastes

Although many CYP may be able to use their own toothpaste, there are non-foaming toothpastes available (sodium lauryl sulphate free) that are safer to use for CYP with conditions such as dysphagia, dry mouth, individuals who are nil by mouth, or unable to follow direction due to age or special care requirements. The recommended amount of fluoride is 1450ppm. Below are some examples of non-foaming toothpastes, this is not exhaustive.

Non-foaming (i.e. sodium lauryl sulphate free) toothpastes:

There are multiple non-foaming toothpastes available to buy, the list below is not exhaustive. These may be suited to those with dry mouth or who suffer from regular mouth ulcers. Please advise a fluoride containing toothpaste with a minimum of 1000ppm fluoride content (recommendation varies with age):






- Sensodyne daily care
- Ultradex toothpaste
- Oralieve toothpaste
- Oranurse unflavoured toothpaste
- Sensodyne pronamel
- Aquafresh children's little teeth
- bioXtra dry mouth mild toothpaste
- Biotene toothpaste

Product Name	Product Description	Product Source
 Non foaming toothpaste 75ml	Sodium lauryl sulphate free non foaming toothpaste. No flavour. 1450ppm fluoride toothpaste.	Available from Amazon or eBay Can also be ordered via prescription from your GDP or GP Dental companies: Dental Direct PO Box 70503 London N20 0BX Tel: 020 3982 3236 Email: sales@dentaldirect.co.uk
 Oralieve Toothpaste 75ml	Oralieve Toothpaste contains the same natural enzyme system which, in saliva, protects your mouth from the bacteria which can cause plaque-build up and ultimately lead to dental caries. 1450ppm fluoride toothpaste.	Available from some chemists Oralieve direct online shop: www.oralieve-direct.co.uk Tel: 01582 439 122 Email: hello@oralieve.co.uk
 BioXtra Dry Mouth Toothpaste 50ml	Sodium lauryl sulphate free non foaming toothpaste with mild flavour. 1450ppm fluoride toothpaste. NB This product contains protein extracts from milk, not suitable for CYP with milk allergies or vegans Available from Amazon or eBay.	Dental companies: Dental Direct PO Box 70503 London N20 0BX Tel: 020 3982 3236 Email: sales@dentaldirect.co.uk Available from Amazon

Products for Dry Mouth

There are many products available as oral sprays and gels with the purpose to relieve the symptoms of dry mouth. They are not an alternative to toothbrushing with a fluoride toothpaste and mouth care. Dry mouth gels should be massaged into the soft tissues of the mouth (tongue, cheeks and lips) using either a soft toothbrush, MouthEze oral cleanser or a gloved finger (only if safe to do so).

The list of products below is not exhaustive.

Product Name	Product Description	Product Source
 Mouth Moisturising Gel (Oralieve mouth moisturising gel 50ml)	Specifically designed and tested with dry mouth sufferers to replicate same natural enzyme system as saliva. NB. This product contains protein extracts from milk, not suitable for CYP with milk allergies or vegans	Oralieve direct online shop: www.oralieve-direct.co.uk Tel: 01582 439 122 Email: hello@oralieve.co.uk
 Oralieve Moisturising Mouth Spray 50ml	Specifically designed and tested with dry mouth sufferers to replicate same natural enzyme system as saliva. NB. This product contains protein extracts from milk, not suitable for CYP with milk allergies or vegans	Available from some chemists. Oralieve direct online shop: www.oralieve-direct.co.uk Tel: 01582 439 122 Email: hello@oralieve.co.uk
 Mouth Moisturising Gel (BioXtra Oral Gel) 40ml	Mild flavoured oral moisturising gel, can be used as required. NB. This product contains protein extracts from milk, not suitable for CYP with milk allergies or vegans.	Available from Amazon or eBay Dental companies: Dental Direct PO Box 70503 London N20 0BX Tel: 020 3982 3236 Email: sales@dentaldirect.co.uk
 BioXtra Dry Mouth Spray	Mild flavoured spray, instant relief. Sodium lauryl sulphate free.	Available from Amazon or eBay Dental companies: Dental Direct PO Box 70503 London N20 0BX Tel: 020 3982 3236 Email: sales@dentaldirect.co.uk
 Tooth Mousse	Helps to reduce hypersensitivity and to restore mineral balance in people with salivary deficiencies such as dry mouth or when proper oral hygiene procedures are difficult.	Available from Amazon or eBay Dental companies: Dental Direct PO Box 70503 London N20 0BX Tel: 020 3982 3236 Email: sales@dentaldirect.co.uk



**Oralieve Nourishing Lip Care
10ml**

Dry, cracked lips, often associated with a dry mouth, can be uncomfortable and unsightly. Oralieve Nourishing Lip Care helps provide natural hydration and intensively moisturise your lips. Suitable for anyone with dry, cracked or flaky lips.

Available from some chemists

Oralieve direct online shop:
www.oralieve-direct.co.uk
Tel: 01582 439 122
Email: hello@oralieve.co.uk

Additional mouth care products to support mouth care

Product Name	Product Description	Product Source
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Sand Timer

Two minute guide to encourage brushing.

Product code:
OHTIM

Oral Health Foundation Smile House
2A East Union Street
Rugby, CV22 6A
Tel: 01788 539789
Website: www.dentalhealth.org



Pen Torch

A light source is essential when assessing the mouth, without adequate lighting oral conditions may be missed.

Available from Ebay or Amazon



Open wide mouth prop

Bite block used to gently prop the mouth open to help support with toothbrushing.

Foam based.

Available from Amazon or eBay

Dental companies:
Dental Direct
PO Box 70503
London
N20 0BX
Tel: 020 3982 3236
Email: sales@dentaldirect.co.uk