## Booking your NHS winter vaccinations

Dear ((fullName)),

You can book free winter NHS flu and COVID-19 vaccinations because of your age. It’s best to get vaccinated as soon as you can ahead of the colder months.

## A qr code to read more online.How to get your flu vaccination

* Contact your GP surgery
* Book a pharmacy appointment on the NHS App or online at [www.nhs.uk/book-flu-jab](https://www.nhs.uk/book-flu-jab)
* Find a pharmacy at [www.nhs.uk/flu-pharmacy](http://www.nhs.uk/flu-pharmacy)

## How to get your COVID-19 vaccination

* Book on the **NHS App**
* Book online at [www.nhs.uk/get-vaccine](http://www.nhs.uk/get-vaccine)
* Find a walk-in site at [www.nhs.uk/covid-walk-in](http://www.nhs.uk/covid-walk-in)

You can arrange **both** of your NHS winter vaccinations for the same appointment by booking on the NHS App or online.

## If you need support

If you can’t get online, phone **119**. Translators are available. You can also use text phone **18001 119** or the NHS British Sign Language service at [www.signvideo.co.uk/nhs119](http://www.signvideo.co.uk/nhs119)**.**

If you get your care at home, contact your GP surgery and ask for a **home visit**.

For information in easy read and other languages and formats, go to [www.england.nhs.uk/seasonal-invites](http://www.england.nhs.uk/seasonal-invites).

## Why the NHS is offering winter vaccinations

Flu and COVID-19 spread more easily in winter and can be hard to avoid. Every year, thousands of older adults need hospital care for flu and COVID-19. It’s important you have both vaccinations every year to reduce your risk of severe symptoms. Protection fades over time and viruses change. Go to [www.nhs.uk/wintervaccinations](http://www.nhs.uk/wintervaccinations).

## Other NHS vaccinations

If you haven't already, you may be able to get pneumococcal, RSV and shingles vaccinations. For full details, go to [www.nhs.uk/vaccinations](http://www.nhs.uk/vaccinations).

Yours sincerely,

NHS England Vaccination Team

**Data protection:** NHS England is responsible for processing personal data for the purpose of national vaccination programmes. You can read our privacy notice at [www.england.nhs.uk/privacy-notice](http://www.england.nhs.uk/privacy-notice).To opt out: [www.nhs.uk/covid-invite-preferences](http://www.nhs.uk/covid-invite-preferences).