

# **Booking your NHS COVID 19 vaccine**



This letter is to let you know you need to book your winter COVID 19 vaccine.



If you catch COVID 19, it can make you very poorly.



Please book an appointment for your COVID 19 vaccine as soon as you can.



You are more likely to get COVID 19 when it is cold, so it is important to get protected.





Covid 19 can spread from person to person

# Who needs to get the COVID 19 vaccine?



Some people are more likely to get very poorly from COVID 19.



You can get a vaccine if you:



are aged 75 years old or over



live in a care home









 have a health condition or take medicine that makes it more likely for you to get ill with COVID 19.

To find out more about which health conditions mean you can get the COVID 19 vaccine, go online at www.nhs.uk/covid-vaccine

This website is not easy read.

You can also ask your healthcare professional for more information.

# How to book your COVID 19 vaccine



You can book your COVID 19 vaccine online at:

www.nhs.uk/bookcovid











 Or you can use the NHS App.

You can download the app using this link <a href="https://nhs.uk/NHSapp">nhs.uk/NHSapp</a>.

 You can also go to a COVID 19 vaccine walk-in site.

You do not need to book to do this.

Find a site near you at: www.nhs.uk/covid-walk-in.

You can phone 119 for free.

You can ask someone you trust to help you.

 If you need British Sign Language, you can go to signvideo.co.uk/nhs119





 Or textphone using this number:

18001 119.



If you can't leave home to get your vaccine, speak to your doctor's (GP) surgery for help getting a home visit.

#### The vaccine is free



The COVID 19 vaccine is free for people who need it.

You should not give any money or your bank details.



Tell someone you trust if you are asked to pay.



### Going to your vaccine appointment



You might need some support when you go to your appointment.

This is called a reasonable adjustment.



If you need a reasonable adjustment, tell a member of staff who can add this to your health record and support you.



You can bring someone who can support you, like a family member, partner or your carer.





More information on the COVID 19 vaccine is available on the NHS website. Go to www.nhs.uk/covid-vaccine.

This website is not easy read.





You can also ask your healthcare professional for more information.

# **Learning Disability Annual Health Checks**



Learning disability annual health checks at your doctors' (GP) surgery can help you stay healthy.

If you have not had your annual health check in the last year, book one now.



To find out more about learning disability annual health checks, go online and type this - tinyurl.com/tdp34bcr.



To watch a video about annual health checks for people with a learning disability, go to

Health Is Everybodys
Responsibility 270617 YouTube.