# Five years of a greener NHS: progress and forward look 2025

#### **Foreword**

In 2020, with the publication of the Delivering a Net Zero NHS Strategy, the NHS became the first healthcare system in the world to commit to becoming net zero.

This commitment was made in response to the unequivocal evidence that climate change is no longer a distant threat, but is already affecting the health and wellbeing of patients and communities across the country. The benefits from taking action not only reduce the future impacts of climate change but also deliver more immediate 'co-benefits' for health. Such action sits alongside the urgent need to adapt the NHS to the impacts of climate change, which will be felt hardest by the most vulnerable in our society, and will place significant strain on NHS infrastructure, staff, and finances.

Healthcare in England is estimated to be 4-5% of national emissions, and around 40% of all emissions generated by the public sector. Not only does the NHS have a clear responsibility to minimise its environmental impact, building a more sustainable NHS also offers a unique opportunity to deliver better patient care while minimising cost and impact on future services.

NHS England committed to regular reviews of progress, and this report represents the first such assessment. To support this work, we the NHS Net Zero Expert Panel, comprising global leaders and specialists in environmental sustainability, healthcare, and carbon analytics, were convened to provide guidance on the next stages of this critical journey.

Despite the challenges over recent years, NHS staff have demonstrated extraordinary dedication. They have embraced sustainability principles, implemented impactful solutions, and driven change.

Thanks to their efforts, NHS Carbon Footprint emissions have already decreased by 14% since the publication of the Delivering a Net Zero NHS strategy, and over 68% since 1990 - an impressive achievement given the context, and a reflection of their commitment.

Looking ahead, the Fit for the Future: 10 Year Health Plan for England sets out a clear and ambitious pathway. National demographic changes and an evolving burden of disease will increase demand on the NHS. These challenges will be compounded by the impacts of climate change and will include more frequent extreme weather events and an increased prevalence of vector-borne diseases.

The NHS remains on track to achieve its interim target of an 80% reduction in direct emissions by 2032. We recognise there is much more work to do but are confident that recent investments in solar power, battery storage, energy efficiency, and

charging infrastructure will further reduce emissions while delivering substantial financial savings.

However, the NHS cannot achieve net zero in isolation. Decarbonisation of the electricity grid, acceleration of low-carbon heating options, wider electric vehicle infrastructure, and more sustainable production of medicines are all essential.

We expect that the Greener NHS team will continue to refine data, modelling, and analytical services to monitor and report the NHS carbon footprint with increasing precision. They should continue working with partners effectively to ensure interventions will enhance resilience, reduce costs, and improve patient care.

We extend our sincere thanks to all NHS staff working towards a Greener NHS for their continued commitment to this shared ambition. Together, we are building a healthier, more sustainable future for patients, communities, and generations to come.

## NHS Net Zero Expert Panel

Professor Mike Davies, Institute for Environmental Design and Engineering, University College London

Professor Matthew Eckelman, Department of Civil and Environmental Engineering, Northeastern University

Professor Piers Forster, Member of the Climate Change Committee, Director of the Priestley Centre for Climate Futures, University of Leeds

Professor Kamila Hawthorne, Chair, Royal College of General Practitioners; and later Professor Victoria Tzortziou-Brown, RCGP Vice Chair External Affairs and RCGP Chair-elect and Professor in Primary Healthcare and Health Policy, QMUL

Chris Naylor, Senior Fellow; and Zoë Abrams, Director of Communications and Engagement, The King's Fund

Dr Josephine Sauvage, Chief Medical Officer, North Central London Integrated Care Board

Dr Richard Smith, Chair, UK Health Alliance on Climate Change

Professor Nick Watts, Director, Centre for Sustainable Medicine, National University of Singapore

# Introduction

Climate change poses a major risk to health and wellbeing. The impacts of climate change on health can be seen across the UK but are particularly harmful for those who are at greatest risk of living in poor health. Alongside heat-related mortalities, 38,000 deaths a year are attributable to poor air pollution, whilst there is an increase in the number of new vector-borne diseases being found in the UK.

Between 2020 and 2024 in England, the UK Health Security Agency (UKHSA) estimated that there were a total of 10,781 heat-associated deaths as a direct consequence of heatwaves. Projections suggest heat related deaths are set to rise to around 11,000 per year by the 2050s without adaptation and mitigation efforts. UKHSA estimates that currently heat-related mortality in England alone costs £6.8 billion annually, and is likely to increase to £14.7 billion per year by the 2050s.

In response to the growing threat of climate change to the health service and public health, in 2020 the NHS became the world's first health system to commit to reaching net zero and take action to reduce the future impacts of climate change. The <u>Delivering a Net Zero National Health Service (2020)</u> strategy, set two targets against a 1990 baseline:

- Net zero by 2040 for the emissions the NHS controls directly (the NHS Carbon Footprint), with an 80% reduction by 2028-2032
- Net zero by 2045 for the emissions the NHS can influence (the NHS Carbon Footprint Plus), with an ambition to reach an 80% reduction by 2036 to 2039

**MAJOR EMISSIONS SCOPE 1 SCOPE 3** DIRECT **SCOPE 2 PERSONAL** TRAVEL INDIRECT Cio CAL SUP **111 -**----BUSINESS TRAVEL Ī \* 母田 **NHS CARBON NHS CARBON FOOTPRINT FOOTPRINT PLUS** 

Figure 1: Greenhouse Gas Protocol scopes in the context of the NHS

Since the publication of the NHS net zero strategy, the UK has faced two of the warmest years on record. All areas of the UK have experienced warmer summers and milder winters, consistent with global trends. Rapidly rising global temperatures, are now 1.1°C above pre-industrial levels. These are projected to exceed 1.5°C, the temperature at which scientists warn there will be irreversible environmental damage, undermining long-term resilience and equity.

In addition to the burden on health outcomes, climate change poses a significant service delivery and financial threat to the NHS, impacting both infrastructure and services for patients. As the number and intensity of <u>flooding incidents and heatwaves</u> increase, interruption to critical NHS services may further undermine healthcare delivery, highlighting the necessity of adaptation alongside mitigation efforts.

In the five years since the NHS made its world leading commitment to deliver a net zero health service, it has been strengthened by national and international action:

- the <u>Health and Care Act 2022</u> introduced new duties for trusts and integrated care boards (ICBs) to consider climate change in their operations, making the NHS the first healthcare system to embed net zero in legislation
- Lord Darzi's <u>Independent Investigation of the NHS in England</u> reinforced the benefits of tackling climate change, stating that 'there is no trade-off between climate responsibilities and reducing waiting lists. Indeed, often health and climate are mutually reinforcing goals'
- all trusts and ICBs, encompassing more than 1,000 hospitals and healthcare facilities, now have a <u>green plan</u> in place, a local strategy and plan for reaching net zero, and are required to provide annual updates on progress to their board
- following in the footsteps of the NHS, over 40 countries have set their own net zero targets for their healthcare systems and more than 90 countries around the world have now committed to deliver low carbon, sustainable health systems, strengthening the resolve to reduce emissions and global supply chain resilience

The <u>10 Year Health Plan</u> for England set out how the NHS must change to create a modern health service, designed to meet the needs of our changing population, through three shifts: Hospital to Community, Analogue to Digital, and Sickness to Prevention. The plan also reinforced the government's commitment to a net zero NHS, stating plainly: we will prioritise the NHS' existing commitments set out in Delivering a Net Zero Health Service - including achieving net zero by 2040 for the emissions the NHS controls and by 2045 for the emissions it can influence.

This report provides an overview of progress over the last five years, an updated baseline for emissions based on improved data and methodological approaches and considers next steps required to deliver a net zero NHS. The progress towards net zero, as this report details, clearly demonstrates the ways in which the NHS is

already supporting the government's three key priorities through initiatives that save money, support health, drive growth, and build a more sustainable healthcare service.

# Methodology

In 2020, the NHS published the world's first comprehensive healthcare system carbon footprint analysis. The work, developed in collaboration with a team of academics and <u>published in the Lancet Planetary Health journal</u>, found that the NHS was responsible for around 4-5% of the country's emissions. The approach has since been adopted by other healthcare systems around the world and helps support healthcare professionals in understanding where they can make most impact.

Distributed across over 13,500 acute care, mental health, ambulance, community services, and general practice buildings, employing over 1.5 million staff, and delivering 1.7 million patient interactions everyday - carbon footprinting the NHS in England is a complex task. The Greener NHS team has continued to improve its modelling approach by incorporating new and more granular NHS-specific data, improving data quality and availability, and the best available evidence to ensure estimates of NHS emissions remain robust. Allowing a consistent methodology to be retrospectively applied across all years and allow previously published estimates to be improved and updated.

Figures 2 and 3 show a breakdown of emissions, representing an improved understanding of the emissions sources that were published in 2020 and a more granular breakdown. The NHS Carbon Footprint Plus encompasses all emissions associated with NHS activity, while the NHS Carbon Footprint is a subset that includes the NHS' direct emissions (GHG scope 1, 2 and a subset of scope 3). Within the NHS Carbon Footprint, 66% of emissions are from estates (buildings energy, waste, water, and refrigerants), 14% from transport (fleet and business travel), and 20% from medicines (inhalers and anaesthetics gases).

Notable methodological improvements include: the addition of refrigerant emissions; estimates of waste treatment and fleet emissions are now based on NHS-specific data; and supply chain emissions are now based on financial data from individual NHS organisations. In addition, new emissions categories have been identified.

Overall, this improved understanding of NHS emissions will help to further prioritise and track actions nationally and locally. A comprehensive overview of the updated methodology has been published alongside this report to ensure transparency of the approach used.

Figure 2: a breakdown of emissions by proportion of the NHS Carbon Footprint Plus, represented as a pie chart

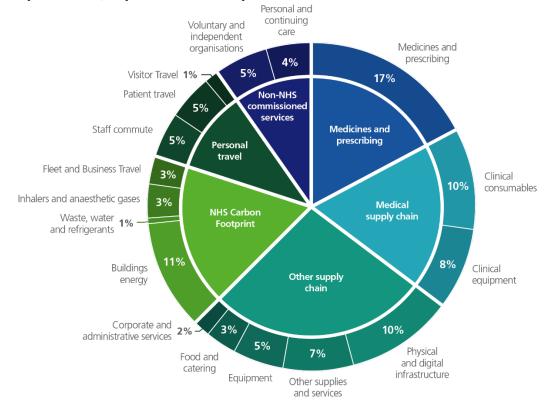


Figure 3: sources of carbon emissions by activity type and setting of care.

		Acute	Ambulance	Community	Mental health & learning disability	Primary care	Commissioners
NHS Carbon footprint	Building energy			•	•	•	
	Waste, water and refrigerants	•					
	Inhalers						
	Anaesthetic gases & nitrous oxide	•	•				
	Fleet and Business Travel	•	•	•	•	•	•
Medicines and prescribing	Medicines and prescribing	•					
Non-NHS commissioned services	Voluntary and independent organisations Personal and continuing care	•			•		•
Medical	Clinical consumables			•		•	
supply chain	Clinical equipment	•	٠	•		•	
	Physical and digital infrastructure		•	•	•	•	
Other	Other supplies and services			•	•		
supply	Equipment			•	•	•	•
chain	Food and catering	•		•	•		
	Corporate and administrative services	•		•	•		•
	Staff commute			•	•	•	
Personal	Patient travel			•		•	
travel	Visitor Travel	•		•		•	

# **Overall progress**

Applying our improved footprinting methodology to carbon emissions calculations from the past five years, we can see that for the NHS Carbon Footprint, emissions in 2024/25 are estimated to be 4.7 MtCO<sub>2</sub>e. Compared with a revised estimate of 14.5 MtCO<sub>2</sub>e for 1990 emissions, this represents a total reduction of 68%, and means the NHS is on track to meet its interim target by 2032. This follows a reduction of 14% in the 5 years since the publication of the NHS' net zero strategy – equivalent to one million people flying from London to New York.

Figure 4	2019/20	2020/21	2021/22	2022/23	2023/24	2024/25				
Total NHS Carbon Footprint (MtCO₂e)	5.5	5.2	5.3	5.0	4.8	4.7				
Which consists of:										
Buildings energy, waste, water, and refrigerants	35	3.3	3.3	3.2	3.2	3.1				
Fleet and business travel	0.7	0.7	0.7	0.6	0.7	0.7				
Inhalers and anaesthetics gases	14	1.2	1.2	1.1	1.0	0.9				
The NHS Carbon Footprint is encompassed within the NHS Carbon Footprint Plus:										
Total Carbon Footprint Plus (MtCO₂e)	27.3	30.5	29.9	27.5	26.8	27.3				

Figure 4: (table) annual total NHS Carbon Footprint and Carbon Footprint Plus (MtCO<sub>2</sub>e) for 2019/20 to 2024/25, updating figures published previously to be consistent with improved data and methodology. Please note the figures have been rounded to one decimal place.

Meeting the 80% reduction target in NHS Carbon Footprint emissions would require emissions to fall to 2.9 MtCO<sub>2</sub>e by 2032, a reduction of 1800 ktCO<sub>2</sub>e (38%) over the next 8 years, or an average of 225 ktCO<sub>2</sub>e per year. While this will be challenging, the actions set out in this report and the projected emissions reductions associated with them demonstrate that this is achievable.

Key actions will include improving respiratory care and introducing inhaler propellants with lower global warming potential; supporting the government in making Britain a clean energy superpower through the delivery of a £100 million Great British Energy and NHS renewable energy programme; the increased roll-out of zero emission vehicles in the NHS fleet; and the adoption of low-carbon heating solutions and energy efficiency measures across the NHS estate. This will be supported through the Government's clean energy mission, that will seek to decarbonise the electricity grid.

We have made progress in understanding our NHS Carbon Footprint Plus emissions. NHS Carbon Footprint Plus emissions increased in 2020/21 and 2021/22, driven by the NHS response to the COVID-19 pandemic, but returned to pre-COVID levels in 2023/24 and 2024/25. Overall, in the last five years the NHS Carbon Footprint Plus has reduced by 15% per real pound of the NHS budget, and by 7% per finished admission episode (FAE), which suggests that the NHS and its suppliers are making progress. As the Net Zero Supplier Roadmap is implemented, a full assessment of progress against targets for the NHS Carbon Footprint Plus will be made in future years.

The updated overview of emissions demonstrates that the NHS' actions to improve patient care and deliver financial savings, while reducing emissions, have been successful. A detailed breakdown follows, outlining progress across key areas and identified next steps.

#### **Medicines**

Emissions associated with medicines include direct emissions from inhalers and anaesthetic gases, and indirect emissions from medicines manufacture, and supply. Emissions from inhalers and anaesthetic gases, including nitrous oxide, are responsible for 20% of the NHS Carbon Footprint. The emissions from the manufacture and supply of all other medicines and prescribing contributes 17% of the NHS Carbon Footprint Plus (4.7 MtCO<sub>2</sub>e).

Emissions from medicines are encompassed within other areas of the NHS Carbon Footprint Plus such as those used within healthcare commissioned outside the NHS. The NHS will prioritise further improving its approach to calculating medicines emissions in the coming years.

## **Progress**

Working in collaboration with NHS staff, Royal Colleges and industry, major progress has been made in reducing NHS Carbon Footprint medicines emissions, since 2020. Overall, the total emissions from inhalers, nitrous oxide and volatile anaesthetics have reduced by 470 ktCO<sub>2</sub>e, or 33% since 2019/2020. Actions taken include:

- working with the Royal College of Anaesthetists and Association of Anaesthetists to <u>decommission desflurane</u> in favour of safe, and clinically appropriate alternatives, has delivered a 41 ktCO<sub>2</sub>e (98%) reduction in desflurane emissions
- improvements in respiratory care and optimising the use of inhalers is supporting patients to better manage their respiratory conditions, reducing direct emissions from inhalers. Emissions have fallen by over 340 ktCO<sub>2</sub>e (33%) since 2019/2020. Progress is expected to continue following the recent publication of <u>updated</u> <u>asthma clinical guidelines</u> which further support better outcomes for asthma patients and a lower environmental impact
- efforts to reduce nitrous oxide waste through leaner supply and stock management have accelerated. With emissions reductions of over 80 ktCO<sub>2</sub>e, resulting in £2.3 million in avoided costs per annum compared with 2019/20

In addition, the NHS has also taken action to reduce polypharmacy and overprescribing through the recommendations of the <u>National Overprescribing</u> <u>Review Report (2021)</u>.

#### **Next steps**

- work to reduce nitrous oxide waste continues with £600,000 invested during 2025, contributing to a total of £1.5 million since 2023. This investment and widespread implementation to reduce waste could save up to £4.5 million per year, building on the existing £2.3 million savings to date
- efforts to promote best practice in respiratory care, supporting the use of clinically appropriate low-carbon inhalers, when supported by individual patient choice, will

continue. The NHS will collaborate with inhaler manufacturers to foster innovation of the next generation propellants for metered-dose inhalers, ensuring availability for patients who need them, whilst ensuring supply resilience and best value for the taxpayer

• the NHS will continue to implement the Net Zero Supplier Roadmap milestones proportionately within national medicines frameworks. This includes requirements for suppliers to publicly report targets, emissions and have a plan in place to reduce them for relevant Scope 1, 2 and 3 emissions from 2027 and the considered introduction of product-level requirements from 2028. The approach will be underpinned by ongoing collaboration with our supply chain partners, recognising and supporting the leadership already demonstrated by medicines suppliers. This continued partnership, will aim to drive meaningful progress towards a lower-carbon medicines supply chain while maintaining patient safety and access.

This continued collaboration with the pharmaceutical industry will include work with the UK Office for Life Science, manufacturers, and the British Standards Institution, to facilitate the development of a set of <u>product category rules for Medicines Life Cycle Assessments</u>, to better understand the footprint of individual products.

The NHS will continue to access and align decarbonisation opportunities with best practice in prescribing, deprescribing, and medicines optimisation to improve patient outcomes, while reducing waste and delivering the best value for patients.

In collaboration with clinical teams, system partners, and industry, the NHS will promote the use of low-carbon alternatives where clinically appropriate, and will explore how climate change considerations could be included in the Single National Formulary as announced in the 10 Year Health Plan.

# **Travel and transport**

The NHS fleet is the second largest fleet in the country, consisting of over 20,000 vehicles travelling over 460 million miles every year. In 2019/20 emissions from travel and transport were calculated to have been approximately 655 ktCO<sub>2</sub>e.

In 2024/25 emissions were estimated to be around 700 ktCO<sub>2</sub>e, or 14% of the NHS Carbon Footprint. 140 ktCO<sub>2</sub>e of these emissions are associated with the ambulance fleet, 30 ktCO<sub>2</sub>e with NHS owned and leased fleet, and 520 ktCO<sub>2</sub>e associated with other transport and transport services.

In October 2023, the <u>NHS Net Zero Travel and Transport Strategy</u> was published, setting out a roadmap to decarbonise travel and transport, with a clear vision of achieving a zero-emission fleet by 2040. Doing so is expected to deliver annual operational savings of £59 million and over £270 million a year in wider health and societal benefits.

As well as the expected direct cost savings from electrification of travel and transport, there are health benefits associated with reduced air pollution and increased physical activity through active travel. The Royal College of Physicians warns that air pollution affects almost every organ in the human body, with an economic cost of £27 billion a year in the UK due to healthcare costs, productivity losses and reduced quality of life. When wider impacts such as dementia are accounted for, evidence suggests the economic cost may be as high as £50 billion a year. Critically, alongside our net zero goals, the NHS has committed to halving its contribution to poor air quality by 2032.

# **Progress**

- wide scale adoption of zero-emission vehicles (ZEVs), across the NHS fleet with one in 10 now being ZEV, compared to one in 100 in 2021
- ambulance Trusts have concluded a successful pilot of twenty-one zero-emission emergency vehicles, including 6 dedicated mental health response vehicles. As a result, ambulance services are increasingly adopting electric vehicles. For example, Yorkshire Ambulance Service NHS Trust has ordered 35 fully electric non-emergency Patient Transport Service vehicles, that provide a full day of operational service with 130 miles range from a single charge. In addition, 12 electric 19-tonne trucks are now in operation across the NHS
- drones have been piloted across the country, including in the delivery of vital chemotherapy drugs to the Isle of Wight, reducing a 4-hour journey time by road and sea to a 30-minute flight, minimising waste, treatment delays, and reducing carbon
- in July 2025, the Department for Transport and the Department for Health and Social Care (DHSC) announced the NHS ChargePoint Accelerator scheme. The investment of £8 million, funded by the Office for Zero Emission Vehicles, will

support the installation of on-site electric vehicle chargepoints on NHS sites. This is expected to deliver average operational savings of £5.2 million annually and £130 million over the next 25 years, and a further £96 million in wider social benefits from reduced vehicle emissions and improved air quality

## **Next steps**

- from 2030, all new ambulances will be zero emission. In preparation, in 2024, the NHS piloted and rolled out its first fully electric double crewed ambulance, with plans to increase the number in service to nearly 80 by the end of 2025/26
- from 2027, all new vehicles owned or leased by the NHS will be zero emission (excluding ambulances)
- by the end of 2026, all NHS trusts and ICBs are required to develop a sustainable travel strategy

Patient and visitor travel accounts for over 40% of total NHS transport emissions. The NHS will continue to work with local authorities and transport organisations to develop ways to accurately measure and understand travel patterns with a view to supporting more inclusive and sustainable travel options for all those travelling to and from NHS sites. The NHS will also continue working with Government and other key partners to identify funding routes to support providers in maintaining their momentum in the transition of the NHS fleet.

# Case study: <u>The Christie at Home team</u> has introduced a fully electric fleet. The Christie a specialist cancer centre, providing cancer treatments to patients in

The Christie, a specialist cancer centre, providing cancer treatments to patients in the comfort of their own home, now operates with a fully electric fleet of vehicles for nurses to deliver the service that covers more than 85,000 miles a year.

The new fleet is made up of 7 electric cars, each with a daily range of around 240 miles - more than enough for the service's busiest travel days, which rarely exceed 150 miles. It is estimated that by switching from petrol to electric, The Christie at Home team will save over 14 tonnes of carbon per year - equivalent to the annual emissions of around 4 average UK households. Alongside reducing the trust's contribution to air pollution, the change will save The Christie more than £20,000 annually on vehicle costs.

# **Estates and facilities**

The NHS is the UK's largest single public energy user, with an annual energy bill that has nearly doubled since 2019 to over £1.4 billion for Trusts alone, supplying energy to over 13,500 buildings spanning 27 million m<sup>2</sup>.

Overall estates emissions have reduced by 10% since 2019/20. Across the secondary care estate energy consumption has reduced, with emissions associated with the consumption of grid electricity dropping by over 220 ktCO<sub>2</sub>e (21%).

Emissions associated with electricity will continue to fall as the government delivers against its clean energy mission, and the national grid decarbonises. The NHS will continue to deliver on-site renewable energy projects to bring down electricity costs, improve energy efficiency, improve resilience, and increase the potential for lower cost low carbon heating in future years.

However, emissions associated with the use of gas (primarily for heating) accounted for around 40% of the NHS Carbon Footprint in 2024/25 and have reduced by just 1% since 2019/20.

# **Progress**

NHS trusts have leveraged low-carbon investment opportunities to reduce carbon emissions across their estates, delivering substantial long-term savings and improvements to patient care. This progress has been bolstered by the <a href="NHS Net Zero Building Standard">NHS Net Zero Building Standard</a> and the <a href="Green Lease Framework">Green Lease Framework</a>.

- since 2020, the NHS has secured over £1.4 billion in additional capital funding through the Government's Public Sector Decarbonisation Scheme (PSDS), across over 100 projects which are expected to reduce energy bills, reduce emissions by over 125 ktCO<sub>2</sub>e, and typically provide a more comfortable environment for patients through building management systems
- over £135 million has been invested in energy efficiency measures, including LED lighting, solar panels, upgrades to building infrastructure, and enhanced building energy management systems. Over 50% of the secondary care estate is now equipped with LED lighting, and solar generation has tripled since 2019
- in March 2025, Great British Energy announced they would co-fund, with DHSC, a package of £100 million to install solar power and battery storage solutions to help drive down energy bills across the NHS. These projects are expected to deliver savings of around £8.6 million a year, and up to £260 million over their projected lifetime
- since 2020/21, trust waste emissions have reduced by 32%, with clinical waste volumes declining for three consecutive years avoiding £22 million in costs and reducing landfill disposal to just 2%

# Case study: Harnessing solar power to save millions

Hull University Teaching Hospitals NHS Trust set itself an ambitious target to be net zero by 2030, supporting the wider NHS' plan to become the world's first carbon net zero national health service. The trust's 11,000-panel solar farm — funded through a government grant of £4.2 million — means that during the summer the organisation saves around £230,000 a month in energy bills. The panels generate more than 4.2 million kilowatt hours every 12 months, equivalent to powering around 1,400 UK households a year. The Trust recently received a grant of over £6 million, as part of the first major project for Great British Energy, and the additional panels are predicted to save the trust up to £9.5 million.

# **Next steps**

- improving energy resilience, enhanced metering across the estate, and seeking
  to remove all oil-led primary heating systems by 2028, supported by all trusts
  either having or being in the process of developing and updating heat
  decarbonisation plans ready to transition away from fossil fuel systems to lowcarbon alternatives
- all new buildings, within scope, will design and deliver health facilities in compliance with the NHS Net Zero Building Standard
- identifying opportunities to both mitigate and adapt to the impacts of climate change the estate is already facing
- where onsite renewable energy is not viable, the NHS will explore alternative financing opportunities with the Department for Energy Security and Net Zero, and the National Infrastructure and Service Transformation Authority, and assess the potential for Power Purchase Agreements through the central NHS energy buying partnership with Crown Commercial Services

Heating remains one of the largest sources of emissions across the NHS estate. Achieving the scale of change required will depend on sustained investment, access to technical expertise, and clear long-term heat and decarbonisation planning. Following PSDS, the NHS will continue working with Government and partners to identify investment to maintain momentum in decarbonising estates, including for onsite renewable energy generation that can deliver cost savings.

As well as lowering costs and reducing emissions, work across the NHS estate will support compliance with the <u>UK Emissions Trading Scheme</u> and seek to minimise the risk of financial penalties for NHS organisations.

#### Food

Nutritious diets can <u>improve clinical outcomes</u> for hospitalised patients, reducing complications, length of stay and readmissions. Catering staff across the NHS are working to improve the health of patients while reducing food-related emissions and minimising waste.

Emissions associated with food and catering services are estimated to account for around 3% of the total NHS Carbon Footprint Plus.

# **Progress**

- <u>National Standards for Healthcare Food and Drink</u> were published to ensure that healthy, nutritious, and sustainable food and drink options are readily available and accessible
- the creation of the NHS Recipe Bank has allowed chefs and catering managers to access over two hundred lower-carbon recipes for easy menu design and dish swaps

# **Next steps**

- publish and implement food waste guidance for the reduction of food waste, that includes using electronic meal ordering and improving crockery which has been shown to reduce food waste by 20% and 15% respectively
- support trusts to identify carbon hotspots in relation to food and food waste in order for them to take action to develop healthy, nutritious, low carbon meals

#### Case study: Low-carbon menus into patient and retail catering

The catering team at the University Hospitals Morecambe Bay NHS Foundation Trust, which operates three acute hospitals in Lancashire and South Cumbria, developed a new patient and retail menu. Using low carbon recipes from the NHS Great Food, Good Health Food Platform in addition to dishes from their existing menu. The project reduced carbon emissions by 18% and reduced costs by 10% while continuing to offer patients a balanced choice of meat, fish, and plant-based choices.

# **Delivering low carbon healthcare**

Patient care is at the heart of everything that the NHS does. All those involved in the design and delivery of clinical care have a part to play in transforming their practices towards low carbon, high quality, efficient, equitable and cost-effective healthcare delivery.

# **Progress**

- the Delivering Low Carbon Care for a Healthier Future framework will provide high level guiding principles for all NHS staff involved in service design to support inclusive care design and delivery, which aligns with our net zero commitments and prioritises patient health, as well as highlighting carbon and cost savings
- in partnership with the Greener NHS team, the Getting It Right First Time
  (GIRFT) programme has developed 'GIRFT greener pathways', a crossspeciality approach to decarbonising clinical care featuring high impact climate
  recommendations. A guide to decarbonising the bladder cancer pathway has
  been published, estimating that implementation of the 12 recommendations
  would reduce carbon emissions by 2470 tCO<sub>2</sub>e, reduce costs, increase same-day
  diagnosis rates and allow patients to spend less time in hospital
- implementation of the <u>Design for Life roadmap</u> is currently underway in partnership with the DHSC, ensuring a transition away from all avoidable single-use medical technology products towards a functioning circular system by 2045. This will be achieved by identifying opportunities to maximise reuse, recycling, re-manufacture, economic growth, and resilience. This will be achieved through collaboration with staff, to support behaviour changes throughout the health and care system. A recent series of pilots with six trusts sought to explore the impact and enablers of large-scale transitions to reuseable medical technology

#### **Next steps**

The NHS has now demonstrated that it can provide low carbon high quality care that delivers cost savings. Over the next five years, our mission is to embed this further, reducing variation and achieving carbon and cost savings at scale. To achieve this:

- net zero principles, in line with the NHS climate duties, will be considered in pathway design and service change programmes, at trust and ICB level, adopting the Southeast Clinical Senate approach where environmental sustainability is embedded at the outset of service redesigns as a guiding principle
- all new and/or refreshed GIRFT national reports will consider environmental
  sustainability from conception, with further roll out of the GIRFT greener
  pathways guides including guides on elective hip, elective knee, and skin cancer
  surgery currently in development, and implementation of these across a range of
  clinical specialties. GIRFT will support the ongoing delivery of low carbon care
  through its national network of clinically led programmes

• in partnership with NHS Supply Chain (NHSSC), Design for Life, Royal Colleges, GIRFT and other representatives of clinical professions, the NHS will take action to reduce the use of products, clinical interventions, and infection prevention control practices that evidence has shown to be clinically unnecessary or outdated, that carry a high cost or carbon burden on the NHS, or where circular solutions are ready for adoption across the system. This includes a commitment to reduce single-use glove and gown use by 25% by 2030. To prepare for a circular future, the NHS will work with the Design for Life programme to survey the existing decontamination infrastructure available to the NHS to support reusable products and develop a strategy for maximising this capacity

# Research and innovation

Research and innovation are key enablers to support the transition towards a more sustainable healthcare system and are driving better and more efficient care for patients while delivering value for the taxpayer.

Since 2021 the <u>Small Business Research Initiative (SBRI) Healthcare programme</u>, hosted by the Accelerated Access Collaborative, in partnership with the Greener NHS team and the Health Innovation Network, has awarded over £10 million to innovation projects that benefit patients and accelerate a more sustainable NHS.

These include pioneering circular economy and decontamination initiatives to allow reuse of devices; development of a virtual care models; specialist surgical textiles designed for reuse; and drones to transport medical packages.

Since 2021, the Medical Research Council, the National Institute for Health and Care Research, and UK Research and Innovation have invested over £50 million in research funding on decarbonisation and adaptation of healthcare. This includes £25 million of research funding over a 5-year period for decarbonising health and social care, and investment of £12 million into two transdisciplinary research hubs that will focus on circularity and delivery of low carbon care.

# Case study: Reducing plastic waste and building a circular economy

Currently 99% of the clinical and laboratory plastic waste worldwide is sent to landfills or incinerated, and less than 1% of lab-grade consumables are made from recycled materials. Supported by SBRI competition 24, LabCycle has developed an innovative solution that enables a circular economy model for clinical and research plastic waste. The system allows single-use plastics, such as syringes and specimen pots, to be decontaminated and recycled into high-quality lab consumables, including test tubes and petri dishes. This solution reduces carbon emissions by approximately 90% compared to incineration. Pilot projects across a number of NHS sites have <u>yielded positive results</u> with carbon savings from Somerset NHS Foundation Trust estimated to be 1929 kgCO<sub>2</sub>e annually.

# Workforce

Staff continue to be supportive of the NHS taking action on net zero with nine in 10 staff supporting this ambition. Across the NHS small changes in behaviour have unlocked improved patient outcomes, efficiencies, cost savings and greater staff retention. The ambition is to now embed behaviour change at all levels across the workforce, to deliver these demonstrated benefits.

# **Progress**

- collaboration with the Royal Colleges, regulators, clinical associations, and societies has seen the development of a range of specialty specific guidance for the clinical workforce. This includes but is not limited to the Royal College of General Practitioners Net Zero Hub; The Royal College of Emergency Medicine GreenED framework; Green Impact Dentistry Toolkit; The UK Health Alliance on Climate Change Green Surgery Report; and the Royal College of Psychiatrists' Net Zero resources and guidance. This work offers guidance to clinicians and staff on options to improve patient health, deliver financial savings and reduce emissions
- numerous specialty specific sustainability networks have been set up including the nursing and midwifery sustainability network enabling sharing of best practice net zero initiatives
- in the last 5 years over 100,000 staff in England have completed training on sustainable healthcare, with several clinical regulators integrating sustainability into professional standards and training curricula

#### **Next steps**

- as part of their green plans, all trusts and ICBs should have an established clinical lead with oversight of net zero clinical transformation as well as formal links into board level leadership and governance
- as part of the Design for Life programme, a training and skills framework, and a behaviour change plan will be developed, which will seek to support staff to deliver the financial, carbon, resilience, and patient safety opportunities that circular and low carbon products provide

The NHS will continue to ensure all staff have the skills and knowledge to adopt more sustainable practices to unlock improved patient outcomes and cost savings.

# Supply chain and procurement

A large proportion of the NHS Carbon Footprint Plus is associated with the supplies and services purchased by NHS organisations, with over 600,000 products purchased from 80,000 national and global suppliers. Supply chain emissions from 'medical' and 'other' supply chain are estimated to be 12.4 MtCO<sub>2</sub>e in 2024/25. This includes MedTech products that are encompassed in a range of categories including within 'clinical equipment', 'clinical consumables', and 'other equipment'.

Improvements to the methodological approach for calculating supply chain emissions, along with greater engagement with suppliers, mean NHS organisations now have a better understanding of supply chain emissions, categories, and sources. The improvements will enable better targeting of action and development of policy. However, the current methodology's reliance on economic (spend-based) emissions factors currently limits the NHS' ability to measure progress.

Overall, estimates indicate that supply chain emissions have fallen since COVID-19, suggesting that the NHS and its suppliers are making progress, but a fuller assessment will be made in future years.

# **Progress**

The <u>Net Zero Supplier Roadmap</u>, published in 2021, set out clear steps to help suppliers align with the NHS' ambition to decarbonise its supply chain, up until 2030. The initial milestones have been implemented, providing useful proxy indicators for progress.

- from April 2022, the NHS adopted a 10% weighting for net zero and social value across all new NHS procurements. From April 2023, implementation of the Cabinet Office Procurement Policy Note 006 began, requiring suppliers for all new contracts above £5 million per annum to publish a Carbon Reduction Plan (CRP). From April 2024, the NHS proportionately extended this requirement to all new procurements
- under the 2024 policy, almost 90% of NHS non-pay spend is in scope of Carbon Reduction Plan (CRP) or Net Zero Commitment requirements, with a near 100% pass rate for CRP requirements across NHS Supply Chain frameworks and NHS England medicines tenders<sup>1</sup>
- over 2000 suppliers have signed up to the <u>Evergreen Sustainable Supplier</u>
   <u>Assessment</u>, a tool for suppliers to engage with the NHS on their sustainability journey and demonstrate progress

Healthcare supply chains are global, and action to reduce emissions and improve resilience will require global collaboration. The Greener NHS team has collaborated

<sup>&</sup>lt;sup>1</sup> Suppliers who did not comply with the Carbon Reduction Plan requirement also failed to meet other framework requirements.

with health systems in other countries including Ireland, Norway, Australia, Germany, and France (Ministry of Health) to seek to align supplier requirements that will improve adoption, efficiency, costs, and resilience globally.

In addition, the NHS is working through the Sustainable Markets Initiative, initiated by HRH The King and constituted of key pharmaceutical and med-tech companies, to drive more transparent carbon footprinting in the production of medicines, alongside optimising care pathways and supply chains.

## **Next steps**

- from 2027, the NHS will implement new, proportionate requirements for suppliers to publicly report targets, emissions, and a plan to reduce them for all their relevant Scope 1, 2 and 3 global emissions
- some suppliers already apply environmental considerations at a product level. The NHS will continue to collaborate with suppliers, regulators, and international health systems to help coproduce the approach to the 2028 product carbon footprinting requirements, but will not expect life cycle assessments for every product at this stage. The focus will be proportionate and prioritised on understanding high-emission areas, particularly pharmaceuticals, medical technologies, and digital where more granular carbon insights can deliver value on the NHS' journey to net zero. The NHS remains committed to aligning with emerging international standards and relevant government initiatives, ensuring the approach is both globally coherent and locally impactful

The NHS will work closely with suppliers and procurement staff as it develops guidance to implement these important milestones and produce the next phase of the NHS Net Zero Supplier Roadmap for 2030 onwards.

#### Case study: Global suppliers supporting net zero

The Evergreen Sustainable Supplier Assessment is an online tool which enables suppliers to engage with the NHS on their sustainability journey and align with the NHS net zero and sustainability ambitions, including those set out in the NHS Net Zero Supplier Roadmap. The assessment, which can be completed by any supplier to the NHS in England and the devolved nations, has been submitted by over two thousand suppliers. Global brands and strategic healthcare suppliers including <a href="AstraZeneca">AstraZeneca</a>, <a href="Sodexo">Sodexo</a> and <a href="GSK">GSK</a> have actively engaged with the NHS' goals and been awarded the highest level of recognition for their sustainability efforts, including validated 2045 net zero targets for their global emissions.

# **Digital**

The shift from analogue to digital will transform the way that care is delivered in the NHS, by increasingly putting care into the hands of patients through technology. This digital transformation will need to meet the needs of patients and users efficiently and sustainably; whilst ensuring that IT systems are resilient to climate change risks.

Emissions associated with digital services contribute to categories throughout the NHS Carbon Footprint and NHS Carbon Footprint Plus including hardware, software, and MedTech. All of which contribute to emissions associated with energy usage.

# **Progress**

- the creation of more than 12,000 virtual ward 'beds' is allowing patients to get the care they need at home safely and conveniently. The NHS is increasingly introducing virtual wards to support people at the place they call home, including care homes. This is expected to deliver savings of up to 100 ktCO<sub>2</sub>e
- the NHS App outpatient booking service allows patients to book outpatient appointments quickly and easily, the service could save 29 ktCO<sub>2</sub>e, 63 million sheets of A4 paper and 152 million minutes of staff time each year
- measures to reduce the energy consumption of idle computers have been piloted across the country, in one case saving 590 tCO<sub>2</sub>e and £440,000 annually

# **Next steps**

- ensure that implementation of the 10 Year Plan's digital aspirations are environmentally sustainable, resilient and responsible, supported by the launch of Greener by Design requirements for health system digitisation as part of the One Architecture approach in 2026/2027, with the ambition to reach system wide implementation by 2029/30
- implementation of the UK Government's Sustainable AI Principles to ensure NHS AI deployment meets government requirements for sustainability and environmental impact
- in line with 2028 supplier roadmap ambitions, support the continued disclosure and reduction of emissions related to NHS IT software, hosting, and hardware related emissions

# **Adaptation**

Even as the NHS decarbonises, the impacts of climate change will continue to grow, threatening the delivery of essential NHS services and population health. As set out in the NHS and UKHSA's <u>Fourth Health and Climate Adaptation Report</u>, more frequent floods, heatwaves, and worsening air pollution are already impacting the population. Without appropriate safeguards these hazards will affect staff, damage infrastructure, and disrupt critical services such as water, energy, and transport.

Ensuring the healthcare system is resilient to the impacts of extreme weather is essential in maintaining healthcare delivery and protecting NHS sites and services.

# **Progress**

- the third <u>National Adaptation Programme</u> (NAP3) sets out the key NHS actions for 2023 to 2028, including an update of standards for facilities' resilience planning
- the Fourth Health and Climate Adaptation Report sets out the NHS' climate
  resilience priorities to protect service continuity, supported by tools such as the
  NHS <u>Climate Change Risk Assessment tool</u>, which enables trusts and system
  leaders to identify risks to local sites and services, assess potential impacts, and
  plan effective responses
- the <u>Emergency Preparedness</u>, <u>Resilience and Response (EPRR) Core</u>
   <u>Standards</u> mandate robust business continuity plans across all NHS trusts for incidents such as flooding, extreme heat, and severe cold

# **Next steps**

The NHS will build on its strong emergency preparedness by coupling acute response with longer-term strategic adaptation, recognising that evolving climate risks require proactive, system-wide action to protect health, infrastructure, and services.

- in-line with <u>Green Plan Guidance</u>, the CCRA tool will continue to be rolled out across all trusts and systems, ensuring local response plans are informed by comprehensive risk assessments of local sites and services
- conducting an emergency response exercise on adverse weather and health in every NHS region by 2030. These exercises will assess response capabilities, communication pathways, and resource coordination among organisations and partners
- the NHS will collaborate with its partners including UKHSA to raise awareness of climate impacts and responses amongst NHS staff

Whilst, considerable progress has been made in strengthening healthcare resilience to the growing impacts of climate change, challenges in addressing vulnerabilities,

improving infrastructure, and empowering the health workforce to lead and deliver adaptation efforts remain.

Adaptation must be integrated as part of mitigation plans to maintain healthcare delivery, protect infrastructure, and safeguard patients and staff during extreme weather events. By acting now, the NHS can protect the most vulnerable, strengthen resilience, and ensure the health system continues to deliver for patients.

# **Summary**

The *Delivering a Net Zero NHS Strategy* set an ambition considered to be achievable but challenging. The dedication shown by NHS staff – with tangible actions highlighted throughout this progress report – confirms that the original ambition have so far been met and the NHS is considered to be on track to meet its interim targets.

During the last five years, the NHS has not only seen emissions in the Carbon Footprint fall, but it has witnessed a profound energy, passion and pride from those NHS staff wanting to make a difference to this commitment. There is also now clear evidence that taking action offers wider benefits - efficiencies have been achieved across our estate, in our fleet, and in how we seek to deliver better care to our patients.

Part of this progress is in knowing where, as well as how, to take action. The ability to do this has been driven by a better understanding of where our emissions occur. The NHS' understanding of its carbon footprint has improved substantially over the last five years. The Greener NHS team will continue the journey to improve data, refine methodology against best practice, and report appropriately through the NHS Sustainability Board, annual emissions updates, and as part of future progress reports. Through improved understanding, and independent scrutiny, resources can be deployed effectively and to where they can make most difference.

The *Delivering a Net Zero NHS Strategy* is still considered to be the right approach to decarbonisation of the NHS. Over the next five years, the NHS will seek to maintain its commitment and accelerate the momentum created. Refreshed green plans will help staff understand where they can make a difference in their own Trust or Integrated Commissioning Board and replicate evidence-based, best practice models of care to wider parts of the health system.

The objectives set out in this report, will be underpinned and reinforced by the 10 Year Health Plan's commitments to deliver more care out-of-hospital, expand the use of digitally enabled care where clinically appropriate, improving prevention of ill health, and reducing health inequalities. The foundations have been set to deliver the first interim ambition for 2032. With continued support and guidance, and the acknowledgement that taking action can deliver a more sustainable health system, NHS staff can feel encouraged to meet the ambitions to 2040 and 2045.