

# NHS winter flu vaccination

## Invitation for parents or carers of children



**This letter is to let you know you need to book a winter flu vaccine for your child.**

It is important that children aged 2 or 3 years old have their flu vaccine.

It helps protect them from flu.



Flu is a virus. Children can get flu and spread it easily.



Flu can make children very poorly and they could get a serious illness called pneumonia.

Some children need hospital care because of flu.

## How to book your child's flu vaccine



Contact your GP or doctors' surgery to make an appointment.

If you have already booked an appointment, you do not need to book another one.



Please book your child's flu vaccine appointment as soon as you can.

It is important your child gets their flu vaccine before it gets colder during winter.

## The child flu vaccine



The child flu vaccine is a quick and painless spray up the nose.

## Halal



The child flu spray vaccine has a small amount of an ingredient called porcine (pork) gelatine.

If your child cannot have this, please tell the doctor.

They can give your child a different flu vaccine injection instead.



Your child can get the flu vaccine for free.

You should not give any money or bank details.

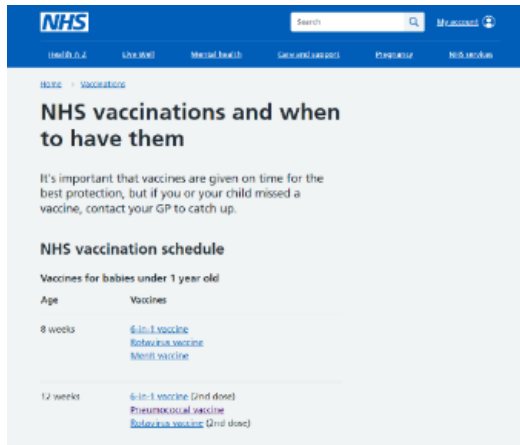
## More information



More information on the child flu vaccine is available online at [www.nhs.uk/child-flu](http://www.nhs.uk/child-flu).

This website is not easy read.

You can also ask your healthcare professional for more information.



Please make sure your child has had all the NHS vaccinations they need.

You can check online at [www.nhs.uk/nhs-vaccinations](http://www.nhs.uk/nhs-vaccinations)

This website is not easy read.



Or you can ask your child's doctor's surgery.

You can also ask your healthcare professional for more information.

