



Well Life
GP CLINIC



Surrey and Borders
Partnership
NHS Foundation Trust

SaBP and Well Life – ADHD Right to Choose Pathway

April 2026

SABP and Well Life Clinic model - boosting ADHD capacity



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- ▶ Well Life is a successful commercial model using local GPs trained by consultant psychiatrists from the trust to provide a flexible end-to-end pathway for adults waiting on an ADHD pathway
- ▶ Action was taken as referral volumes were outstripping SABP's current service capacity; unacceptable delays for patients; patients being seen had been waiting for over five years and; new referrals facing a wait of up to 17 years
- ▶ Launched as a pilot in September 2025, Well Life Clinic is now seeing approximately 100 patients per month
- ▶ Well Life Clinic has seen 731 patients in the pilot, fulfilling the commissioned activity, significantly reducing the waiting time for these patients and those still waiting
- ▶ Most complex patients can now be seen more quickly by specialist SABP clinicians
- ▶ The SABP and Well Life pathway is £1,200 per patient end to end, which is significantly cheaper than independent right to choose providers

Benefits

- 32% of ADHD referrals* cleared
- 21% of ADHD assessment waiting list* cleared
- Approx 5,450 patients cleared for £1.15m
- Fully validated pathway and designed to be scaled up

Feedback

"It gave me hope when I had given up" - a patient

*Psychiatrist - "From a clinician's perspective, the model delivers a step-change in **productivity without compromising quality.**"*

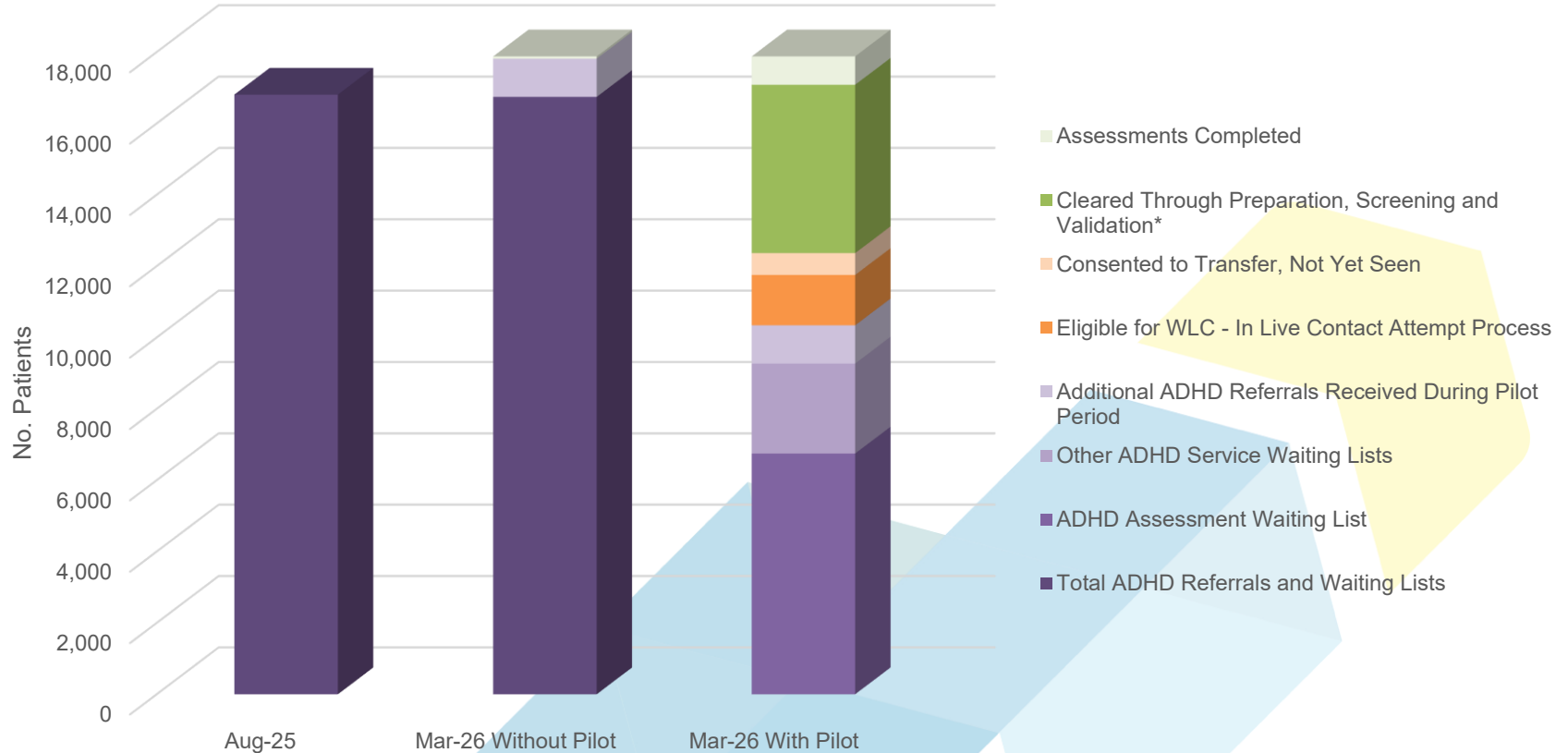
**From August 2025 starting figures*

Successful reduction in the ADHD waiting list

High impact, low cost



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*Subject to final validation