

Measure Clinic BP in line with NICE guidance (See Appendix B)

Low BP
lower than
90/60mmHg

Does patient
experience
symptoms?

NO

YES

If patient is fainting or regularly feeling like they will faint, **refer** for **same day** GP appointment.
If experiencing dizziness, nausea, or fatigue, advise patient to see GP within 3 weeks.

Recommend further blood pressure check within 1 year if low BP or borderline

Normal BP
between 90/60mmHg
& 139/89mmHg

Give advice on healthy behaviours
Recommend further blood pressure check within 5 years if normal BP and 1 year if low BP or borderline

If BP monitor indicates pulse rate below 50 beats per minute (bpm) or greater than 115 bpm **refer** directly to registered GP on the same day

High BP
between 140/90mmHg &
179/119mmHg

Give advice on healthy behaviour
Carry out **ABPM** (Ambulatory Blood Pressure Monitoring)

If ABPM declined advise patient to see GP within 3 weeks

Very High BP
180/120mmHg or
higher

Refer for same day appointment with GP or other locally agreed urgent care arrangement.
Refer to A&E if acute symptoms

Provide readings to patient and communicate results to the general practice team

END