## Booking your NHS winter flu vaccination

Dear ((fullName)),

You can book a free winter NHS flu vaccination because you are aged **65 or over** (or will be on 31 March 2026).

## A qr code to book your vaccination onlineHow to get your flu vaccination

* Contact your GP surgery
* Book a pharmacy appointment on the NHS App or online at [www.nhs.uk/book-flu-jab](http://www.nhs.uk/book-flu-jab)
* Find a pharmacy at [www.nhs.uk/flu-pharmacy](http://www.nhs.uk/flu-pharmacy)

It’s best to get vaccinated as soon as you can ahead of the colder months.

## If you need support

If you can’t get online, phone **119**. Translators are available. You can also use text phone **18001 119** or the NHS British Sign Language service at [www.signvideo.co.uk/nhs119](http://www.signvideo.co.uk/nhs119).  

If you get your care at home, contact your GP surgery and ask for a **home visit**.

For information in easy read and other languages and formats, go to [www.england.nhs.uk/seasonal-invites](http://www.england.nhs.uk/seasonal-invites).

## Why the NHS is offering a winter flu vaccination

Flu spreads more easily in winter and can be hard to avoid. Every year, thousands of older adults need hospital care for flu. It’s important you have your vaccination every year to reduce your risk of severe symptoms as protection fades over time and viruses change. Read more at [www.nhs.uk/flujab](http://www.nhs.uk/flujab).

## Other NHS vaccinations

If you haven't already, you may be able to get pneumococcal, RSV and shingles vaccinations. For full details, go to [www.nhs.uk/vaccinations](http://www.nhs.uk/vaccinations).

Yours sincerely,

NHS England Vaccination Team

**Data protection:** NHS England is responsible for processing personal data for the purpose of national vaccination programmes. You can read our privacy notice at [www.england.nhs.uk/privacy-notice](http://www.england.nhs.uk/privacy-notice).