

Saving Lives, Serving Our Communities

Flu Vaccination Communications – incentivise or not to incentivise?

Liz Spiers
Associate Director of Comms and Engagement
South East Coast Ambulance Service

Date: 23 April 2026



Who we are.....

SECAmb is a large and dispersed service where the visibility of messages cannot rely on one channel

Scale and spread

- ✚ 3,600 square miles
- ✚ 5,000 staff – almost 90% operational
- ✚ 2 x 999 contact centres
- ✚ 2 x 111 centres
- ✚ 14 Operational Units
- ✚ 63 community response posts



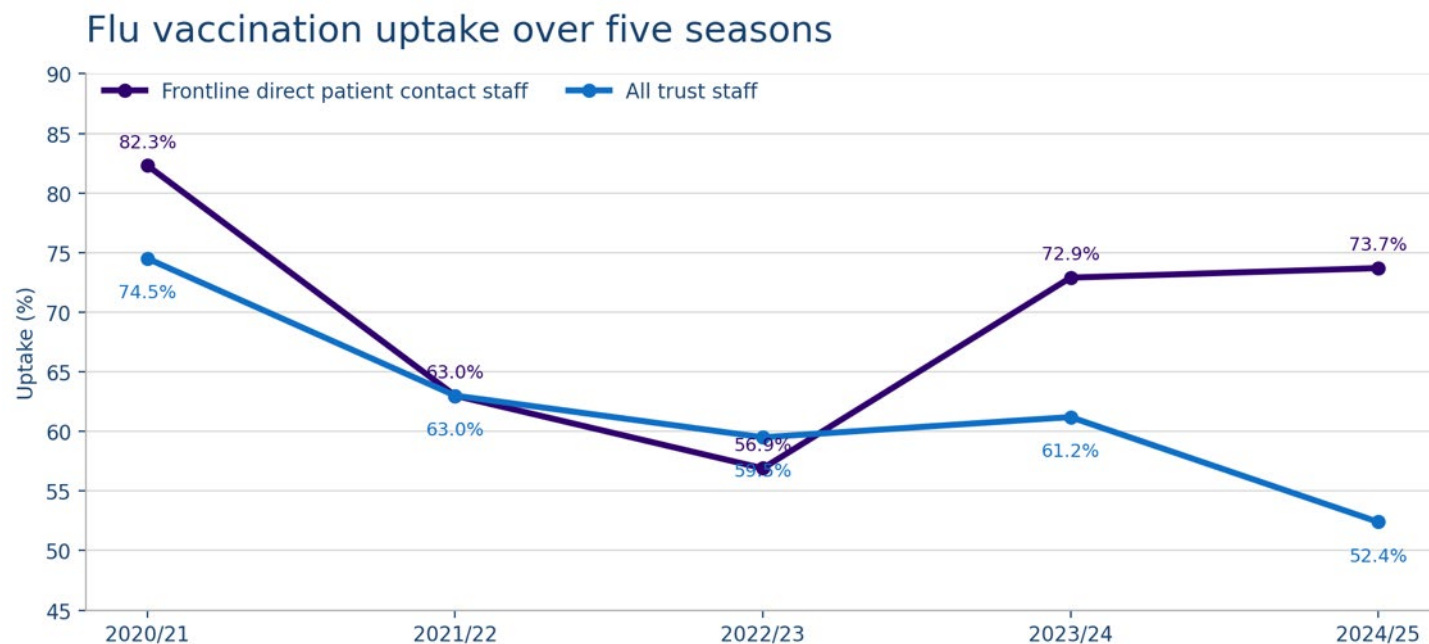
Where we started from...



Strong pre-COVID performance, then a sharp dip and an uneven recovery

What the figures tell us

- Before COVID, we had some of the strongest flu uptake figures nationally
- COVID left us with vaccine fatigue and more practical distribution challenges
- Frontline uptake recovered to 73.7% in 2024/25.
- All-trust uptake fell to 52.4%, so not a finished job.



2024/25 headline

73.7%

frontline direct patient
contact staff

52.4%

all trust staff

Incentivise or not to incentivise?

The real question was whether incentive would change behaviour or only buy short-term compliance



The questions we were asking

Do incentives genuinely change behaviour?

Or do they create only short-term compliance?

What happens when the incentive disappears?

Our answer

Incentives can absolutely help but they are not the whole answer

- The incentive was positioned as a thank-you
- Leadership, ownership and relevance mattered just as much
- The campaign worked best when the message felt practical and local



Our principle: make it easy, make it visible, make it local



Easy

Peer vaccination, practical tools and myth-busting that removed friction and effort for local teams



Visible

Regular updates, a simple jab-o-meter and senior endorsement kept momentum up

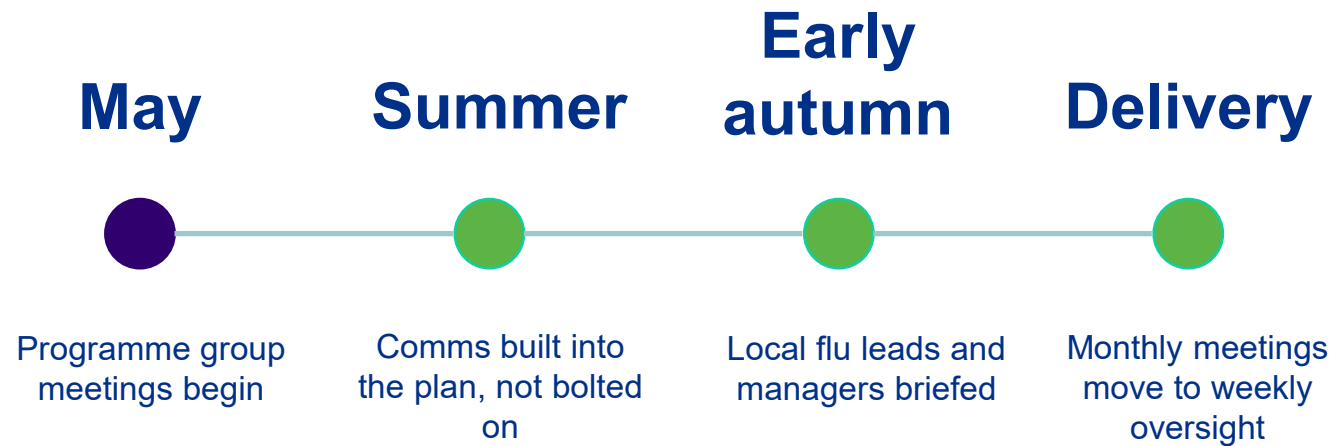


Local

Champions and managers could adapt tone and activity for their own teams

This supported the Trust's peer vaccination approach rather than competing with it.

Start early and bring ops with you



- Operational buy-in was essential because vaccination delivery depended on people being released
- Senior operational and clinical leaders visibly backed the programme
- The expectation was clear: flu vaccination was everybody's business



Without ops support, no amount of communications would have worked.

Visible leadership ownership mattered from the top.

Empowering managers and champions



Central comms role

- Provide the framework
- Provide the tools
- Provide the support

Local leadership role

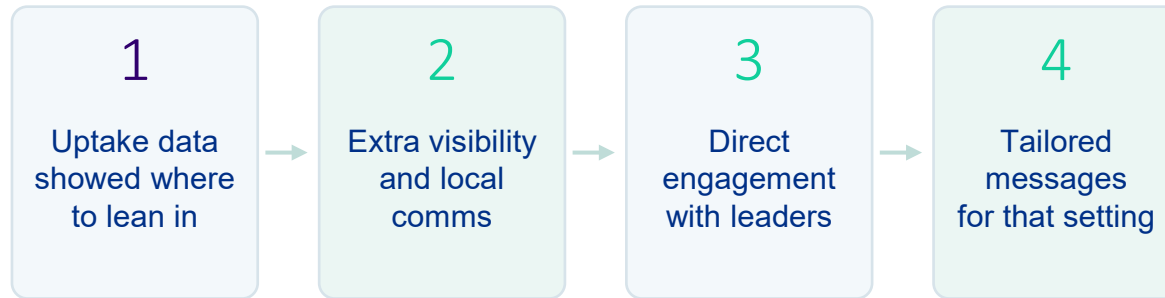
- Own the local campaign
- Create momentum in teams
- Model the behaviour

The aim was not one rigid central campaign. It was a consistent Trust approach with room for local ownership.

Targeted support where uptake appeared lower



Trust-wide consistency, local flexibility



- Data guided where extra support was needed
- We aimed to help teams catch up, not shame them for a slower start
- The tone stayed practical and positive.



More support where it helped most, without creating a punitive tone.

Making the campaign relatable

What worked well



Real colleagues



Real stories



Authentic voices

Film gave us another medium to deliver our message, giving us the opportunity to use storytelling and make it relatable

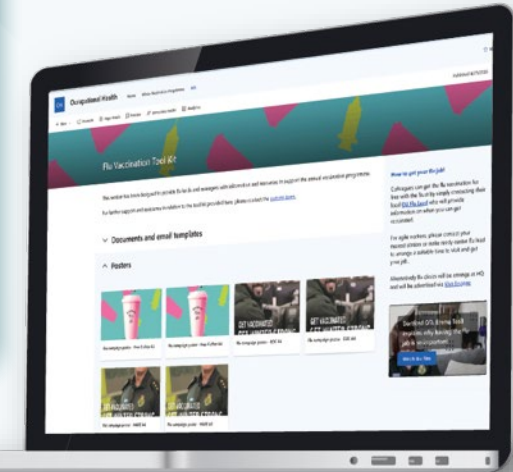
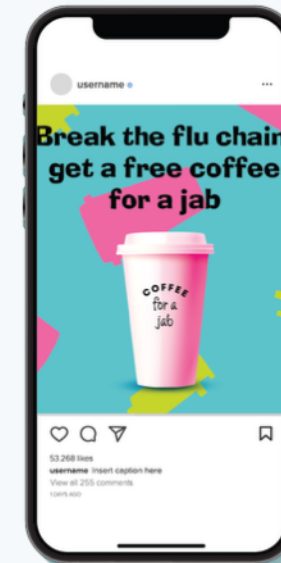
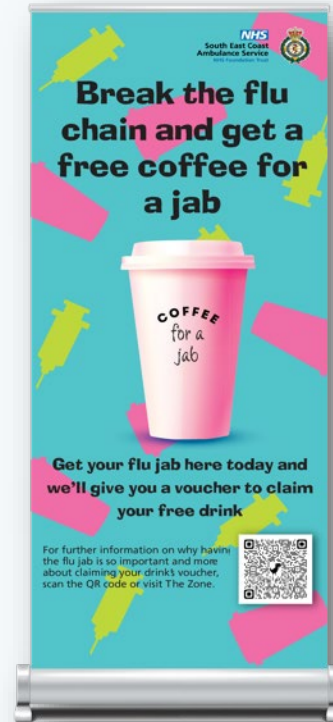
Supporting managers to drive the campaign



We did not just say 'encourage staff', we helped them do it.

Tool kit

- Email templates
- Social media templates
- Digital screen templates
- Teams background and email signature bar
- Roller banner
- Top tips
- Myth-busting
- Dedicated resources on intranet



The aim was to make manager conversations easier, more confident and less confrontational

Keeping it visible - trust-wide updates



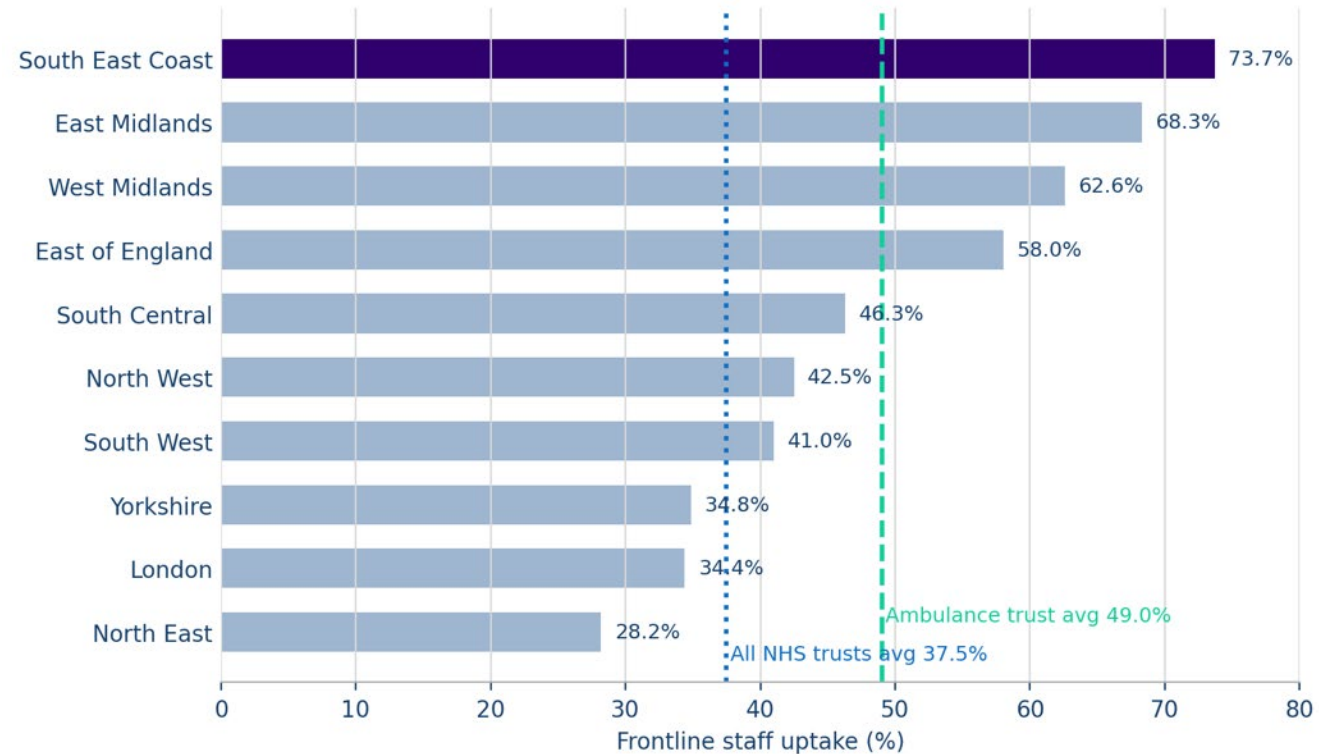
Regular, light-touch updates

- Progress updates
- No shaming



The jab-o-meter was about momentum and visibility, not pressure.

2024/25 ambulance service comparison



So where do incentives fit?



Local ownership

Leadership

Relevance

Practical access

£5 thank-you

The incentive worked best when it sat on top of these foundations, not instead of them.

What the voucher did

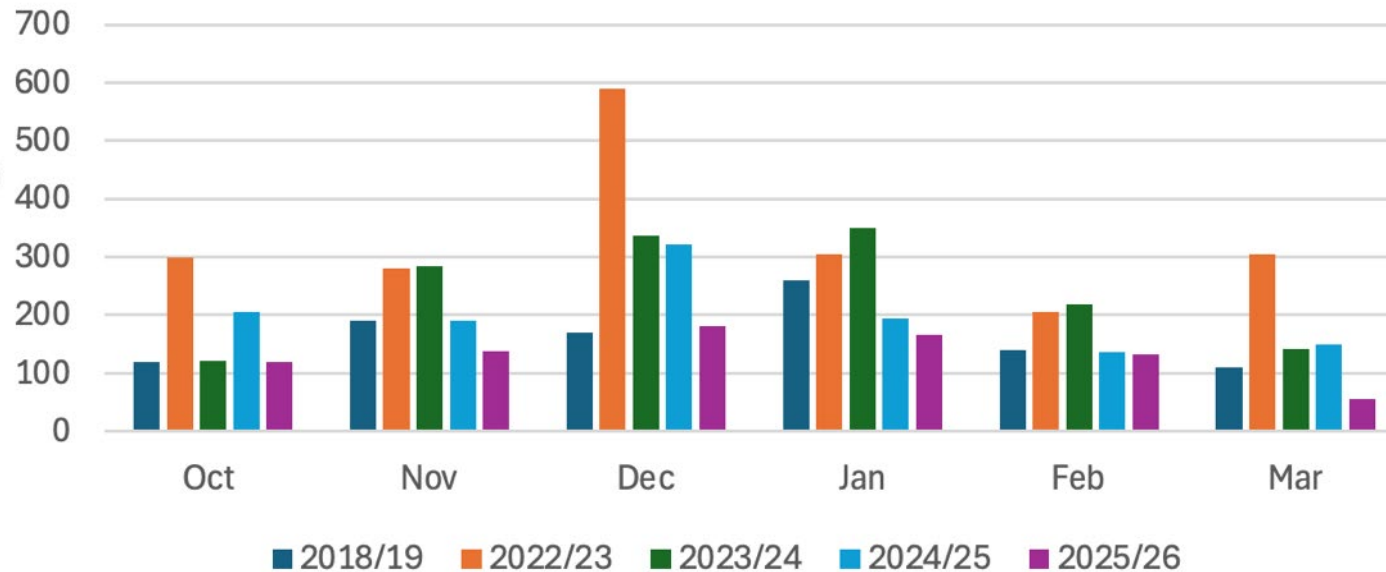
- Acknowledged effort
- Removed some practical barriers
- Reinforced as a thank-you

Where ownership was strongest, uptake improved most.

Impact of campaign

Since the introduction of the incentive in 2023/24, we have seen lost hours drop since the peak of 2022/23 and continue see a downward trend.

Lost hours due to respiratory illness across SECAmb pre pandemic compared to post and incentivised years



- 600 hours lost in December 2022 – equivalent to 50 shifts
- Improvements sustained in 2024/25 and 2025/26 suggest a lasting behavioural impact rather than short-term fluctuation
- The most significant reductions are seen in late winter (Feb and Mar) when cumulative fatigue and illness typically have the greatest impact

Wider benefits: culture and engagement

71%

staff survey response rate
in 2025

Joint-highest in the ambulance
sector

The same principles kept
showing up: trust, local
ownership and visibility.

The flu campaign reinforced a local
ownership culture, not just a
seasonal push.

It strengthened manager-colleague
dialogue alongside staff survey
engagement work.

*“Have a jab and a blab” linked vaccination to
wider conversation.*

This matters because it suggests the flu campaign
reflected a broader engagement approach, not a one-
off tactic.



What we learned



- 1 Incentives help but do not replace local leadership
- 2 Local ownership beats a wholly central campaign
- 3 Visibility matters more than volume
- 4 Operational buy-in is non-negotiable
- 5 Start early and plan communications properly



These are the parts I think are transferable to other campaigns as well.



Questions

