## Booking your NHS winter flu vaccination

Dear ((fullName)),

You can book a free winter NHS flu vaccination because your NHS record suggests you may have a long-term health condition. We’ll need to confirm this before you are vaccinated.

## A QR code to book onlineHow to get your flu vaccination

* Contact your GP surgery
* Book a pharmacy appointment on the NHS App or online at [www.nhs.uk/book-flu-jab](http://www.nhs.uk/book-flu-jab)(18+ only)
* Find a pharmacy at [www.nhs.uk/flu-pharmacy](http://www.nhs.uk/flu-pharmacy)(18+ only)

It’s best to get vaccinated as soon as you can ahead of the colder months.

## If you need support

If you can’t get online, **phone 119**. Translators are available.

You can also use **text phone 18001 119** or the NHS British Sign Language service at [www.signvideo.co.uk/nhs119](http://www.signvideo.co.uk/nhs119).

If you get your care at home, contact your GP surgery and ask for a **home visit**.

For information in easy read and other languages and formats, go to [www.england.nhs.uk/seasonal-invites](http://www.england.nhs.uk/seasonal-invites).

## Why the NHS is offering a winter flu vaccination

Flu spreads more easily in winter and can be hard to avoid. Every year, thousands of people with long-term health conditions need hospital care for flu. It’s important you have your vaccination every year to reduce your risk of severe symptoms as protection fades over time and viruses change. Read more at [www.nhs.uk/flujab](http://www.nhs.uk/flujab).

## Other NHS vaccinations

If you haven't already, you may be able to get:

* a pneumococcal vaccination (if you are at higher risk of getting seriously ill)
* shingles vaccinations (if you are aged 18 and over with a severely weakened immune system)

For full details, go to [www.nhs.uk/vaccinations](http://www.nhs.uk/vaccinations).

Yours sincerely,

NHS England Vaccination Team

**Data protection:** NHS England is responsible for processing personal data for the purpose of national vaccination programmes. You can read our privacy notice at [www.england.nhs.uk/privacy-notice](http://www.england.nhs.uk/privacy-notice).