

# Are you moving to a new area? Lilipat ka ba sa bagong lugar?

Name: .....

**Pangalan:**

My preferred language is: ..... NHS number: .....

**Ang aking wika ay:**

**Numero ng NHS:**

You do not need an NHS number to register, but if you do have one, please give it to your new GP practice, so they can find your health record.

Hindi kailangan ang numero ng NHS para magparehistro, ngunit kung mayroon, mangyaring ibigay sa iyong bagong GP practice upang mahanap ang iyong rekord sa kalusugan.

**Using your NHS number improves your continuity of care**

**Ang paggamit ng iyong numero ng NHS ay pinapahusay ang iyong patuloy na pangangalaga**

# Are you registered with a GP practice? **Ikaw ba ay nakarehistro sa isang GP practice?**

Find your local GP practice here: [nhs.uk/service-search/find-a-gp](https://nhs.uk/service-search/find-a-gp)

Hanapin ang iyong lokal na GP practice dito: [nhs.uk/service-search/find-a-gp](https://nhs.uk/service-search/find-a-gp)



If you have an NHS number, you can find it:

Kung mayroon kang numero ng NHS, maaring hanapin ito:

- on any letter from the NHS, such as a prescription or appointment letter  
sa anumang liham mula sa NHS, tulad ng reseta o liham ng paghirang
- by using this service online: [nhs.uk/nhs-services/online-services/find-nhs-number](https://nhs.uk/nhs-services/online-services/find-nhs-number)  
sa pamamagitan ng paggamit ng serbisyon online: [nhs.uk/nhs-services/online-services/find-nhs-number](https://nhs.uk/nhs-services/online-services/find-nhs-number)
- by calling your current GP practice and asking them for your number  
sa pamamagitan ng pagtawag sa iyong kasalukuyang GP practice at hilingin ang iyong numero



If you think you need medical help right now, you can dial 111 where you will be advised on what to do next. In a life-threatening emergency, dial 999.

**Kung kailangan mong magpagamot ngayon din, tumawag sa 111 upang mapayuhan kung ano ang susunod na gawin. Sa agaw-buhay na emerhensiya, tumawag sa 999.**