Classification: Official

NHS England Evidence Review:

Children and Young People Masculinising and Feminising Medicines

Publication reference: PRN02420_iv

Contents

Exclusions at initial title and abstract screening stage 4
Table 1: References excluded for topics 2417h and 2417j 4
Table 2: References excluded for topics 2417l and 2417n 74
Table 3: References excluded for topics 2417i, 2417k, 2417m, 2417o, 2417p & 2417q 158
Exclusions at topic-specific title and abstract screening stage 238
Table 4: References excluded for topic 2417h 238
Table 5: References excluded for topic 2417i 244
Table 6: References excluded for topic 2417j 249
Table 7: References excluded for topic 2417k 255
Table 8: References excluded for topic 2417l 258
Table 9: References excluded for topic 2417m 260
Table 10: References excluded for topic 2417h 262
Table 11: References excluded for topic 2417o 264
Table 12: References excluded for topic 2417p 266
Table 13: References excluded for topic 2417q 267

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This document lists papers that were excluded at the title and abstract screening stage because it was clear they did not meet the relevant population, design, intervention, comparison, or outcomes (PICO) criteria for inclusion, as defined in the agreed NHS England PICO tables.

Initial abstract and title screening was undertaken by an information scientist following combined library searches across multiple topics. The combined searches were organised based on the population and intervention defined for each topic. Tables 1 – 3 present the references excluded during this initial screening stage by the information scientist.

Subsequent topic-specific title and abstract screening was undertaken by individual evidence reviewers. Tables 4–13 present references excluded during topic-specific abstract and title screening.

If eligibility for inclusion could not be determined from the title and abstract the full text of the paper was reviewed by an evidence reviewer. Papers excluded after the full text screening stage are reported separately and can be found in Appendix D of the relevant evidence review. The PICO criteria for eligibility for inclusion applied are set out in Appendix A of each evidence review document.

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Exclusions at initial title and abstract screening stage

Table 1: References excluded for topics 2417h and 2417j

Table 1 below lists references that were excluded from the combined search for the following topics:

- 2417h: Feminising medicines comprising oestrogen for children and young people with gender incongruence who identify as a female gender and wish to undergo a binary physical transition
- 2417j: Masculinising medicines comprising testosterone for children and young people with gender incongruence who identify as a male gender and wish a binary physical transition

Table 1: References excluded during initial title and abstract screening of the combined search for topics 2417h and 2417j

Number	Study Reference
1	Abbruzzese E, Levine SB, Mason JW. The Myth of "Reliable Research" in Pediatric Gender Medicine: A critical evaluation of the Dutch Studies-and research that has followed. J Sex Marital Ther. 2023;49(6):673-99.
2	Abel BS. Hormone treatment of children and adolescents with gender dysphoria: an ethical analysis. Hastings Cent Rep. 2014;44 Suppl 4:S23-7.
3	Abern L, Maguire K, Cook J, Carugno J. Prevalence of Vulvar Pain and Dyspareunia in Trans Masculine Individuals. LGBT health. 2022;9(3):194-8.
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5	Abu-Ghname A, Grome L, Raj S, Axelrad ME, Chapman SG. Health Care Services Utilization by Transgender Patients in a Medicaid Managed Program. J Health Care Poor Underserved. 2021;32(1):435-48.
6	Adeleye AJ, Cedars MI, Smith J, Mok-Lin E. Ovarian stimulation for fertility preservation or family building in a cohort of transgender men. J Assist Reprod Genet. 2019;36(10):2155-61.
7	Adeleye AJ, Reid G, Kao CN, Mok-Lin E, Smith JF. Semen Parameters Among Transgender Women With a History of Hormonal Treatment. Urology. 2019;124:136-41.
8	Adriaansen MJ, Perry WNC, Perry HE, Steel RC. Binary male-female laboratory reference ranges do not reflect reality for transgender individuals on sex-hormone therapy. New Zealand Journal of Medical Laboratory Science. 2017;71(3):101-5.
9	Agana MG, Greydanus DE, Indyk JA, Calles JL, Jr., Kushner J, Leibowitz S, et al. Caring for the transgender adolescent and young adult: Current concepts of an evolving process in the 21st century. Dis Mon. 2019;65(9):303-56.

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11	Agrawal P, Singh SM, Hsueh J, Grutman A, An C, Able C, et al. Testosterone therapy in females is not associated with increased cardiovascular or breast cancer risk: a claims database analysis. J Sex Med. 2024;21(5):414-9.
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14	Aldridge Z, Patel S, Guo B, Nixon E, Pierre Bouman W, Witcomb GL, et al. Long-term effect of gender-affirming hormone treatment on depression and anxiety symptoms in transgender people: A prospective cohort study. Andrology. 2021;9(6):1808-16.
15	Alegria CA. Gender nonconforming and transgender children/youth: Family, community, and implications for practice. J Am Assoc Nurse Pract. 2016;28(10):521-7.
16	Algarin AB, Cirilo A, Pitpitan EV, Pines HA, Padilla-Garcia R, Zapien-Vasquez MF, et al. Examining the Interplay Between Preexposure Prophylaxis (PrEP) and Gender-Related Stigmas as Barriers for PrEP Uptake Among Transgender Women in Tijuana, Mexico: A Mixed-Methods Study. Aids Behav. 2024;28(11):3655-65.
17	Alpern S, Yaish I, Wagner-Kolasko G, Greenman Y, Sofer Y, Paltiel Lifshitz D, et al. Why fertility preservation rates of transgender men are much lower than those of transgender women. Reprod Biomed Online. 2022;44(5):943-50.
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85	Bockting W, Benner A, Coleman E. Gay and bisexual identity development among female-to-male transsexuals in North America: emergence of a transgender sexuality. Arch Sex Behav. 2009;38(5):688-701.
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Table 2: References excluded for topics 2417l and 2417n

Table 2 below lists references that were excluded from the combined search for the following topics:

- 2417l: Feminising medicines comprising oestrogen with gonadotrophin-releasing hormone (GnRH) analogues for children and young people with gender incongruence who identify as a female gender and wish to undergo a binary physical transition
- 2417n: Masculinising medicines comprising testosterone with gonadotrophin-releasing hormone (GnRH) analogues for children and young people with gender incongruence who identify as a male gender and wish to undergo a binary physical transition

Table 2: References excluded during initial title and abstract screening of the combined search for topics 2417l and 2417n

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Table 3: References excluded for topics 2417i, 2417k, 2417m, 2417o, 2417p & 2417q

Table 3 below lists references that were excluded from the combined search for the following topics:

- 2417i: Feminising medicines comprising oestrogen for children and young people with gender incongruence who identify as non-binary and wish partial physical feminisation
- 2417k: Masculinising medicines comprising testosterone for children and young people with gender incongruence who identify as non-binary and wish partial physical masculinisation
- 2417m: Feminising medicines comprising oestrogen with gonadotrophin-releasing hormone (GnRH) analogues for children and young people with gender incongruence who identify as non-binary and wish partial physical feminisation
- 2417o: Masculinising medicines comprising testosterone with gonadotrophin-releasing hormone (GnRH) analogues for children and young people with gender incongruence who identify as non-binary and wish partial physical masculinisation

- 2417p: Gonadotrophin-releasing hormone (GnRH) analogues for children and young adults with gender incongruence who identify as non-binary and wish partial physical feminisation
- 2417q: Gonadotrophin-releasing hormone (GnRH) analogues for children and young adults with gender incongruence who identify as non-binary and wish partial physical masculinisation

Table 3: References excluded during initial title and abstract screening of the combined search for topics 2417i, 2417k, 2417m, 2417o, 2417p & 2417q

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Exclusions at topic-specific title and abstract screening stage

Table 4: References excluded for topic 2417h

Table 4 below lists references that were excluded from the topic-specific title and abstract screening for the following topic:[1]

- 2417h: Feminising medicines comprising oestrogen for children and young people with gender incongruence who identify as a female gender and wish to undergo a binary physical transition

Table 4: References excluded during topic specific title and abstract screening for topic 2417h

Number	Study Reference
1	Achille C, Taggart T, Eaton NR, Osipoff J, Tafuri K, Lane A, et al. Longitudinal impact of gender-affirming endocrine intervention on the mental health and well-being of transgender youths: preliminary results. Int J Pediatr Endocrinol. 2020;2020:8.
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3	Amir H, Yaish I, Oren A, Groutz A, Greenman Y, Azem F. Fertility preservation rates among transgender women compared with transgender men receiving comprehensive fertility counselling. Reprod Biomed Online. 2020;41(3):546-54.
4	Andrzejewski J, Dunville R, Johns MM, Michaels S, Reisner SL. Medical Gender Affirmation and HIV and Sexually Transmitted Disease Prevention in Transgender Youth: Results from the Survey of Today's Adolescent Relationships and Transitions, 2018. LGBT health. 2021;8(3):181-9.
5	Arnoldussen M, Hooijman EC, Kreukels BP, de Vries AL. Association between pre-treatment IQ and educational achievement after gender-affirming treatment including puberty suppression in transgender adolescents. Clinical Child Psychology and Psychiatry. 2022;27(4):1069-76.
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[1] Where combined searches were undertaken, the same reference may appear in more than one table following topic-specific title and abstract screening.

Number	Study Reference
8	Arnoldussen M, van der Miesen AIR, Elzinga WS, Alberse AE, Popma A, Steensma TD, et al. Self-Perception of Transgender Adolescents After Gender-Affirming Treatment: A Follow-Up Study into Young Adulthood. LGBT health. 2022;9(4):238-46.
9	Barnard EP, Dhar CP, Rothenberg SS, Menke MN, Witchel SF, Montano GT, et al. Fertility Preservation Outcomes in Adolescent and Young Adult Feminizing Transgender Patients. Pediatrics. 2019;144(3):09.
10	Barrera E, Locks R, Kremen J, Yu R. Fertility preservation in transfeminine adolescents using TESE at the time of Histrelin Acetate subcutaneous implant placement: A Case Series. J Pediatr Urol. 2023;19(5):540.e1-.e5.
11	Bechard M, VanderLaan DP, Wood H, Wasserman L, Zucker KJ. Psychosocial and Psychological Vulnerability in Adolescents with Gender Dysphoria: A "Proof of Principle" Study. J Sex Marital Ther. 2017;43(7):678-88.
12	Biedermann SV, Asmuth J, Schroder J, Briken P, Auer MK, Fuss J. Childhood adversities are common among trans people and associated with adult depression and suicidality. J Psychiatr Res. 2021;141:318-24.
13	Boogers LS, Reijtenbagh SJP, Wiepjes CM, van Trotsenburg ASP, den Heijer M, Hannema SE. Time Course of Body Composition Changes in Transgender Adolescents During Puberty Suppression and Sex Hormone Treatment. J Clin Endocrinol Metab. 2024;109(8):e1593-e601.
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Number	Study Reference
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24	Conard R, Folsom L. Family planning preferences in transgender youth in an urban multi-disciplinary gender clinic. Journal of Clinical and Translational Endocrinology. 2024;36(no pagination).
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Number	Study Reference
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Number	Study Reference
76	Tan KKH, Byrne JL, Treharne GJ, Veale JF. Unmet need for gender-affirming care as a social determinant of mental health inequities for transgender youth in Aotearoa/New Zealand. J Public Health (Oxf). 2023;45(2):e225-e33.
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84	Wittlin NM, Gallagher NM, Atwood S, Olson KR. Mental Health during Medical Transition in a US and Canadian Sample of Early Socially Transitioned Transgender Youth. J Adolesc Health. 2025;76(2):228-37.

Table 5: References excluded for topic 2417i

Table 5 below lists references that were excluded from the topic-specific title and abstract screening for the following topic:[2]

- 2417i: Feminising medicines comprising oestrogen for children and young people with gender incongruence who identify as non-binary and wish partial physical feminisation

[2] Where combined searches were undertaken, the same reference may appear in more than one table following topic-specific title and abstract screening.

Table 5: References excluded during topic specific title and abstract screening for topic 2417i

Number	Study Reference
1	Andrzejewski J, Dunville R, Johns MM, Michaels S, Reisner SL. Medical Gender Affirmation and HIV and Sexually Transmitted Disease Prevention in Transgender Youth: Results from the Survey of Today's Adolescent Relationships and Transitions, 2018. LGBT health. 2021;8(3):181-9.
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3	Arnoldussen M, Hooijman EC, Kreukels BP, de Vries AL. Association between pre-treatment IQ and educational achievement after gender-affirming treatment including puberty suppression in transgender adolescents. Clinical Child Psychology and Psychiatry. 2022;27(4):1069-76.
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Number	Study Reference
14	Carroll R, Sepulveda B, McLeod L, Stephenson C, Carroll RW. Characteristics and gender affirming healthcare needs of transgender and non-binary students starting hormone therapy in a student health service in Aotearoa New Zealand. J Prim Health Care. 2023;15(2):106-11.
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Number	Study Reference
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Table 6: References excluded for topic 2417j

Table 6 below lists references that were excluded from the topic-specific title and abstract screening for the following topic:[3]

- 2417j: Masculinising medicines comprising testosterone for children and young people with gender incongruence who identify as a male gender and wish a binary physical transition

Table 6: References excluded during topic specific title and abstract screening for topic 2417j

Number	Study Reference
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[3] Where combined searches were undertaken, the same reference may appear in more than one table following topic-specific title and abstract screening.

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Number	Study Reference
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Table 7: References excluded for topic 2417k

Table 7 below lists references that were excluded from the topic-specific title and abstract screening for the following topic:[4]

- 2417k: Masculinising medicines comprising testosterone for children and young people with gender incongruence who identify as non-binary and wish partial physical masculinisation

Table 7: References excluded during topic specific title and abstract screening for topic 2417k

Number	Study Reference
1	Albrethsen J, Ostergren PB, Norup PB, Sonksen J, Fode M, Kistorp C, et al. Serum Insulin-like Factor 3, Testosterone, and LH in Experimental and Therapeutic Testicular Suppression. J Clin Endocrinol Metab. 2023;108(11):2834-9.
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[4] Where combined searches were undertaken, the same reference may appear in more than one table following topic-specific title and abstract screening.

Number	Study Reference
3	Boskey ER, Jolly D, Tabaac AR, Ganor O. Behavioral health concerns and eligibility factors among adolescents and young adults seeking gender-affirming masculinizing top surgery. LGBT health. 2020;7(4):182-9.
4	Boskey ER, Redwood E, Parsa T, Grimstad FW. Fertility Intentions and Histories Among Transgender Adults Who Started Gender-Affirming Testosterone Before Adulthood. Womens Health Issues. 2025;35(2):74-82.
5	Brik T, Vrouenraets L, de Vries MC, Hannema SE. Trajectories of Adolescents Treated with Gonadotropin-Releasing Hormone Analogues for Gender Dysphoria. Arch Sex Behav. 2020;49(7):2611-8.
6	Chen D, Matson M, Macapagal K, Johnson EK, Rosoklija I, Finlayson C, et al. Attitudes Toward Fertility and Reproductive Health Among Transgender and Gender-Nonconforming Adolescents. J Adolesc Health. 2018;63(1):62-8.
7	Cheung AS. Adult Height in Transgender Youth Who Receive GnRH Analogues Followed by Gender-Affirming Hormone Therapy. J Clin Endocrinol Metab. 2025;110(2):e538-e9.
8	Ciancia S, Klink D, Craen M, Cools M. Early puberty suppression and gender-affirming hormones do not alter final height in transgender adolescents. Eur. 2023;189(3):396-401.
9	Conard R, Folsom L. Family planning preferences in transgender youth in an urban multi-disciplinary gender clinic. Journal of Clinical and Translational Endocrinology. 2024;36(no pagination).
10	de Nie I, Asseler JD, Arnoldussen M, Baas S, de Vries ALC, Huirne JAF, et al. Reflecting on the Importance of Family Building and Fertility Preservation: Transgender People's Experiences with Starting Gender-Affirming Treatment as an Adolescent. Transgend Health. 2024;9(4):298-306.
11	de Vries AL, McGuire JK, Steensma TD, Wagenaar EC, Doreleijers TA, Cohen-Kettenis PT. Young adult psychological outcome after puberty suppression and gender reassignment. Pediatrics. 2014;134(4):696-704.
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13	Garborcauskas G, McCabe E, Boskey ER, Grimstad FW. Family Building Perspectives of Assigned Female at Birth Transgender and Gender Diverse Adolescents Seeking Testosterone Gender-Affirming Hormone Therapy. LGBT health. 2022;9(7):463-70.
14	Grimstad FW, Boskey ER, Clark RS, Ferrando CA. Management of breakthrough bleeding in transgender and gender diverse individuals on testosterone. Am J Obstet Gynecol. 2024;231(5):534.e1-.e11.
15	Halloran J, Smidt AM, Morrison A, Cron J, Kallen AN, Olezeski CL. Reproductive and Fertility Knowledge and Attitudes Among Transgender and Gender-Expansive Youth: A Replication and Extension. Transgend Health. 2023;8(4):328-36.

Number	Study Reference
16	Klaver M, de Mutsert R, Wiepjes CM, Twisk JWR, den Heijer M, Rotteveel J, et al. Early Hormonal Treatment Affects Body Composition and Body Shape in Young Transgender Adolescents. J Sex Med. 2018;15(2):251-60.
17	Klink D, Caris M, Heijboer A, van Trotsenburg M, Rotteveel J. Bone mass in young adulthood following gonadotropin-releasing hormone analog treatment and cross-sex hormone treatment in adolescents with gender dysphoria. J Clin Endocrinol Metab. 2015;100(2):E270-5.
18	Lavender R, Shaw S, Maninger JK, Butler G, Carruthers P, Carmichael P, et al. Impact of Hormone Treatment on Psychosocial Functioning in Gender-Diverse Young People. LGBT health. 2023;10(5):382-90.
19	Perl L, Segev-Becker A, Israeli G, Elkon-Tamir E, Oren A. Blood Pressure Dynamics After Pubertal Suppression with Gonadotropin-Releasing Hormone Analogs Followed by Testosterone Treatment in Transgender Male Adolescents: A Pilot Study. LGBT health. 2020;7(6):340-4.
20	Robinson GA, Peng J, Peckham H, Butler G, Pineda-Torra I, Ciurtin C, et al. Investigating sex differences in T regulatory cells from cisgender and transgender healthy individuals and patients with autoimmune inflammatory disease: a cross-sectional study. Lancet Rheumatol. 2022;4(10):e710-e24.
21	Schagen SEE, Lustenhouwer P, Cohen-Kettenis PT, Delemarre-van de Waal HA, Hannema SE. Changes in Adrenal Androgens During Puberty Suppression and Gender-Affirming Hormone Treatment in Adolescents With Gender Dysphoria. J Sex Med. 2018;15(9):1357-63.
22	Schagen SEE, Wouters FM, Cohen-Kettenis PT, Gooren LJ, Hannema SE. Bone Development in Transgender Adolescents Treated With GnRH Analogues and Subsequent Gender-Affirming Hormones. J Clin Endocrinol Metab. 2020;105(12):01.
23	Tack LJ, Craen M, Dhondt K, Vanden Bossche H, Laridaen J, Cools M. Consecutive lynestrenol and cross-sex hormone treatment in biological female adolescents with gender dysphoria: a retrospective analysis. Biol Sex Differ. 2016;7:14.
24	Thurston LT, Skorska MN, Lobaugh NJ, Zucker KJ, Chakravarty MM, Lai MC, et al. White matter microstructure in transmasculine and cisgender adolescents: A multiparametric and multivariate study. PLoS ONE. 2024;19(3):e0300139.
25	Tornese G, Di Mase R, Munarin J, Ciancia S, Santamaria F, Fava D, et al. Use of gonadotropin-releasing hormone agonists in transgender and gender diverse youth: a systematic review. Front Endocrinol (Lausanne). 2025;16:1555186.
26	van der Loos M, Hannema SE, Klink DT, den Heijer M, Wiepjes CM. Continuation of gender-affirming hormones in transgender people starting puberty suppression in adolescence: a cohort study in the Netherlands. Lancet Child Adolesc Health. 2022;6(12):869-75.
27	van der Loos M, Vlot MC, Klink DT, Hannema SE, den Heijer M, Wiepjes CM. Bone Mineral Density in Transgender Adolescents Treated With Puberty Suppression and Subsequent Gender-Affirming Hormones. Jama, Pediatr. 2023;177(12):1332-41.

Number	Study Reference
28	van der Loos MA, Hellinga I, Vlot MC, Klink DT, den Heijer M, Wiepjes CM. Development of Hip Bone Geometry During Gender-Affirming Hormone Therapy in Transgender Adolescents Resembles That of the Experienced Gender When Pubertal Suspension Is Started in Early Puberty. J Bone Miner Res. 2021;36(5):931-41.
29	Vlot MC, Klink DT, den Heijer M, Blankenstein MA, Rotteveel J, Heijboer AC. Effect of pubertal suppression and cross-sex hormone therapy on bone turnover markers and bone mineral apparent density (BMAD) in transgender adolescents. Bone. 2017;95:11-9.

Table 8: References excluded for topic 2417l

Table 8 below lists references that were excluded from the topic-specific title and abstract screening for the following topic:[5]

- 2417l: Feminising medicines comprising oestrogen with gonadotrophin-releasing hormone (GnRH) analogues for children and young people with gender incongruence who identify as a female gender and wish to undergo a binary physical transition

Table 8: References excluded during topic specific title and abstract screening for topic 2417l

Number	Study Reference
1	Angus LM, Nolan BJ, Zajac JD, Cheung AS. A systematic review of antiandrogens and feminization in transgender women. Clin Endocrinol (Oxf). 2021;94(5):743
2	Barrera E, Locks R, Kremen J, Yu R. Fertility preservation in transfeminine adolescents using TESE at the time of Histrelin Acetate subcutaneous implant placement: A Case Series. J Pediatr Urol. 2023;19(5):540.e1-.e5.
3	Bauer GR, Pacaud D, Couch R, Metzger DL, Gale L, Gotovac S, et al. Transgender Youth Referred to Clinics for Gender-Affirming Medical Care in Canada. Pediatrics. 2021;148(5):11.
4	Boogers LS, van der Loos M, Wiepjes CM, van Trotsenburg ASP, den Heijer M, Hannema SE. The dose-dependent effect of estrogen on bone mineral density in trans girls. Eur. 2023;189(2):290-6.
5	Brik T, Vrouenraets L, de Vries MC, Hannema SE. Trajectories of Adolescents Treated with Gonadotropin-Releasing Hormone Analogues for Gender Dysphoria. Arch Sex Behav. 2020;49(7):2611-8.
6	Cheung AS. Adult Height in Transgender Youth Who Receive GnRH Analogues Followed by Gender-Affirming Hormone Therapy. J Clin Endocrinol Metab. 2025;110(2):e538-e9.

[5] Where combined searches were undertaken, the same reference may appear in more than one table following topic-specific title and abstract screening.

Number	Study Reference
7	Fisher AD, Ristori J, Romani A, Cassioli E, Mazzoli F, Cocchetti C, et al. Back to the Future: Is GnRHa Treatment in Transgender and Gender Diverse Adolescents Only an Extended Evaluation Phase? J Clin Endocrinol Metab. 2024;109(6):1565-79.
8	Ghelani R, Lim C, Brain C, Fewtrell M, Butler G. Sudden sex hormone withdrawal and the effects on body composition in late pubertal adolescents with gender dysphoria. J Pediatr Endocrinol Metab. 2020;33(1):107-12.
9	Gilani M, Wallach P, Kyriakou A. Levels of physical activity and barriers to sport participation in young people with gender dysphoria. J Pediatr Endocrinol Metab. 2021;34(6):747-53.
10	Jensen RK, Jensen JK, Simons LK, Chen D, Rosoklija I, Finlayson CA. Effect of Concurrent Gonadotropin-Releasing Hormone Agonist Treatment on Dose and Side Effects of Gender-Affirming Hormone Therapy in Adolescent Transgender Patients. Transgend Health. 2019;4(1):300-3.
11	Joseph T, Ting J, Butler G. The effect of GnRH analogue treatment on bone mineral density in young adolescents with gender dysphoria: findings from a large national cohort. J Pediatr Endocrinol Metab. 2019;32(10):1077-81.
12	Karakilic Ozturan E, Ozturk AP, Bas F, Erdogdu AB, Kaptan S, Kardelen Al AD, et al. Endocrinological Approach to Adolescents with Gender Dysphoria: Experience of a Pediatric Endocrinology Department in a Tertiary Center in Turkey. J Clin Res Pediatr Endocrinol. 2023;15(3):276-84.
13	Lavender R, Shaw S, Maninger JK, Butler G, Carruthers P, Carmichael P, et al. Impact of Hormone Treatment on Psychosocial Functioning in Gender-Diverse Young People. LGBT health. 2023;10(5):382-90.
14	Martinez-Martin FJ, Kuzior A, Hernandez-Lazaro A, de Leon-Durango RJ, Rios-Gomez C, Santana-Ojeda B, et al. Incidence of hypertension in young transgender people after a 5-year follow-up: association with gender-affirming hormonal therapy. Hypertens Res. 2023;46(1):219-25.
15	Masic U, Butler G, Carruthers P, Carmichael P. Trajectories of transgender adolescents referred for endocrine intervention in England. Arch Dis Child. 2022;107(11):1012-7.
16	McCallion S, Smith S, Kyle H, Shaikh MG, Wilkinson G, Kyriakou A. An appraisal of current service delivery and future models of care for young people with gender dysphoria. Eur J Pediatr. 2021;180(9):2969-76.
17	Nahata L, Tishelman AC, Caltabellotta NM, Quinn GP. Low Fertility Preservation Utilization Among Transgender Youth. J Adolesc Health. 2017;61(1):40-4.
18	Ni J, Chi C, Aye T. Review of Implant Gonadotrophin-Releasing Hormone Agonist Use: Experience in a Single Academic Center. Horm Res Paediatr. 2023;96(5):523-6.
19	Nokoff NJ, Bothwell S, Rice JD, Cree MG, Kelsey MM, Moreau KL, et al. Insulin sensitivity, body composition and bone mineral density after testosterone treatment in transgender youth with and without prior GnRH agonist therapy. J Clin Transl Endocrinol. 2024;36:100356.

Number	Study Reference
20	Nos AL, Klein DA, Adirim TA, Schvey NA, Hisle-Gorman E, Susi A, et al. Association of Gonadotropin-Releasing Hormone Analogue Use With Subsequent Use of Gender-Affirming Hormones Among Transgender Adolescents. JAMA netw. 2022;5(11):e2239758.
21	Pine-Twaddell E, Newfield RS, Marinkovic M. Extended Use of Histrelin Implant in Pediatric Patients. Transgend Health. 2023;8(3):264
22	Schneider F, Neuhaus N, Wistuba J, Zitzmann M, Hes J, Mahler D, et al. Testicular functions and clinical characterization of patients with gender dysphoria (GD) undergoing sex reassignment surgery (SRS). J Sex Med. 2015;12(11):2190-200.
23	Schulmeister C, Millington K, Kaufman M, Finlayson C, Kennedy JO, Garofalo R, et al. Growth in Transgender/Gender-Diverse Youth in the First Year of Treatment With Gonadotropin-Releasing Hormone Agonists. J Adolesc Health. 2022;70(1):108-13.
24	Steininger J, Knaus S, Kaufmann U, Ott J, Riedl S. Treatment trajectories of gender incongruent Austrian youth seeking gender-affirming hormone therapy. Front Endocrinol (Lausanne). 2024;15:1258495.
25	Sumerwell C, Carlin K, Walsh E, Hodax JK. Serum Hormone Concentrations in Transgender Youth Receiving Estradiol. Endocr Pract. 2024;30(2):155-9.
26	Tornese G, Di Mase R, Munarin J, Ciancia S, Santamaria F, Fava D, et al. Use of gonadotropin-releasing hormone agonists in transgender and gender diverse youth: a systematic review. Front Endocrinol (Lausanne). 2025;16:1555186.
27	Waldner RC, Doulla M, Atallah J, Rathwell S, Grimbly C. Leuprolide Acetate and QTc Interval in Gender-Diverse Youth. Transgend Health. 2023;8(1):84-8.

Table 9: References excluded for topic 2417m

Table 9 below lists references that were excluded from the topic-specific title and abstract screening for the following topic:[6]

- 2417m: Feminising medicines comprising oestrogen with gonadotrophin-releasing hormone (GnRH) analogues for children and young people with gender incongruence who identify as non-binary and wish partial physical feminisation

[6] Where combined searches were undertaken, the same reference may appear in more than one table following topic-specific title and abstract screening.

Table 9: References excluded during topic specific title and abstract screening for topic 2417m

Number	Study Reference
1	Boogers LS, van der Loos M, Wiepjes CM, van Trotsenburg ASP, den Heijer M, Hannema SE. The dose-dependent effect of estrogen on bone mineral density in trans girls. Eur. 2023;189(2):290-6.
2	Brik T, Vrouenraets L, de Vries MC, Hannema SE. Trajectories of Adolescents Treated with Gonadotropin-Releasing Hormone Analogues for Gender Dysphoria. Arch Sex Behav. 2020;49(7):2611-8.
3	Chen D, Abrams M, Clark L, Ehrensaft D, Tishelman AC, Chan YM, et al. Psychosocial Characteristics of Transgender Youth Seeking Gender-Affirming Medical Treatment: Baseline Findings From the Trans Youth Care Study. J Adolesc Health. 2021;68(6):1104-11.
4	Cheung AS. Adult Height in Transgender Youth Who Receive GnRH Analogues Followed by Gender-Affirming Hormone Therapy. J Clin Endocrinol Metab. 2025;110(2):e538-e9.
5	Fisher AD, Ristori J, Romani A, Cassioli E, Mazzoli F, Cocchetti C, et al. Back to the Future: Is GnRHa Treatment in Transgender and Gender Diverse Adolescents Only an Extended Evaluation Phase? J Clin Endocrinol Metab. 2024;109(6):1565-79.
6	Gawlik A, Antosz A, Kasparek K, Nowak Z, Grabski B. Gender confirmation hormonal treatment use in young Polish transgender binary and non-binary persons. Endokrynol Pol. 2022;73(6):922-7.
7	Hewitt JK, Paul C, Kasiannan P, Grover SR, Newman LK, Warne GL. Hormone treatment of gender identity disorder in a cohort of children and adolescents. Med J Aust. 2012;196(9):578-81.
8	Jensen RK, Jensen JK, Simons LK, Chen D, Rosoklija I, Finlayson CA. Effect of Concurrent Gonadotropin-Releasing Hormone Agonist Treatment on Dose and Side Effects of Gender-Affirming Hormone Therapy in Adolescent Transgender Patients. Transgend Health. 2019;4(1):300-3.
9	Joseph T, Ting J, Butler G. The effect of GnRH analogue treatment on bone mineral density in young adolescents with gender dysphoria: findings from a large national cohort. J Pediatr Endocrinol Metab. 2019;32(10):1077-81.
10	Klink D, Caris M, Heijboer A, van Trotsenburg M, Rotteveel J. Bone mass in young adulthood following gonadotropin-releasing hormone analog treatment and cross-sex hormone treatment in adolescents with gender dysphoria. J Clin Endocrinol Metab. 2015;100(2):E270-5.
11	Masic U, Butler G, Carruthers P, Carmichael P. Trajectories of transgender adolescents referred for endocrine intervention in England. Arch Dis Child. 2022;107(11):1012-7.
12	McCallion S, Smith S, Kyle H, Shaikh MG, Wilkinson G, Kyriakou A. An appraisal of current service delivery and future models of care for young people with gender dysphoria. Eur J Pediatr. 2021;180(9):2969-76.
13	Norup PB, Haahr ME, Christiansen P, Aksglaede L, Cleemann L, Johannsen TH, et al. Growth and Adult Height Attainment in Danish Transgender Adolescents Treated With GnRH Analog and Sex Hormones. J Clin Endocrinol Metab. 2024;109(11):2764-73.

Number	Study Reference
14	Nos AL, Klein DA, Adirim TA, Schvey NA, Hisle-Gorman E, Susi A, et al. Association of Gonadotropin-Releasing Hormone Analogue Use With Subsequent Use of Gender-Affirming Hormones Among Transgender Adolescents. JAMA netw. 2022;5(11):e2239758.
15	Schulmeister C, Millington K, Kaufman M, Finlayson C, Kennedy JO, Garofalo R, et al. Growth in Transgender/Gender-Diverse Youth in the First Year of Treatment With Gonadotropin-Releasing Hormone Agonists. J Adolesc Health. 2022;70(1):108-13.
16	Sumerwell C, Carlin K, Walsh E, Hodax JK. Serum Hormone Concentrations in Transgender Youth Receiving Estradiol. Endocr Pract. 2024;30(2):155-9.
17	Tornese G, Di Mase R, Munarin J, Ciancia S, Santamaria F, Fava D, et al. Use of gonadotropin-releasing hormone agonists in transgender and gender diverse youth: a systematic review. Front Endocrinol (Lausanne). 2025;16:1555186.
18	van der Loos M, Klink DT, Hannema SE, Bruinsma S, Steensma TD, Kreukels BPC, et al. Children and adolescents in the Amsterdam Cohort of Gender Dysphoria: trends in diagnostic- and treatment trajectories during the first 20 years of the Dutch Protocol. J Sex Med. 2023;20(3):398-409.
19	van der Loos M, Vlot MC, Klink DT, Hannema SE, den Heijer M, Wiepjes CM. Bone Mineral Density in Transgender Adolescents Treated With Puberty Suppression and Subsequent Gender-Affirming Hormones. Jama, Pediatr. 2023;177(12):1332-41.

Table 10: References excluded for topic 2417h

Table 10 below lists references that were excluded from the topic-specific title and abstract screening for the following topic:[7]

- 2417n: Masculinising medicines comprising testosterone with gonadotrophin-releasing hormone (GnRH) analogues for children and young people with gender incongruence who identify as a male gender and wish to undergo a binary physical transition

Table 10: References excluded during topic specific title and abstract screening for topic 2417n

Number	Study Reference
1	Angus LM, Nolan BJ, Zajac JD, Cheung AS. A systematic review of antiandrogens and feminization in transgender women. Clin Endocrinol (Oxf). 2021;94(5):743
2	Chen D, Abrams M, Clark L, Ehrensaft D, Tishelman AC, Chan YM, et al. Psychosocial Characteristics of Transgender Youth Seeking Gender-Affirming Medical Treatment: Baseline Findings From the Trans Youth Care Study. J Adolesc Health. 2021;68(6):1104-11.

[7] Where combined searches were undertaken, the same reference may appear in more than one table following topic-specific title and abstract screening.

Number	Study Reference
3	Fisher AD, Ristori J, Romani A, Cassioli E, Mazzoli F, Cocchetti C, et al. Back to the Future: Is GnRHa Treatment in Transgender and Gender Diverse Adolescents Only an Extended Evaluation Phase? J Clin Endocrinol Metab. 2024;109(6):1565-79.
4	Gilani M, Wallach P, Kyriakou A. Levels of physical activity and barriers to sport participation in young people with gender dysphoria. J Pediatr Endocrinol Metab. 2021;34(6):747-53.
5	Grimstad FW, Knoll MM, Jacobson JD. Oxandrolone Use in Trans-Masculine Youth Appears to Increase Adult Height: Preliminary Evidence. LGBT health. 2021;8(4):300-6.
6	Joseph T, Ting J, Butler G. The effect of GnRH analogue treatment on bone mineral density in young adolescents with gender dysphoria: findings from a large national cohort. J Pediatr Endocrinol Metab. 2019;32(10):1077-81.
7	Karakilic Ozturan E, Ozturk AP, Bas F, Erdogdu AB, Kaptan S, Kardelen Al AD, et al. Endocrinological Approach to Adolescents with Gender Dysphoria: Experience of a Pediatric Endocrinology Department in a Tertiary Center in Turkey. J Clin Res Pediatr Endocrinol. 2023;15(3):276-84.
8	Klink D, Caris M, Heijboer A, van Trotsenburg M, Rotteveel J. Bone mass in young adulthood following gonadotropin-releasing hormone analog treatment and cross-sex hormone treatment in adolescents with gender dysphoria. J Clin Endocrinol Metab. 2015;100(2):E270-5.
9	McCallion S, Smith S, Kyle H, Shaikh MG, Wilkinson G, Kyriakou A. An appraisal of current service delivery and future models of care for young people with gender dysphoria. Eur J Pediatr. 2021;180(9):2969-76.
10	Millington K, Schulmeister C, Finlayson C, Grabert R, Olson-Kennedy J, Garofalo R, et al. Physiological and Metabolic Characteristics of a Cohort of Transgender and Gender-Diverse Youth in the United States. J Adolesc Health. 2020;67(3):376-83.
11	Ni J, Chi C, Aye T. Review of Implant Gonadotrophin-Releasing Hormone Agonist Use: Experience in a Single Academic Center. Horm Res Paediatr. 2023;96(5):523-6.
12	Nokoff NJ, Bothwell S, Rice JD, Cree MG, Kelsey MM, Moreau KL, et al. Insulin sensitivity, body composition and bone mineral density after testosterone treatment in transgender youth with and without prior GnRH agonist therapy. J Clin Transl Endocrinol. 2024;36:100356.
13	Nokoff NJ, DuBose L, Bothwell S, Cree MG, Kelsey MM, Nadeau KJ, et al. Impact of Testosterone on Endothelial Function Varies by GnRH Agonist Treatment. J. 2025;9(7):bvaf086.
14	Nokoff NJ, Nemkov T, Bothwell S, Cree MG, Fuller KNZ, Keller AC, et al. Differences in cardiorespiratory fitness by gonadotropin-releasing hormone agonist treatment before and after testosterone in transgender adolescents. J Appl Physiol. 2024;137(5):1470-83.
15	Nos AL, Klein DA, Adirim TA, Schvey NA, Hisle-Gorman E, Susi A, et al. Association of Gonadotropin-Releasing Hormone Analogue Use With Subsequent Use of Gender-Affirming Hormones Among Transgender Adolescents. JAMA netw. 2022;5(11):e2239758.

Number	Study Reference
16	Pine-Twaddell E, Newfield RS, Marinkovic M. Extended Use of Histrelin Implant in Pediatric Patients. Transgend Health. 2023;8(3):264
17	Tornese G, Di Mase R, Munarin J, Ciancia S, Santamaria F, Fava D, et al. Use of gonadotropin-releasing hormone agonists in transgender and gender diverse youth: a systematic review. Front Endocrinol (Lausanne). 2025;16:1555186.
18	Waldner RC, Doulla M, Atallah J, Rathwell S, Grimbly C. Leuprolide Acetate and QTc Interval in Gender-Diverse Youth. Transgend Health. 2023;8(1):84-8.
19	Willemsen LA, Boogers LS, Wiepjes CM, Klink DT, van Trotsenburg ASP, den Heijer M, et al. Just as Tall on Testosterone; a Neutral to Positive Effect on Adult Height of GnRHa and Testosterone in Trans Boys. J Clin Endocrinol Metab. 2023;108(2):414-21.

Table 11: References excluded for topic 2417o

Table 11 below lists references that were excluded from the topic-specific title and abstract screening for the following topic:[8]

- 2417o: Masculinising medicines comprising testosterone with gonadotrophin-releasing hormone (GnRH) analogues for children and young people with gender incongruence who identify as non-binary and wish partial physical masculinisation

Table 11: References excluded during topic specific title and abstract screening for topic 2417o

Number	Study Reference
1	Angus LM, Nolan BJ, Zajac JD, Cheung AS. A systematic review of antiandrogens and feminization in transgender women. Clin Endocrinol (Oxf). 2021;94(5):743-52.
2	Baram S, Myers SA, Yee S, Librach CL. Fertility preservation for transgender adolescents and young adults: a systematic review. Hum Reprod Update. 2019;25(6):694-716.
3	Chen D, Abrams M, Clark L, Ehrensaft D, Tishelman AC, Chan YM, et al. Psychosocial Characteristics of Transgender Youth Seeking Gender-Affirming Medical Treatment: Baseline Findings From the Trans Youth Care Study. J Adolesc Health. 2021;68(6):1104-11.
4	Dopp AR, Peipert A, Buss J, De Jesus-Romero R, Palmer K, Lorenzo-Luaces L. Interventions for Gender Dysphoria and Related Health Problems in Transgender and Gender-Expansive Youth: A Systematic Review of Benefits and Risks to Inform Practice, Policy, and Research. Rand health q. 2025;12(2):2.
5	Fisher AD, Ristori J, Romani A, Cassioli E, Mazzoli F, Cocchetti C, et al. Back to the Future: Is GnRHa Treatment in Transgender and Gender Diverse Adolescents Only an Extended Evaluation Phase? J Clin Endocrinol Metab. 2024;109(6):1565-79.

[8] Where combined searches were undertaken, the same reference may appear in more than one table following topic-specific title and abstract screening.

Number	Study Reference
6	Gawlik A, Antosz A, Kasparek K, Nowak Z, Grabski B. Gender confirmation hormonal treatment use in young Polish transgender binary and non-binary persons. Endokrynol Pol. 2022;73(6):922-7.
7	Hewitt JK, Paul C, Kasiannan P, Grover SR, Newman LK, Warne GL. Hormone treatment of gender identity disorder in a cohort of children and adolescents. Med J Aust. 2012;196(9):578-81.
8	Joseph T, Ting J, Butler G. The effect of GnRH analogue treatment on bone mineral density in young adolescents with gender dysphoria: findings from a large national cohort. J Pediatr Endocrinol Metab. 2019;32(10):1077-81.
9	Klink D, Caris M, Heijboer A, van Trotsenburg M, Rotteveel J. Bone mass in young adulthood following gonadotropin-releasing hormone analog treatment and cross-sex hormone treatment in adolescents with gender dysphoria. J Clin Endocrinol Metab. 2015;100(2):E270-5.
10	McCallion S, Smith S, Kyle H, Shaikh MG, Wilkinson G, Kyriakou A. An appraisal of current service delivery and future models of care for young people with gender dysphoria. Eur J Pediatr. 2021;180(9):2969-76.
11	McFarlane T, Zajac JD, Cheung AS. Gender-affirming hormone therapy and the risk of sex hormone-dependent tumours in transgender individuals-A systematic review. Clin Endocrinol (Oxf). 2018;89(6):700-11.
12	Nokoff NJ, DuBose L, Bothwell S, Cree MG, Kelsey MM, Nadeau KJ, et al. Impact of Testosterone on Endothelial Function Varies by GnRH Agonist Treatment. J. 2025;9(7):bvaf086.
13	Nokoff NJ, Nemkov T, Bothwell S, Cree MG, Fuller KNZ, Keller AC, et al. Differences in cardiorespiratory fitness by gonadotropin-releasing hormone agonist treatment before and after testosterone in transgender adolescents. J Appl Physiol. 2024;137(5):1470-83.
14	Nos AL, Klein DA, Adirim TA, Schvey NA, Hisle-Gorman E, Susi A, et al. Association of Gonadotropin-Releasing Hormone Analogue Use With Subsequent Use of Gender-Affirming Hormones Among Transgender Adolescents. JAMA netw. 2022;5(11):e2239758.
15	Taylor J, Hall R, Langton T, Fraser L, Hewitt CE. Care pathways of children and adolescents referred to specialist gender services: a systematic review. Arch Dis Child. 2024;109(Suppl 2):s57-s64.
16	Taylor J, Mitchell A, Hall R, Langton T, Fraser L, Hewitt CE. Masculinising and feminising hormone interventions for adolescents experiencing gender dysphoria or incongruence: a systematic review. Arch Dis Child. 2024;109(Suppl 2):s48-s56.
17	Tornese G, Di Mase R, Munarin J, Ciancia S, Santamaria F, Fava D, et al. Use of gonadotropin-releasing hormone agonists in transgender and gender diverse youth: a systematic review. Front Endocrinol (Lausanne). 2025;16:1555186.
18	van der Loos M, Vlot MC, Klink DT, Hannema SE, den Heijer M, Wiepjes CM. Bone Mineral Density in Transgender Adolescents Treated With Puberty Suppression and Subsequent Gender-Affirming Hormones. Jama, Pediatr. 2023;177(12):1332-41.

Number	Study Reference
19	Willemsen LA, Boogers LS, Wiepjes CM, Klink DT, van Trotsenburg ASP, den Heijer M, et al. Just as Tall on Testosterone; a Neutral to Positive Effect on Adult Height of GnRHa and Testosterone in Trans Boys. J Clin Endocrinol Metab. 2023;108(2):414-21.

Table 12: References excluded for topic 2417p

Table 12 below lists references that were excluded from the topic-specific title and abstract screening for the following topic:[9]

- 2417p: Gonadotrophin-releasing hormone (GnRH) analogues for children and young adults with gender incongruence who identify as non-binary and wish partial physical feminisation

Table 12: References excluded during topic specific title and abstract screening for topic 2417p

Number	Study Reference
1	Baram S, Myers SA, Yee S, Librach CL. Fertility preservation for transgender adolescents and young adults: a systematic review. Hum Reprod Update. 2019;25(6):694-716.
2	Cheung AS. Adult Height in Transgender Youth Who Receive GnRH Analogues Followed by Gender-Affirming Hormone Therapy. J Clin Endocrinol Metab. 2025;110(2):e538-e9.
3	Hewitt JK, Paul C, Kasiannan P, Grover SR, Newman LK, Warne GL. Hormone treatment of gender identity disorder in a cohort of children and adolescents. Med J Aust. 2012;196(9):578-81.
4	McFarlane T, Zajac JD, Cheung AS. Gender-affirming hormone therapy and the risk of sex hormone-dependent tumours in transgender individuals-A systematic review. Clin Endocrinol (Oxf). 2018;89(6):700-11.
5	Sumerwell C, Carlin K, Walsh E, Hodax JK. Serum Hormone Concentrations in Transgender Youth Receiving Estradiol. Endocr Pract. 2024;30(2):155-9.
6	Taylor J, Hall R, Langton T, Fraser L, Hewitt CE. Care pathways of children and adolescents referred to specialist gender services: a systematic review. Arch Dis Child. 2024;109(Suppl 2):s57-s64.
7	Taylor J, Mitchell A, Hall R, Langton T, Fraser L, Hewitt CE. Masculinising and feminising hormone interventions for adolescents experiencing gender dysphoria or incongruence: a systematic review. Arch Dis Child. 2024;109(Suppl 2):s48-s56.
8	van der Loos M, Vlot MC, Klink DT, Hannema SE, den Heijer M, Wiepjes CM. Bone Mineral Density in Transgender Adolescents Treated With Puberty Suppression and Subsequent Gender-Affirming Hormones. Jama, Pediatr. 2023;177(12):1332-41.

[9] Where combined searches were undertaken, the same reference may appear in more than one table following topic-specific title and abstract screening.

Table 13: References excluded for topic 2417q

Table 13 below lists references that were excluded from the topic-specific title and abstract screening for the following topic:[10]

- 2417q: Gonadotrophin-releasing hormone (GnRH) analogues for children and young adults with gender incongruence who identify as non-binary and wish partial physical masculinisation

Table 13: References excluded during topic specific title and abstract screening for topic 2417q

Number	Study Reference
1	Baram S, Myers SA, Yee S, Librach CL. Fertility preservation for transgender adolescents and young adults: a systematic review. Hum Reprod Update. 2019;25(6):694-716.
2	Cheung AS. Adult Height in Transgender Youth Who Receive GnRH Analogues Followed by Gender-Affirming Hormone Therapy. J Clin Endocrinol Metab. 2025;110(2):e538-e9.
3	Hewitt JK, Paul C, Kasiannan P, Grover SR, Newman LK, Warne GL. Hormone treatment of gender identity disorder in a cohort of children and adolescents. Med J Aust. 2012;196(9):578-81.
4	McFarlane T, Zajac JD, Cheung AS. Gender-affirming hormone therapy and the risk of sex hormone-dependent tumours in transgender individuals-A systematic review. Clin Endocrinol (Oxf). 2018;89(6):700-11.
5	Nokoff NJ, DuBose L, Bothwell S, Cree MG, Kelsey MM, Nadeau KJ, et al. Impact of Testosterone on Endothelial Function Varies by GnRH Agonist Treatment. J. 2025;9(7):bvaf086.
6	Nokoff NJ, Nemkov T, Bothwell S, Cree MG, Fuller KNZ, Keller AC, et al. Differences in cardiorespiratory fitness by gonadotropin-releasing hormone agonist treatment before and after testosterone in transgender adolescents. J Appl Physiol. 2024;137(5):1470-83.
7	Taylor J, Hall R, Langton T, Fraser L, Hewitt CE. Care pathways of children and adolescents referred to specialist gender services: a systematic review. Arch Dis Child. 2024;109(Suppl 2):s57-s64.
8	Taylor J, Mitchell A, Hall R, Langton T, Fraser L, Hewitt CE. Masculinising and feminising hormone interventions for adolescents experiencing gender dysphoria or incongruence: a systematic review. Arch Dis Child. 2024;109(Suppl 2):s48-s56.
9	van der Loos M, Vlot MC, Klink DT, Hannema SE, den Heijer M, Wiepjes CM. Bone Mineral Density in Transgender Adolescents Treated With Puberty Suppression and Subsequent Gender-Affirming Hormones. Jama, Pediatr. 2023;177(12):1332-41.
10	Willemsen LA, Boogers LS, Wiepjes CM, Klink DT, van Trotsenburg ASP, den Heijer M, et al. Just as Tall on Testosterone; a Neutral to Positive Effect on Adult Height of GnRHa and Testosterone in Trans Boys. J Clin Endocrinol Metab. 2023;108(2):414-21.

[10] Where combined searches were undertaken, the same reference may appear in more than one table following topic-specific title and abstract screening.

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