

Easy read RSV vaccine invitation 2026: plain text

Getting your free NHS RSV vaccine

This is your invite to get your free NHS RSV vaccine

RSV is a virus. It is also called respiratory syncytial virus

It affects the lungs and is easy to catch.

For most people, RSV can cause a cough, sore throat and cold

But some people get very poorly with RSV and need to go to hospital.

People who are most risk from RSV are:

- adults over 75
- babies

You are invited to get the vaccine because:

- you are aged 75 or older, or
- you live in a care home for older adults, or
- you are pregnant and have been for 28 weeks or more

Having the RSV vaccine when you are pregnant helps to stop your baby getting very unwell from RSV for the first few months after they are born.

You will need 1 dose of the vaccine each time you are pregnant.

If you are aged 75 or over, or you live in a care home, you only need your RSV vaccine once.

Why is it important to get the RSV vaccine?

RSV can cause serious infections in the lungs, like pneumonia

Babies and older adults with RSV are more likely to get so poorly they need to go to hospital

Sometimes, people die from getting RSV

This is why it is important to get your RSV vaccine

How do you get your RSV vaccine?

You can ask your doctor's (GP) surgery for an appointment.

Some pharmacies in some parts of England also offer RSV vaccine appointments.

You can check if there's a pharmacy offering the RSV vaccine near you online. Go to www.nhs.uk/find-rsv

You can get your RSV vaccine all year round.

Getting your vaccine

The RSV vaccine from the NHS is free and you do not need to pay for it.

Tell staff if you need to change the way you get your vaccine, or you need support during your appointment.

These changes are called reasonable adjustments.

They can be things like getting information in easy read

Or, getting an appointment when the surgery is less busy

Other information

You can read more about the vaccine and why it's important online at www.nhs.uk/rsv.

For information about the RSV vaccine for older adults go to www.gov.uk/rsv-vaccine.

To read information about the RSV vaccine for pregnant women go to the [gov.uk website](http://gov.uk).

These webpages are not in easy read

If you need help, you can also ask a healthcare professional for more information

Information in other languages and formats is on our website.

Go to www.england.nhs.uk/rsv-invites.